

18 FEBRUARY 2010

# The Bush Telegraph Weekly

SEE INSIDE

BUSH TELE GIVEAWAYS

Hi 5 Family Ticket

New Book Release

'Start Me Up'



## It's DIRTY DEEDS DONE DIRT CHEAP

say angry residents about the sell off of their Police Station

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Est 1986



## WIN DINNER FOR TWO

### by dining at Hornsby Westside

If you dine outdoors at any of the participating restaurants at Hornsby Westside precinct throughout February, you'll go into the draw to win a free dinner for two. Hornsby Shire Council has been working to boost the vitality of the area over the last year through road and footpath improvement works, tree plantings and by partnering with local cafes to offer outdoor dining opportunities.

In September, Council approved a blanket Development Application providing approval for cafes and restaurant owners wanting to undertake outdoor dining along Coronation Street.

"This leafy dining strip is only a few minutes walk from Hornsby Station and there are all sorts of different cuisines on offer like modern Australian, Italian, Japanese and Korean," said Mayor Nick Berman.

"This is a great example of how Council is working with the local business opportunity to deliver its vision for the future," he said.

To enter the draw to win a dinner for two at Hornsby Westside, just ask your wait staff for an entry form at any participating restaurant.

For more information call Kim Appleby on 9847 6014 or email [kappleby@hornsby.nsw.gov.au](mailto:kappleby@hornsby.nsw.gov.au).

## TRIPLE H Relunched

Story & Photo by Mick Gallagher

Local radio station Triple H 100.1 FM has relocated from its Edgeworth David Rd premises to 17/75 Pacific Hwy Waitara and celebrated with a relaunch on Saturday 6 Feb 2010. Our local State MP for Hornsby Judy Hopwood of Mt Colah was there to cut the ribbon and declare the new premises officially open.

"It gives me great pleasure today to recognise the volunteers who made today possible and I wish Triple H all the best in continuing this magnificent service to our community," said Judy.

The rainy weather did not dampen the warm welcome visitors received as they were greeted with a sausage sizzle to celebrate the relaunch by Promotions Manager Jason Velleley of Normanhurst and his team.

It was also an opportunity to recruit new members.

"I love music and wanted to be involved with the community, so I joined up," said Joy Given of St Ives.

For further information on being involved in community radio contact the studio, ph: 9489 3934, email: [promotion@triplehfm.com.au](mailto:promotion@triplehfm.com.au) or visit [www.triplehfm.com.au](http://www.triplehfm.com.au)

**Photo:** Triple H fans at the station's relaunch at Waitara L-R Neil Ashworth of Asquith (Treasurer), Joy Given of St Ives (new Member), Brandon Velleley of Normanhurst (9), Matthew Grego of Wahroonga (Training and Production), Sohan Judge of Turramurra (Saturday Vibe presenter), Gerry Faulkner of Kurrajong (radio presenter).



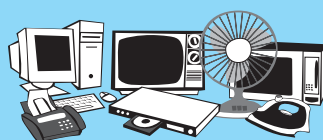
## New e-waste drop-off begins 1 March 2010

**WHEN?** Monday-Friday, 9am-4pm and late night Tuesday until 7.30pm

No goods will be accepted outside the collection times above.

**WHERE?** Council's Waste Management Depot, 31 Sefton Road, Thornleigh

Council is trialling for six months a free e-waste drop-off service. This collection is only for Hornsby Shire residents (proof required) and only household quantities will be accepted.



### WHAT TO BRING?

Unwanted e-waste including computers and peripherals, TVs, VCR, CD and DVD players, game consoles, faxes, phones, stereos, cabling, microwaves and irons etc.



White goods such as fridges, freezers, washing machines and dishwashers can not be accepted.



For further information please call Councils' Waste Hotline on 9847 4856 or visit us at [www.waste.hornsby.nsw.gov.au](http://www.waste.hornsby.nsw.gov.au)



## Clean Up Australia Day

20th anniversary

**WHEN?** Sunday 7 March

**HOW TO REGISTER** Visit [www.cleanup.org.au](http://www.cleanup.org.au) or call Council's Waste Hotline on 9847 4856

### ARE YOU OUR LONGEST SERVING VOLUNTEER?

To celebrate the 20th anniversary of Clean Up Australia Day, Council is giving away an eco gift pack to our longest-serving CUAD volunteer or volunteers.

For your chance to win, send us your submission with your name, address, telephone number and photos by Friday 5 March via:

**Post:** Waste Management CUAD Competition  
PO BOX 37, Hornsby 1630

**Email:** [waste@hornsby.nsw.gov.au](mailto:waste@hornsby.nsw.gov.au)





POLICE

# JOIN US!

## SAVE Berowra Police Station RALLY



**Enough is Enough,**  
say local residents  
about the sell off of  
yet another local  
police station - this  
time, Berowra.

State Member for Hornsby, Judy Hopwood, is calling on the Labor Government to stop the auction of Berowra Police Station, calling the sale 'the final nail in the coffin' of community-based policing in the area.

"Just weeks ago dozens of Brooklyn residents woke to find their tyres brazenly slashed by hoodlums, obviously emboldened by the knowledge there is no longer a police station close by," Mrs Hopwood said.

This follows reports to Mrs Hopwood's office of increased vandalism and anti-social behaviour in Berowra since the State Government sold off Brooklyn Police Station.

"Brooklyn residents don't even have an Eagle Phone to use to contact Hornsby police directly in case of an emergency," said Mrs Hopwood.

"If the sale of Berowra Police

Station goes ahead, Brooklyn residents will feel even more vulnerable knowing the nearest police station is at least a half-hour's drive away."

Feedback from the community has indicated that an increase in visible policing was what people wanted, particularly for more isolated areas such as Berowra Waters and Dangar Island.

