

the Bush Tele

SEPTEMBER EDITION 2023



Local residents study the Berowra Community Bush Fire Survival Map at the Turner Road Street Meeting held in August by Berowra RFS.

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Celebrating 50 Communities

WHY AED?

The Community Defib Project installs community accessible defibrillators to vulnerable communities.

The project is a not-for-profit organization, founded by Paramedic Sophie Wills.



Sophie (pictured top right), currently leads the Project as Chair and founded the initiative in 2019, following a tragic medical event in 2018 on the outskirts of Wisemans Ferry.

With the desire to install one community defibrillator for the community of Wisemans Ferry, Sophie, as a Paramedicine student at Western Sydney University, sought help from **Dr Paul Simpson** (Director of Academic Program - Paramedicine at Western Sydney University). With the aspiration of purchasing one community defibrillator for Wisemans Ferry and with the understanding that **"with every minute that goes by during a sudden cardiac arrest without a defibrillator, the victim's chance of survival is reduced by 7-10%"** it was clear to Paul and Sophie that one community AED was not going to be enough.

Sophie and Paul soon facilitated a meeting with interested local parties including the **Wisemans Ferry Forgotten Valley Inc.**, representatives from **Wisemans Ferry Bowling Club** and **Wisemans Ferry Rural Fire Service**.

The Project then expanded to include the **Maroota, St Albans and Spencer** communities as a pilot for the project.

The project now reaches more than 50 communities with more than 200 community members volunteering their time to bring the project to their community. The project has successfully installed 150+ community AEDs with many more planned across multiple communities.

Photo right: Leanne Houlcroft demonstrates How to Operate the AED.



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HUGE COMMUNITY SUPPORT FOR DEFIB PROJECT

ADDITIONAL AED INSTALLED AT BROOKLYN

"An AED (automated external defibrillator), also referred to as a defib or defibrillator is a device that can be used by anyone to respond to a sudden cardiac arrest victim.

A sudden cardiac arrest is a medical emergency which describes the event where the victim's heart stops beating blood around their body. A SCA requires immediate intervention from bystanders.

Bystanders must CALL, PUSH and SHOCK.

Call for help - Push on the chest, hard and fast (CPR) and shock with the nearest defibrillator.

With every minute that goes by during a sudden cardiac arrest without a defibrillator, the victim's chance of survival is reduced by 7-10%."

The Community Defib Project (CDP) continues its work throughout the Brooklyn community led by the incredible **CDP - Brooklyn Committee** led by **Jo Scarsbrick**. Founder of CDP, **Sophie Wills**, said, "A huge congratulations to the Brooklyn committee who has successfully raised more than \$13,000 for the Brooklyn community since their inception in early 2022."

The Brooklyn committee has proudly funded 7 community AUTOMATED EXTERNAL DEFIBRILLATORS (AED) for the Brooklyn community, with more to come.

Community AEDs installed in Brooklyn to date include:
AED#80 - Anglers Rest Hotel, 216 Brooklyn Road
AED#81 - Hawkesbury River

Marina, 9 Bangar Rd
AED#82 - Fenwicks Marina, 31 Brooklyn Rd
AED#83 - Brooklyn Central, 83 Brooklyn Rd
AED#139 - Brooklyn Baths, 12 Dangar Rd
AED#161 - 8 Bridge St.

All units are available for 24/7 community access using code as listed 2083.

The committee could not have done this without the support of sponsors, donors and grants. **THANK YOU** must go to **Anglers Rest Hotel, Fenwick's Marina, RW Corkery & CO, Hawkesbury River Marina, HRYC Sailing, Brooklyn Community Association, Sky Scope Aerial and Bendigo Bank Berowra.**

The most recent installation of an AED was at lower McKell Park Brooklyn.