"Locals have been asking for a police officer at Berowra to be on-duty 24 hours a day for years; but despite a significant population increase in the area the station has often been closed," Mrs Hopwood said.

"Now it looks like the State Government's botched management of NSW will result in Berowra Police station being closed for good," said Mrs Hopwood.

"I call on the Government to halt this sale to prove they are serious about community policing in Hornsby."

Mrs Hopwood is calling on residents to join her in a RALLY to protest the sale of the Berowra police station on Saturday, February 20, at 10.00 am outside Berowra Police station.

### Photo front cover:

AC DC certainly is in town for Berowra because residents reckon the sell off of Berowra Police Station by the state government is not only short sighted, it's a case of DIRTY DEEDS DONE DIRT CHEAP! L-R Judy Hopwood, Berowra & District Community Members, Noel Rosten, John Farquhar, John Vaughan, Verlaine Timms, Rae Rosten and Retired Police Assoc Hornsby District member Ron Smith.

## Tennis in Berowra is a WINNER

Tennis in Berowra was once again the winner with a high standard of play in the finals of the Saturday Morning Competitions for Division 1 & 2 held at the Boundary Street courts in December. In an exciting match, Katherine Gower & Ian Brown were successful in Div 1 over Arief & Jufri Foss. Likewise, Daniel Johnson & Scott Altiparmak were the winners in Div 2 over Lachlan Gleave & Chris Rourke in an equally entertaining final.

All players are products of the Berowra District Tennis Coaching Centre which is managed by Gilly Blackwood & Trevor Hodge. Gilly & Trevor run a variety of programs to suit players of all standards, abilities and ages. For any enquiries on lessons, evening games, social tennis or competitions - call Gilly (9456 0704) or Trevor (0408 977 787).

Photos: Top right - Saturday Div 1 from left: Jufri Foss, Arief Foss, Katherine Gower, Ian Brown. Right - Saturday Div 2 from left: Chris Rourke, Lachlan Gleave, Daniel Johnson, Scott Altiparmak.




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# RSPCA CALLS FOR HELP TO END PUPPY FARM HORROR

Not an isolated incident **FROM THIS**

The puppy farm uncovered on last week's RSPCA Animal Rescue aired on Channel 7 is not an isolated incident. [View episode here: <http://au.tv.yahoo.com/plus7/rspca-animal-rescue>] RSPCA Inspectors across Australia have seized thousands of dogs and other animals from such establishments over the past two years, many in appalling condition and some requiring euthanasia.

RSPCA Australia CEO Heather Neil said that when it comes to dog breeding, puppy farms are at the absolute bottom of the barrel.

"Dogs on puppy farms are little more than breeding machines used to make their owner's money. Most Australians would be appalled if they knew where many puppies actually came from," Ms Neil said.

"Mothers may be continually mated and kept with their puppies in cages and never allowed out to exercise, play, have companionship or even go to the toilet."

Chief Inspector of RSPCA NSW, David O'Shannessy, described one puppy farm case near Wollongong last year where Inspectors found a small dog in a cardboard box with a number of newborn puppies dead beside her.

"The mother still had one puppy lodged inside the birth canal and had been in labour for over six hours. 190 dogs and pups were seized from that puppy farm with many of the females going on to give birth while in the care of the RSPCA."

**TO THIS**  
Puppy farmers will sell to anyone, wholesale and retail, and by any means, on-line, through pet shops, via newspapers and car boot sales or by using a false house as a 'shop front'.

*The RSPCA has released a puppy farm discussion paper and is calling on governments, responsible dog breeders and other groups to help end puppy farming in Australia.*

"We face significant complications and legal hurdles in attempting to prosecute puppy farmers and preventing such farms from continuing to operate. Despite serious animal welfare problems, many puppy farms can be licensed and regulated by local government and operate under local council permits," said Ms Neil.

"The RSPCA advocates the strict regulation of the breeding, supply and sale of companion animals to help set minimum standards and stamp out the mass-production of puppies for profit."

The RSPCA is calling for feedback on the discussion paper by the end of March 2010 with the view to holding a national roundtable on the issue mid year.

**Photos:** 104 dogs that were living in inappropriate conditions were seized by RSPCA Qld Inspectors from a Waterford address in January 2008. Many of the female dogs were already pregnant. Consequently that number eventually escalated to 147. The poodles have cost RSPCA Qld well over \$1 million in veterinary treatment, medication and lodging. The owner of the dogs is still facing 149 charges under the Animal Care and Protection Act (2001) in Beenleigh Magistrates Court.

For more details and to view the paper visit <http://www.rspca.org.au/how-you-canhelp/campaigns/puppy-farms.html>




## Mayor's Column



Ratepayers will be aware that Council is planning to apply to the Minister for Local Government seeking approval to increase rates from July 2010 to improve the Shire's infrastructure. Council provided information about this proposed increase with rates notices late in 2009 and early this year. Information has also been available on our website. If approved, the increase would be used to fund the replacement of Hornsby Aquatic Centre and Hornsby pedestrian overbridge, which links Hornsby Station to Hornsby Mall. Recreational facilities would also be developed in Old Mans Valley, Hornsby. We need to update the Shire's infrastructure over the coming years if we are to meet the needs of our growing population. Council would also allocate \$1.5 million per ward for infrastructure projects such as improvements to sportsfields, playgrounds, footpaths and community centres. The average household would pay about \$70 per year (about \$1.40 per week) more from 2010/11 if the increase is approved by the Minister. Rates would also increase with normal 'rate pegging' each year. Eligible pensions would be entitled to a discount of \$10. The new rate would be known as an infrastructure levy. I encourage all residents to have their say about the infrastructure levy by visiting Council's website, [future.hornsby.nsw.gov.au](http://future.hornsby.nsw.gov.au) or writing to the Corporate Strategy Branch, Hornsby Shire Council, PO Box 37, Hornsby 1630 or fax 9847 6592. Nick Berman HORNBSBY MAYOR

Are you interested in becoming a member of the Brooklyn Meeting Room Advisory Committee?



Council invites local residents and interested community members to participate in the management of the Brooklyn Meeting Room Advisory Committee.

The committee provides an opportunity for interested community members to assist Council in decision making regarding the management of the meeting room.

As a committee member, you will participate in quarterly meetings with Council to discuss the facility and its usage, fees and charges and potential improvements.

The first meeting is proposed for **Tuesday 16 March at 7pm** at Brooklyn Meeting Room, 2-4 Dangar Road, Brooklyn.

To indicate your interest, please contact Council's Committee and Facility Liaison Officer on 9847 6051 or email [communitycentres@hornsby.nsw.gov.au](mailto:communitycentres@hornsby.nsw.gov.au) by Friday 12 March 2010.

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# Alex Keeps Walking Tall!

It was with great excitement Alex Graham (pictured right, aged nine), his mother Penny, carer Jessica, Ray Phillipson (Hornsby Lions), Bill Bradley (Hornsby Lions) and Noel Burchmore (Children's Mobility Foundation and Lugarno Lions), attended the Spastic Centre Hart Walker clinic on Tuesday 9<sup>th</sup> February at Allambie Heights.

Alex was being fitted with a new 'heavy duty' Hart Walker after nearly five years in his original one. Alex's old walker had survived three years on the soccer fields thanks to the **Hornsby RSL Youth Football Club**. The walker of course had been originally designed for gentle stepping inside the house or on footpaths. However soccer has been a huge part of Alex's life!

Young Alex Graham has athetoid cerebral palsy and uses a wheelchair to move around. The Hart Walker has allowed him the joy of walking hands free, being at eye level with his peers, and making choices about where he wants to go.

It also allows him to safely weight bear, and get fit.

Alex's new heavy duty Hart Walker was fully funded through the efforts of Hornsby Lions Club, Ku ring gai Lions, Hawkesbury South, Lugarno and seven other Sydney Lions Clubs.

Alex's Mum Penny said, "We are extremely grateful to the Children's Mobility Foundation and the Lions Clubs of Sydney who have so generously donated the twelve thousand dollars for Alex's new walker."

"These pieces of equipment



make a huge difference to the lives of children with physical disabilities."

*"It certainly takes a community to raise a child, - thank you!"*

**Photo:** Above - Alex with his new wheels. Below - L to R: Noel Burchmore, Jessica, Ray Phillipson, Bill Bradley and Alex.



## Population Boom to Push Housing Demand to the Limit

The Housing Industry Association welcomes the release of the Federal Government's third Intergenerational Report (IGR).

The IGR addresses the big picture issues affecting Australia's social and economic prosperity over the next 40 years focusing heavily on the impact that an ageing population has on key expenditure areas such as health, aged care and superannuation. Properly targeted immigration will be a vital tool in addressing the inevitable skills shortages Australia will face as workforce participation drops off. The IGR projects that Australia's population will increase from today's 22 million to 35.9 million by 2050. This larger population will be considerably older and is expected to lower economic growth and add considerable pressure to the Government budget as the working age population proportion shrinks and the retired age proportion increases.

HIA Managing Director, Mr Shane Goodwin said that an increase in the Australian population by 2050 to 35.9 million people would necessitate building 7.1 million new dwellings. "Such construction would represent a large increase over the building levels of the past 40 years and require annual building of over 30,000 dwellings per year in excess of 2009 levels," he said. "Current building levels fall well below that required by such strong population growth. Failure to address Australia's severe lack of housing will inevitably lead to further long term erosion in housing affordability and inadequate shelter provided to those most at risk," said Shane Goodwin.

"Commonwealth leadership is required to break through many of the supply impediments. To that end, HIA supports the Federal Government's pledge to link federal infrastructure funding to state and local governments for nationally consistent and appropriate land release and building approvals processes."

Land supply issues, high levels of taxation on new housing at all levels of government, and a slow and highly constrained building approvals process continue to stymie the building industry. Overcoming these structural barriers will require a concerted effort at all levels of government to ensure that shelter is both adequate and affordable for years to come.

## RETIREINVEST



By Mark Robinson  
(Financial Planning Manager - RetireInvest Hornsby)

### Making the most of interest rates

Expectations of further interest rate rises in 2010 mean many borrowers need to manage their finances more cleverly, but rises might be a welcome relief for many retirees.

"While the historically low interest rates of last year were good news for many borrowers - they tended to lead to complacency about financial discipline for others. After three rate rises in the last few months of 2009 and more expected this year, people are realising the importance and advantages of good financial management.

Rising interest rates are good news for those with cash holdings, including many retirees. But it pays to shop around. Finance comparison website InfoChoice reports that interest on standard savings, online savings and cash management accounts with \$10,000 balances varies from around 0.20% to 5.7%pa.

Even with cash rates on the rise, it's important to consider that money in conservative investments like cash and fixed interest, may not keep pace with inflation. "Rising inflation, where the costs of good and services increase, can effectively erode the value of your money. So it can be important to get advice and consider adequate growth investments like shares and property too."

A financial adviser can help people get the right balance to 'inflation-proof' their investments and ensure they're well positioned to benefit from interest rate movements.

**For a free initial chat about your situation, contact Mark Robinson\* from RetireInvest Hornsby on 9477 3340 today.**

\*Mark Robinson is an Authorized Representative of RI Advice Group Pty Limited (ABN 23 001 774 125), Australian Financial Services Licence 238429.

This editorial does not consider your personal circumstances and is general advice only. You should not act on any recommendation without considering your personal needs, circumstances and objectives. We recommend you obtain professional financial advice specific to your circumstances.