Jo Scarsbrick said of the latest installation of an AED, "We particularly want to celebrate the support from ongoing supporter **Bendigo Bank - Berowra**. Thank you to **Nam Kaushal** (Manager, Berowra & District Community Bank - Bendigo Bank) for her

time to celebrate with the Brooklyn Committee."

Sophie Wills added, "The goal of the Community Defib Project is to see every CDP community have 24/7 access to a community AED within no more than 10 minutes of each local resident location."

"A huge congratulations to the Brooklyn community for their fundraising efforts. The committee is just around the corner from completing their goal."

COMMUNITY TRAINING: KEEP WATCH on social media and local news for more information on upcoming training for the AED. There are more community AEDs planned in the Brooklyn community. To get involved or support the project please contact us today info@communitydefibproject.org.au www.facebook.com/communitydefibproject - www.communitydefibproject.org.au

Photo above: l-r Brian Scarsbrick, Sara Salavati, Leanne Houlcroft, Tony Broome, James Donnelly, Tom Collins (Bendigo Bank Board) Sneha Patel, Nam Kashal (Manager Bendigo Bank Berowra) Jo Scarsbrick and Scott Wills.



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SEPTEMBER 2023

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PRINTED BY

Spotpress Pty Ltd, 24-26 Lilian Fowler Place,
Marrickville NSW 2204.

LETTERBOX DELIVERED & PUBLISHED ONLINE

HORNSBY TO THE HAWKESBURY

Letterbox Delivered to Waitara, Hornsby, Hornsby Heights, Asquith, Mt Colah, Mt Kuring-gai, Berowra, Berowra Heights, Cowan, Brooklyn, Mooney Mooney, Cheero Point, Dangar Island, Riverboat Postman, Berowra Waters and beyond.

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Thriving Through Turbulence



The Power of Resilience in Small Business Success

Resilience is a vital quality for small business owners as it helps them navigate challenges, bounce back from setbacks, and adapt to changing circumstances. Here are five examples of how resilience can be applied and why it is crucial to small business success:

- **EMBRACING A GROWTH MINDSET:** Resilience involves adopting a growth mindset, which is the belief that challenges and failures present opportunities for learning and improvement.
- **ADAPTING TO CHANGE:** Resilience is essential in the ever-evolving business landscape. Small businesses need to be flexible and adaptable to stay relevant and seize emerging opportunities.
- **OVERCOMING OBSTACLES:** Small businesses often encounter obstacles and setbacks that can hinder their progress. Resilience enables entrepreneurs to face these challenges head-on and develop effective strategies to overcome them.
- **BUILDING STRONG SUPPORT NETWORKS:** Resilience is nurtured through strong support networks. Small business owners benefit from surrounding themselves with mentors, advisors, and a community of like-minded entrepreneurs who can provide guidance, encouragement, and a fresh perspective.

• **MAINTAINING A POSITIVE MINDSET AND WELL-BEING:** Resilience encompasses maintaining a positive mindset and prioritising personal well-being. Small business owners face significant stress and pressure, which can take a toll on their mental and physical health.

By cultivating resilience, small business owners can navigate uncertainties with confidence, sustain their business in the long run, and seize opportunities for growth and innovation.

The Hornsby Chamber of Commerce, its members and its valued partners are all available to support you and your business.

For more details go to www.hornsbychamber.com.au

John Warren | President
Hornsby Chamber of Commerce

Photo above: At the official launch of the Uptown program at the National Art School in July.

L-R Courtney Trewin, Mario Machado, Sandra Charleston, Wally Gebrael, Peter McDade, John Warren.



2077AD WITH UPTOWN ACCELERATOR

The 2077AD - Hornsby After Dark District Team has been successful in being admitted to NSW Government's, Investment NSW, Uptown Program. The Uptown Program is designed to strengthen Greater Sydney's 24-hour economy by accelerating the formation of going out to districts that are diverse, distinct, and vibrant. The Accelerator is an 8-week capacity building program to help teams of businesses (District Teams) define a collaboration model, establish their district brand and identity, build their capabilities and networks, and connect them with new partnership and sponsorship opportunities.