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## BUSH TELE LETTERS

### Dear Bush Tele,

Thank you so much for our fantastic prize of the tickets to the Reptile Park. We are all very excited and can't wait to go!

Thank you and The Bush Tele for a wonderful opportunity!

**Phil, Karina & Jack (15 months), received via email.**

### Dear Bush Tele,

I am absolutely delighted with the outcome of my letter you kindly published (TBTW 11/2/10). I have had 6, yes 6 calls from locals (Berowra to Hornsby), giving me details of Boer War ancestors, all in the space of just a few hours since TBTW hit the streets.

Amazing. Many thanks.

### George Stevens, Berowra Heights

*And just to re cap,* "If you think you may have had an ancestor who participated in South Africa during the Boer War 1899 to 1902, contact George 9456 4007, [gws@pacific.net.au](mailto:gws@pacific.net.au) or PO Box 18 Berowra Hts 2082." Ed.

### Dear Bush Tele,

Thank you Mr Torrens for your letter (TBTW 4 Feb 2010). The silent majority are starting to speak up.

Traffic rules should be sensible - then motorists don't get fearful and resentful.

I hit a child on a Saturday morning. She (and her mum) learnt nothing - 5 days later she ran from the school bus across the road without looking.

A few months ago, I wrote to The Bush Tele - there was a phone call and 3 letters in support of my 'school zones' letter, one against.

Numerous friends spoke to me in support.

Let's have some guidelines for school zones:

Primary and special schools: flashing lights on any entry, but not the 'clearway' main road.

Empower the school to pay the \$1000 for those stand alone flashing lights. Instant results!

Times for the flashing lights to be set by the school eg 8.30 - 9:15 am and 3 - 3.30 pm only.

High schools - no

Overhead walkway - no

Traffic Lights - no

Dividing fences - no

Clearway - no

No stopping zone - no

Concrete pedestrian barriers - no

**Helen Oakey, received via email**



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**FRI 19TH FEBRUARY Friday Bingo & Jigsaw Puzzles** 10am, Berowra Community Health Centre, 123 Berowra Waters Rd Berowra Hts. Enq: Sandra or Marie 9456 3344.

**SUN 21ST FEBRUARY Hornsby & District TPI Social & Welfare Club Sausage Sizzle** Fundraiser at Bunnings Warehouse Thornleigh.

**MON 22ND FEBRUARY Monday Games,** 10.30am, Berowra Community Health Centre, 123 Berowra Waters Rd Free transport, info ph Sandra or Marie on 9456 3344.

**U3A "Affairs of Interest" - Introduction to the Silk Road, Heather Bentley,** 10am-12pm, Balcony Room, Berowra Community Centre

**TUES 23RD FEBRUARY Hornsby & Districts Amateur Radio Club (HADARC)** Monthly meeting with talk, 8pm, Mt Colah Community Centre, Pierre Cl [www.hadarc.org.au/](http://www.hadarc.org.au/)  
**Hornsby Hts Playgroup,** Hornsby Hts Community Centre, 104a Galston Rd, 9.30am-12pm. Enq: Alecia at [alecia.werner@gmail.com](mailto:alecia.werner@gmail.com) or 0404463024.

**W.I.S.H Women's Interfaith Sharing Hornsby,** 7.30pm CWA Rooms, Hornsby. Topic: Entry into Faith. Enq: Julie 0404 048147 or Amelia 9481 4717

**Hornsby Support Group of Diabetes Australia** 30th Anniversary meeting, Hornsby Hospital Staff Cafeteria Lounge, 8pm. Guest speaker: George Barker. Enq: John 9985 7502 or Rae 9456 2111.

**WED 24TH FEBRUARY Deadline for The Bush Telegraph Weekly out 4 March**

**Berowra Over 55 Club** meets Community Centre off The Gully Road, Berowra, 9am-12 midday. Enq: Alan Foody 9457 0627

**Wednesday Lunch Club,** 11.30am, Berowra Community Health Centre, 123 Berowra Waters Rd, Enq: Sandra or Marie 9456 3344

**Helping Hands Craft Group** - Asquith Leisure Centre (50's+), 9.30-2.30, BYO lunch, \$5. Enq: Anita 9456 5592

**Sahaja Yoga Free Meditation** Learn to meditate. Exp peace of mind & balance, Willow Park Community Centre, Hornsby 7.30pm. Enq: Jo 9476 3323 (pm) or 1300 724 252.

**Fusion Toy Library** (café/playgroup/toy library), open 9.30am-12noon, 5 Jersey St Hornsby. Enq: Belinda Wade 0412 657 492.

**Berowra Waters View Club** luncheon meeting 11am, Asquith Golf Club. Speaker: Elizabeth Sakker 'trip to Antarctica'. Enq: Rose 9457 8868.

**THURS 25TH FEBRUARY - THE BUSH TELEGRAPH WEEKLY OUT TODAY!**  
**Berowra RSL & Citizens Toastmasters Club** meet 2nd & 4th Thursday evening each month, 7.15 for 7.30pm start, Meeting Room, Berowra Community Centre. Enq: 9987 0925

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Not only that, you can also RESEARCH past editions to find your favourite stories or look up a LOCAL trades person or service.

**"I always read it cover to cover!"**



## BUSH TELE LETTERS

### Dear Bush Tele,

I would like to inform you of what I see everyday at the school crossing.

The school crossing in question is on Hillcrest Road Berowra. About 90% of the parents and students do use the crossing correctly which is a credit to those people who are truly responsible for their life and their loved ones.

But it is sad and very disappointing to see that other **irresponsible adults** take risks and show their young children what all responsible parents and adults **should not** do when crossing a busy road.

Last week the school would have lost a young student if it were not for the driver who obeyed the speed limit for school zones. In fact the vehicle would have been going at 30kmph. An adult and two children called the child over from the opposite side of the road to him, child and a 4WD meet, almost a fatal ending. Then the adult put the child in the car, left the door wide open, J walked across the road, a few minutes later got another child, J walked across the road once again as if nothing had happened. This all happened within 10m or less from the school crossing. How many more near misses will it take for the other irresponsible adults and parents to see that a school crossing is never too far away to be used and to teach our children the correct and safe ways to cross any road. Prevent a **death of a child** by showing them the right way. Children copy what you do. Each year there is a death of a young student because someone was too lazy or too time poor to care.

The school principal and staff have and continue to inform the parents and children to cross at the school crossing with care. Motorists, please read up the rules of the road as many of us would **not pass** a practical test regarding school crossings.

### Concerned Resident, Berowra

*What bugs me is that NO ONE knows the road rules for stopping*

*correctly at the Hillcrest Road/Berowra Waters Road school crossing/intersection. Weekdays I see motorists breaking the law EVERY MORNING. Wish I was a Cop sometimes! Ed.*

### Dear Bush Tele,

Congratulations to Kathy Gasper (TBTW 28/1) and Greg Smith (TBTW 4/2) for their comments and actions on the litter problem in our environment.

I, like Kathy and Greg, also pick up all the litter I see when walking the 1200m to and from home to the Galston Village shops. I have done this for a number of years now.

This amount of litter I collect disgusts me, as does the idea that people are not caring enough to dispose of it properly.

Surely, whether in a car or on foot, people can carry left over packaging, cans, bottles, wrappers etc. etc. to the nearest street bin, or can take it home and put it in their bins.

### IT'S NOT HARD TO DO

**THIS, PEOPLE!!** It just takes a bit of caring, maturity and responsibility by you all.

So come on everyone, let us all pick up all the litter we see and keep our suburbs clean and beautiful.

Remember, we can't rely on our Councils or the odd person to do this, indeed Councils have never done this.

Maybe homeowners could spend a few minutes twice a week picking up litter outside their homes - this would help.

**David Hope, Galston.**



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START ME UP Exisle Publishing RRP \$29.99 978-1-921497-30-8

**BUSH TELE GIVEAWAY** We have some copies of 'Start Me Up' to give away. Simply email or write ([info@thebusstele.com.au](mailto:info@thebusstele.com.au) or TBTW PO 80 Berowra Hts 2082) and describe in 25 words or less why you would like to start your own business. Your submission must be received no later than Wed 24 Feb 2010.



## Heard on The Bush Tele Line

\*\* Mentioned in High Places #1. The Australia Papua New Guinea edition of LION features The Bush Tele Weekly on page 7. Entitled "Spreading the Word", the story features the front cover of the 10<sup>th</sup> Dec 2009 edition of TBTW about the Leo cheque handover to PCYC.

\*\* Mentioned in High Places #2. Local resident brought our attention to the Sydney Morning Herald - The Diary feature of 10<sup>th</sup> Feb 2010. Their feature entitled "Canberra Cheerio" discussed Philip Ruddock MP's regular advertisement in 'The Bush Telegraph' and the fact that "It never does hurt to remind people" that Philip Ruddock is our local MP. We all knew that, right?

\*\* Young Dylan Wallis of Berowra who was featured on our front page TBTW 27 August 2009 edition about his dedication to stop animal cruelty through his membership of the Humane Society and campaign to free the Dancing Bears, is now famous online! At the tender age 6 years, Dylan is in the news again for his good works, this time on the Humane Society website. Have a look! Dylan Wallis and the Humane Society: <http://www.hsi.org.au/?catID=691>



Photo right: Dylan and friend.

## PUBLIC NOTICE –

### Temporary closure of Berowra Waters Road

Berowra Waters Road will be temporarily closed between Currawong Road and the Berowra Waters Ferry from 9am to 3pm on weekdays from Monday 15 February to Wednesday 31 March.

Council will be undertaking realignment and road safety improvement works.

We apologise for any inconvenience at this time. For more information call 9847 6940.



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# Upper North Shore Generosity Is A Sight For Poor Eyes

More than 1000 pairs of glasses have been donated to Simplicity Funerals Hornsby and Allen Matthews Funerals Warrawee so far as part of the Lions Club Australia's 'Recycle for Sight' programme, which collects used glasses for disadvantaged adults and children in developing countries. The two funeral homes, along with a number of others throughout NSW, have been collecting glasses over 2009, and together have managed to gather more than 16,000 pairs so far.

"We are overwhelmed by the generosity of this community," said Peter Hoy, Location Manager, Allen Matthews Funerals Warrawee.



"We constantly have to empty the collection box at our Warrawee office because people passing by are stopping in to make a donation. It may seem like a small thing for us, but to the recipients of these glasses, it is a life altering gift" The glasses donated in the Upper North Shore area are sent to Brisbane where a team of up to 30 volunteer retired optometrists, doctors and medical experts determine their prescription and make necessary repairs. The glasses are then sent to aid organisations overseas for distribution to those in need. Since the Save-Sight Foundation was established in 1964, significant quantities of donated glasses have been distributed via humanitarian organisations to countries in need, but there are many more people for whom the cost of purchasing glasses or even being seen by an eye specialist is out of the question. "The gift of sight is a remarkable thing," said Sarah Harkness, Simplicity Funerals Hornsby Location Supervisor. "These glasses are getting sent to extremely poor communities that have no regular access to health facilities and they rely on the generosity of other nations. Australia has been one of those nations for more than 40 years now."

"Lions Club Australia is very appreciative of the support that Allen Matthews Funerals and Simplicity Funerals are providing for the 'Recycle for Sight' programme," said NSW Save-Sight Foundation Director, Samuel Chu.