VOCAL ABOUT LOCAL

President of the *Hornsby Chamber of Commerce* **John Warren** said, "The 2077AD Team is excited about the benefits of participating in the Uptown Accelerator program which is an 8-week program offering our District Team a comprehensive toolkit to propel our vision forward."

Mr Warren explains, "The District Team aims to deliver an amazing result for local business and our community, and to transform Hornsby Town Centre into a revitalised **GO TO DESTINATION** for locals and visitors alike."

The 2077AD District Team and Hornsby Chamber of Commerce has also been successful in securing additional grants that will support activation programs and generate real benefits to the local business in this region.

STAY TUNED as the 2077AD District team continues to build strategic partnerships, innovative events, and a rich tapestry of cultural offerings.

"We aim to inspire and attract active participation, fostering a renaissance that transforms Hornsby into a captivating hub of nocturnal energy and endless possibilities," said John Warren.

FIND OUT MORE about this exciting program by visiting 2077AD.com.au

2077 AFTER DARK

Something BIG is coming
to Hornsby Town Centre

2077AD.com.au

FIFA WOMEN'S WORLD CUP FINAL DAY



By Rob Wing

On 20 August, Annabelle, Ava, Eleanor, Marlie, Tanishka, Taylah, Zoe and Zoey were ready to represent Northern Galaxy and Australia as FIFA Women's World Cup Final Flag Bearers at the opening ceremony.

It was a proud day for Northern Galaxy FC and its female football partners Berowra FC and Mount Colah FC.

The journey started when Northern Galaxy was selected as flag bearers for the FIFA Women's World Cup Final. They were eligible for this fantastic opportunity as they had completed their 1-star accreditation with Club

Changer, Football Australia's Club Development program. *Many further days of effort were devoted by Galaxy's volunteers which included paperwork, training with the girls for the event, and chaperoning the girls on the day.*

The girls were super excited as they travelled on the train to Stadium Australia. Soon they would be a part of the biggest sporting event in Australia's history and on international TV streamed across the world. *Final training and they were ready. Dressed in FIFA uniforms they performed their tasks superbly with their parents watching on from the stands.*

A DAY THEY WILL NEVER FORGET!

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Pink Slips for Pink Ribbon Month is Back @ Barr Autos

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Book in for a Rego Check* in October or drive through on Sunday 29th October for a cuppa



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*EVERY \$43 rego check fee, and coffee contribution will be donated to the SAN's Integrated Cancer Centre via The SAN Foundation

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Berowra Apex Club, sponsored by **Hornsby Shire Council**, will be running the **FREE** annual **MOVIE AND FIREWORKS UNDER THE STARS** on **FRIDAY 15TH SEPTEMBER 2023** at Warrina Oval, Berowra. The event opens at 5pm and there will be various food options available. The movie this year is **"THE SUPER MARIO BROS. MOVIE"** and begins at 6.30pm. At the conclusion of the film (approx. 8.40pm) there will be a **FIREWORKS DISPLAY** from little Warrina Oval. We look forward to seeing as many of you as possible. **SO, BRING A BLANKET AND ENJOY THE NIGHT!**



CELEBRATING 30 YEARS Berowra RSL Sub-Branch Youth Club Band

SOME HISTORY

The Berowra RSL Sub-Branch Youth Club Band was conceived by **Don and Pattie Levine** in 1993 to nurture the music of local youth. Instruments, music stands and banners purchased by the Sub-Branch helped launch the group, with rehearsals held at the RSL Club. *Sadly*, Don wouldn't live to see the first public performance. However, he watched a recorded rehearsal in hospital, and Pattie enjoyed many of the performances.

Jim Maguire and **Harry Fox** from the Sub-Branch were staunch supporters of the band, and the Founding President, **Anne Cosier**, has continued to ensure that Don and Pattie's wishes are honoured.