**Locations where members of the public can donate eyeglasses:**  
**Hornsby – Simplicity Funerals 4 Bridge Street.**

**Warrawee – Allen Matthews Funerals 1496 Pacific Highway.**

**Photo: Glasses being donated for the Recycle For Sight campaign. Photo courtesy: (C) Adam Harper.**



# Locals off to Special Olympics

Story & photo by Mick Gallagher

After our recent heavy rains it was good to see the many community groups out in Hornsby's Florence Street Mall promoting their interests such as Softball, Netball, Soccer, AFL football, and among them locals raising funds to participate in the Special Olympics IX National Games in Adelaide 19-24 April 2010.

Locals attending are Shaun Bender of Mt Colah (Softball), Jackson Fennell of Mt Colah (Basketball), James Lawrence of Hornsby (Swimming), Thomas Brokenshire of Berowra Heights (Soccer), Darrin Pryor of Hornsby (Soccer), and Tom Leray Meyer of Hornsby Heights (Golf).

"I am very excited and proud to have been chosen on the NSW Softball Team. We train Wednesday nights and Sundays mornings and I have also been practicing my throwing and catching in the back yard with my Dad every day. I am really looking forward to going over to Adelaide with my team mates and having a great time and hopefully bringing home a gold medal," said Shaun Bender, who will be attending his first National Special Olympics.

On the 30 March Shaun will run with the torch in the Law Enforcement Torch Run through the city streets of Sydney.

"This is to give back to Special Olympics for the wonderful opportunity they are giving me," said Shaun.

From 19 March to 19 April 2010, police officers will take the 'Flame of Hope' through 40 cities across six states and territories in 29 days to support Special Olympics Australia.

For more information on this event visit [www.runwiththelaw.com.au](http://www.runwiththelaw.com.au) Special Olympics Australia transforms the lives of people with an intellectual disability through year-round sports training and athletic competition in a variety of team and individual sports. Special Olympics cater for children and adults of all sporting abilities.

Events at the Adelaide games are: Athletics, Aquatics, Basketball, Bocce, Cricket, Equestrian, Golf, Gymnastics, Sailing, Soccer, Softball, Tennis, and Tenpin Bowling.

Sports available and events depend on the availability of coaches, volunteers, donations, and facilities.

If you can help out in any way contact Fran Eustace on 02 8116 9839.

Athletes competing at the Adelaide games are eligible for selection to represent Australia at the 2011 World Games to be held in Athens, Greece.

For general info visit [www.specialolympics.com.au](http://www.specialolympics.com.au) or email [info@specialolympics.com.au](mailto:info@specialolympics.com.au) or call (02) 8116 9833.

Photo: Special Olympians & supporters in Hornsby Mall Sat 06 Feb 2010. L-R: Shaun Bender & mum Karen (Mt Colah), Nalyn Sirivivatnanon (West Ryde), & Calena Oliver (West Pennant Hills).



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## PRICELESS PEARLS

By **Ralph Estherby**



The first thing I noticed was that there were not as many leaves to rake up as usual, and then I became more aware when small branches began to fall. It became even more apparent when large sheets of bark began to peel off of the tree like the unwrapping of a multi-layered onion, and I had absolutely no doubt left when I closely inspected the now dead and infested tree.

The problem was that I had a 'worm' – obviously many more than one – it is probably incorrect to call them 'worms' as they are actually large white 'borers' which attack an unhealthy tree and eat it from the outside in until there is nothing to be done and the tree can not survive. These small bugs start as a larvae and eat their way to adulthood and the tree suffers the consequence as they do. They are little invaders who are very difficult to deal with and, even if you are successful in removing them, leave permanent scars.

My tree is now a very sad picture indeed – it does not have a leaf on it, it is surrounded by discarded branches, it is totally dead and it needs to be cut down before it falls. The Bible tells us that our lives can experience a similar problem to my tree. "What the chewing locust left, the swarming locust has eaten; What the swarming locust left, the crawling locust has eaten; And what the crawling locust left, the consuming locust has eaten." Joel 1:4 These worms or 'locusts' can be many things: bitterness; unforgiveness; fear; doubt; sin; shame or disappointment. They can strip us of our hope, our faith and leave us as an empty and unfruitful shell which is destined to fade away or fall.

The truth is that these 'worms' are difficult to remove and they will leave scars but we are also given great hope that the outlook is not completely bleak.

"I will restore to you the years that the locusts have eaten... You shall be satisfied, your God, has dealt wondrously with you!" Joel 2:25-26 So if your 'tree' needs help I know someone who can help!

**Do you have a comment or a question? [ralph.estherby@gmail.com](mailto:ralph.estherby@gmail.com)**

**Join us at our new venue! 'Breakthrough Church', meets at 9.30am & 6.00pm Sundays at the Old Hornsby Bowling Club - Edgeworth David Ave Hornsby - 9477 7222**

## High blood pressure: the silent killer

**High blood pressure is often referred to as a 'silent killer' because most people don't feel any symptoms until it has caused considerable damage to their body. High blood pressure affects more than 2 million Australians and contributes to thousands of deaths every year.**

In the latest edition of MedicinesTalk, the National Prescribing Service (NPS) recommends people have their blood pressure checked regularly even if they feel healthy, aren't overweight and don't have a family history of high blood pressure.

"High blood pressure, also known as hypertension, increases your chances of developing serious health problems like stroke, heart attack, dementia and kidney disease," NPS CEO Dr Lynn Weekes said.

"Given its silent nature, most people with high blood pressure don't feel sick, so they don't realise they have a problem."

How often your blood pressure should be checked depends on your age and health. Blood pressure is considered high if it's greater than 140/90 mmHg (or 140 over 90). Your doctor may recommend starting medicines to help reduce blood pressure, depending on your overall risk of cardiovascular disease.

For some people, lifestyle changes such as losing weight, reducing the amount of salt in their food, exercising regularly and quitting smoking are enough to reduce their blood pressure to normal levels.

Others will need to take blood pressure medicines long term.

"Even if you have no cause for concern, having your blood pressure checked is painless, quick and easy, and it might just save your life," Dr Weekes said.

For more information about blood pressure download the latest edition of MedicinesTalk at [www.nps.org.au/consumers/publications/medicines\\_talk](http://www.nps.org.au/consumers/publications/medicines_talk) or contact 02 8217 8700.

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**Photos: (Top) Eyebrows before and after (Bottom) Before and after lip line with full lip colour.**



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# MORE CONCERNS ABOUT INSULATION REBATE RORTS

FEDERAL MEMBER FOR BEROWRA, PHILIP RUDDOCK IS AWAITING A RESPONSE FROM MINISTER FOR THE ENVIRONMENT, PETER GARRETT MP OVER WHAT APPEARS TO BE 'YET ANOTHER EXAMPLE OF POSSIBLE INSULATION REBATE RORTS.'



'A very concerned Glenorie resident came to my office recently to show me a letter he had received from the Government under the banner headline 'NATION BUILDING, Economic Stimulus Plan' advising him that a payment had been made to an installer for ceiling insulation in a rental property he owns,' said Mr Ruddock.

'The problem is, the owner knew nothing about the work and had given no permission for ceiling insulation to be installed.' Mr Ruddock says he has contacted the Minister asking for details of the installer to be provided, together with details of the actual work supposedly done.

'The property owner wants to know who did the work, what licence and insurance credentials he has and what exactly was installed,' said Mr Ruddock.

The property owner is concerned that unauthorised work may or may not have been undertaken and, 'with all the reports we are hearing about dodgy installation work potentially causing fires and now possibly electrocution risks,' he is concerned for his tenants, his property and his insurance cover.

'This is yet another example of the inept manner in which this scheme has been administered,' said Mr Ruddock. 'Taxpayers are footing the bill for this debacle and the Rudd Government needs to be held accountable.'

**If there are others in the electorate who have encountered problems with the ceiling insulation rebate scheme, or any of the Government's other grand Nation Building programs, Mr Ruddock encourages them to contact his Electorate Office with details.**

People can either phone through their experiences to 99801822 - or email Philip.ruddock@aph.gov.au

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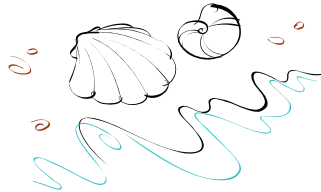
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## BEROWRA WATERS VIEW CLUB

Berowra Waters View Club luncheon meeting, 11am, Asquith Golf Club, Wednesday 24 February 2010. Guest speaker: Elizabeth Sakker on her trip to Antarctica. New members welcome. Enq: Rose 9457 8868.



## PCYC BEACH PARTY NIGHT

On Saturday 20 February 2010, 6.30 - 8.30pm, the Hornsby Ku-ring-gai PCYC are holding a Beach Party for kids 9-13 years, which will include a Junior Disco & Karaoke. Tickets \$15 (50% Sibling Discount on 2nd ticket). Ticket includes entry, 1 hot dog, 1 pkt chips, 1 drink. Dance and sing the night away, win prizes, meet new friends and have a whole-lot-a- fun! Professional DJ. Come dressed in the Beach Party Theme (Prize Awarded) or just as you are.

This is a Fully Supervised Drug & Alcohol Free Event held at PCYC Centre for Performing arts, Waitara, Ph 9477 2310



## Hornsby Shire Seniors Week Festival

Hornsby Shire residents over the age of 55 are invited to enjoy more than 40 wonderful events as part of Council's annual Seniors Week Festival from Saturday 27 February to Wednesday 31 March. This year's festival includes two guided Hawkesbury River cruises from Berowra Waters, table tennis and ten pin bowling events, cupcake-making workshops and much, much more. "This fantastic event acknowledges the contribution of seniors to our community," said Council's Community Services staff member, Jayne Boardman.

"This is a great opportunity for local seniors to discover a talent they didn't know that had, or make new friends from their area," she said. Other events taking place as part of the festival include free woodworking workshops in Thornleigh, sessions at Hornsby Library to help seniors learn about YouTube, Facebook and Twitter, and several events for seniors at local clubs and facilities, with discount meals.

You can also learn about tai chi, sun safety and how to safely use motorised scooters and wheelchairs.

For more information or for a copy of the full festival program, visit [www.hornsby.nsw.gov.au/whatson](http://www.hornsby.nsw.gov.au/whatson) or call 9847 6050.



Photo: Ian Raper - Men's Shed

## Hi-5 SURPRISES EXCITED FANS at HORNSBY RSL

Thousands of excited, young fans have the opportunity to see their favourite television friends live on stage for the very first time when Hi-5 Surprise! Come to Hornsby RSL on Wednesday 3 March.



Grab your party hat and dancing shoes and get ready to sing and dance along as new members Lauren Brant, Fely Irvine and Tim Maddren join Casey Burgess and Stevie Nicholson in their new live stage show Hi-5 Surprise!

Hi-5 Surprise! sees Stevie, Casey, Fely, Lauren and Tim planning something special for their friend Chats' birthday. They decide to throw her a surprise party to which everyone is invited. Casey encourages the whole audience to keep the secret as Stevie and Tim dress up as zoo animals, Jup Jup helps Fely decorate the birthday cake, and Lauren distracts Chats with a storybook adventure about TJ the guinea pig.

Don't miss out! Book your tickets for 3 March (two performances 11.30am and 2pm) at HORNSBY RSL Club, phone 02 9477 7777 [www.hornsbyrsl.com.au](http://www.hornsbyrsl.com.au) [www.hi-5.com.au](http://www.hi-5.com.au) For the information of members and their guests.