The Band's regular performances include Anzac Day and Remembrance Day services, and local community fetes and events. Since 2011, the contributions of an outstanding member have been recognised each year through the **Anne Cosier Perpetual Trophy**.



BEROWRA RSL SUB-BRANCH
YOUTH CLUB BAND

NEW MEMBERS WELCOME

We welcome new members aged 10-24 years to be part of our relaunch (after a covid hiatus).

Contact us for information on rehearsals and membership:

rslyouthclubband@gmail.com



SALLY'S PATISSERIE SKILLS WINS SILVER!

TAFE NSW Ryde student **Sally Fitzsimons of Cowan** took out a prestigious Patisserie category award in the **WorldSkills Australia 2023 National Championships** closing ceremony last month at the Melbourne Convention and Exhibition Centre.

Sally said she could not have received the Silver medal without countless hours of preparation and the ongoing support and mentorship of her teachers.

Sally said, "This accolade is a testament to my hard work and determination, and the invaluable guidance of my mentors. With their help, I've been able to achieve beyond anything I could have imagined and I'm excited to keep developing my skills over the course of my career."

Gold medal winners are eligible for consideration for the Australian Skillaroos team who will compete with the world's best at the WorldSkills International Competition finals to be held in France in 2024.

Photo right: Sally Fitzsimons of Cowan wins Silver.



SUSTAINABLE FUTURES DAY

Saturday 30 September, 10am-4pm
St Ives Village Green & Community Centre
krg.nsw.gov.au/sustainablefutures

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KU-RING-GAI MALE CHOIR

2023 GALA CONCERT

The Ku-ring-gai Male Choir is presenting a concert "The JOY of Song" at the Hornsby RSL Club on Sunday 10 September commencing at 2.30pm.

As well as the full choir under the direction of Dr Paul Whiting OAM with accompanist Hank Xang, the event will feature guest artists Anita Kyle and Lucinda Beck.

TICKETS are \$32 (includes \$2 booking fee) and can be purchased at the Hornsby RSL (9477 7777). For online bookings visit www.hornsbyrsl.com The Choir website is www.kuringgaimalechoir.org.au

The Choir welcomes male singers of all voice levels and no audition is required. We rehearse at 7.30pm on Tuesday nights at St Swithun's Anglican Church, Telegraph Road, Pymble.

Enquiries: info@kuringgaimalechoir.org.au or Ken on 0408 644 063.



ARTIST WENDY PRINCE TO EXHIBIT AT THE COTTAGE, BROOKLYN

By Lucy Bergagnin

Local landscape artist Wendy Prince is set to exhibit at The Cottage, Brooklyn from September 30 until November 5. On weekends it will be open from 10am-3pm.

With over thirty years of experience as an artist and three exhibitions under her belt, Wendy is looking forward to bringing her work to Brooklyn and the wider community. Wendy describes her practice as 'predominantly intuitive' as her work does not depict specific locations but rather is based upon her observation and experience of Sydney and NSW coastal scenes and cloudscares. The early Australian Impressionists and the English artist William Turner have been major inspirations for Wendy's work in both subject matter and surface treatment.

Wendy's work uses a subtle palette, and is a study of colour, space and texture. The media used ranges from conventional to the non-traditional. Wendy uses a range of mediums which include watercolour, acrylic, oil and encaustic. These mediums create opaque, semi-transparent and semi-translucent surfaces. The scale of work ranges from the Australian Impressionist vignettes of 9 x 5, to the largest at 70 x 40. Wendy says, "My love of texture and painting has evolved over many years into a study of emotive landscapes."

Check out Wendy's art on Instagram @spectrumtextura

Find out more: <https://www.facebook.com/CottageBrooklyn>



Hornsby Art Prize

FINAL CALL FOR ENTRIES

The countdown is on for the Hornsby Art Prize, with entries closing on 5th September 2023.