**Hi-5 Surprise!**

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Tell us in 25 words or less why you would like a Family Ticket to see Hi 5 at Hornsby RSL. Send to BTBW PO 80 Berowra Hts 2082 or email [info@thebushtele.com.au](mailto:info@thebushtele.com.au) to reach us no later than Wed 24 Feb 2010.

**Good Luck!**

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In the past car toppers were mainly small un-sophisticated flat bottomed punts or dinghies but a new generation of boats have come along giving users all the benefits of good design, performance and safety.

A number of boat manufacturers offer tenders and car toppers that generally only hold 3 people but Quintrex and Stacer have introduced new models that take 4 adults comfortably. Stacer's new Proline 349 at just 52kgs and 1.25m beam, will load up on top of most 4x 4's so you don't need to bother with a pesky trailer and your boat will go anywhere your 4 x 4 or All Wheel Drive can go.

Ideal for families and keen anglers this camping buddy can take 4 adults in comfort on front and rear bench seats. The Proline 349 has a Sports V shape hull that gives great stability whilst casting rods and also provides a smooth ride in choppy conditions. There are also a few creature comforts like a glove box and drink holders. If you want Rod holders and a bimini cover they can be added as optional extras.

Quintrex on the other hand have a couple of light car toppers – the 245 Explorer is a pint sized 50kg with a 1.35m beam. The Eclipse hull makes this little boat very stable and it can take up to a 6hp outboard motor. 4 adults can fit on board comfortably. There is also the Quintrex 340 Car Topper – at 52kg it has a narrow 1.25m beam suitable for sitting on most roof racks. It can take an 8hp outboard and will seat 4 adults. With a handy Car Topper you can hit the water anywhere, be it the Harbour, the Hawkesbury or any waterway of your choice.

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Photo and story Yvonne Williams.**

## GREAT NEWS!!! Important Date For Your Diary!!!

The Hornsby Rockets Disability Ten Pin Bowling Team is holding its Games & Trivia Night on Saturday 1st May 2010 at Mount Colah Public School.

There will be loads of fun, great prizes and auction items on the night to help raise funds for some of the team members to attend the Perth National Disability Bowling Championships being held 29th May - 5th June 2010.

Every one that attended last year said they had a great time, not only answering the trivia questions but also participating in the games which included an egg and spoon race, heads & tails and many more. There was a mascot (a bowling pin) to decorate (photo) and what artistic talent was discovered on the night! Great auction prizes included weekends away, passes to the races, a car service and more.

For trivia buffs who would like to join us on the night or if you just want to come along and participate in the games for entertainment and a great night out please contact the President, Ron Crompton on 0418 465 724 or email [rcr53458@bigpond.net.au](mailto:rcr53458@bigpond.net.au) for more information.

We are also asking for assistance from local businesses to donate a prize or auction item towards the night or, for a small contribution, you have the opportunity to promote your business by sponsoring a round of Trivia.

Your business will receive recognition via advertising leading up to and during the evening and we will distribute your business cards or any pamphlets/business information you provide.

*Ron Crompton, Pres, Hornsby Rockets.*



## Doggie Rescue Pet of the Week



"HERE IS ONE OF OUR CUTIES!" SAYS MONIKA OF DOGGIE RESCUE.

**Name:** Ruby

**Age:** 6 years

**Breed:** Terrier X

**Temperament:** Ruby is as bright and happy as she looks! Ruby is very social with other dogs, good with cats and is happy and attentive with people. She has a scruffy easy care coat. Ruby weighed only 3.8kg when she came from the pound but is slowly gaining weight. She can cope being left alone for longer periods and would also suit an apartment style environment. She comes desexed, C5 vaccinated, heartworm free and microchipped. Her adoption cost is \$400.00.

**To find out more about Ruby or the 100+ other dogs on our website call 9486 3133 or email [Monika@DoggieRescue.com.au](mailto:Monika@DoggieRescue.com.au) or log on to [www.DoggieRescue.com.au](http://www.DoggieRescue.com.au)**

**DOGGIE RESCUE ADS ARE PROUDLY SPONSORED BY THE BUSH TELE WEEKLY!**

## Ian's Hawkesbury Fishing & Boating Report



Some hot weather of late has seen the Flathead and Bream become more active.

Baits of Hawkesbury prawns are proving to be the gun bait for the Dusky's. Fish the drop offs where the Dusky will be waiting to pounce on any bait coming out of the shallow water. These areas would also work well casting soft plastic or hard bodied lures over the drop off. Good luck with your Dusky hunting!

Large rouge Bream to 44cm have been taking squid baits intended for Jewfish. Smaller but still good sized fish to 35cm can be found in the deeper water on the nip tides. On bigger tides you might find the Bream lurking near rocky shorelines, reefs, pylons, moorings or any structure in the water that has some type of growth on it. Bream love to eat: oysters, mussel, pippies, black crabs, squid, prawns, live nippers and more. Bream put up a big fight for their size, are great fun on light tackle and are fine table fish. In my opinion Bream are best cooked whole or cut in pieces either baked, BBQ'd or fried. Add some chips, salad or both, a wedge of lime or lemon maybe some salt and pepper. Mmmmm.

Meanwhile on Broken Bay the Tailor have gone quiet but the Bonito are thick. Troll your X-Rap around the headlands - Box, Lion and the Joey - for your share of bonito, bleed, ice slurry and fillet for excellent Thai fish cakes or bait for Bream and Snapper - cubed or cut in strips should land a good catch for you.

**Safety Tip:** Always if on the water at night display your navigation lights when under way or your all round white light if at anchor. It could save lives.

**Line of the week:** Hot Spot: Where a particular species of fish was yesterday.

**Catch pic of the week:** Nicholas who was fishing over the Christmas holidays in Cowan Creek with his Mum, Dad and brother Jordan caught this massive 44cm Bream on a squid bait. Well done, Nicholas!



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