The award ceremony will be held on 20 October, with the exhibition to be held at Wallarobba Arts and Cultural Centre, Hornsby from Friday, 20 October to Sunday, 5 November.

For more information about the Hornsby Art Prize, or to enter, visit hornsby.nsw.gov.au/artprize

Photo: Maide Anne Welch, *Sweet Temptation*, oil on canvas, 2022.



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AFFAIRS OF INTEREST IN THE CURRENT WORLD meets Berowra: Community Centre, The Gully Rd, 2nd & 4th Mondays (not pub hol) 10am-12pm. 11 September: Creation of Barangaroo Reserve - landscape architect discusses history, design & construction. Presenter: Maria Rigoli. 25 September: Rhinos Matter - with horns used in Asian medicine & highly priced status symbols, the rhinoceros is one of the world's most endangered animals. Anti-poaching is technology assisted. Presenter: Rita Shaw. Book: Joan Scott, email: djscott@tpg.com.au Ph: 0405 453 396.

ASQUITH COMMUNITY MARKET Cnr Baldwin Ave & Royston Pde every 4th Sat, Feb-Nov 9am to 2pm. Stall bookings: Barbara, 0468 390 292.

ASQUITH MIXED PROBUS CLUB meets 1st Thurs monthly at Magpies, Waitara - 10am. New members welcome. Enq: Barry: 0419 985 458.

ASQUITH VIEW CLUB luncheon meeting at Magpies Waitara 11AM for 11-30 Bookings essential. Enq: Kerry 9476 5910.

ASQUITH SENIOR CITIZENS meet Mt Colah Community Centre, Tuesdays 9.15am-12.15pm morning tea, carpet bowls & outings. Enq: Yvonne on 0438 195 377 or Jennie on 9477 1855 or 0422 474 669.

BEROWRA COMMUNITY MARKETS first Saturday monthly, excl Jan, 9am-2pm. Berowra Uniting Church 4-6 Alan Rd, Berowra Hts www.berowraunitingchurch.org.au/markets https://www.facebook.com/BerowraCommunityMarkets

BEROWRA DISTRICT MIXED PROBUS CLUB meets 10am first Tuesday each month at Berowra RSL Club. Enq. Keith Carson 9456 2948.

BEROWRA GARDEN CLUB meets 2nd Thursday monthly Warrina Street Oval Clubhouse at 7.30pm. Enq: President Paul White 0426 109 149.

BEROWRA LIONS CLUB meets 7pm on 3rd Wednesday monthly at Club Berowra. Book: 0414 553 240. More info at www.berowralions.org.au

BEROWRA PROBUS CLUB INC. meets 1st Friday monthly at St Mark's Church hall, Berowra Waters Rd, 10am. Enq: Phillip Boyle 9456 2280.

BEROWRA ROTARY meets 2nd & 4th Wed, 6.30 for 7.00pm, Berowra RSL Club - order meal from Bistro. Visitors welcome. Ph: Peggy 0413 481 854 to book, info & details on guest speaker www.berowra.net/rotary

BEROWRA ROTARY SPRING PLANT SALE Saturday before Fathers Day, Hunt Reserve Cnr Pacific Hwy & v Beryl Ave, around corner on Beryl Ave 8.30am. Enq: Peggy 0413 481 854 or check www.berowra.net/rotary

BEROWRA RSL SOCIAL GOLF CLUB Sunday mornings monthly. New members welcome. Enq: berowrarlsclub@gmail.com Geoff 0412 597 707.

BEROWRA SENIOR CITIZENS CLUB meets every Wed, 9am, Berowra Community Centre. Enq Cheryl 9456 2139 Tom 9456 0407.

BEROWRA TOASTMASTERS meet 2nd & 4th Thurs 7.15pm for 7.30pm Berowra Community Centre. Enq: Anne 0491 138 832.

BEROWRA WATERS VIEW CLUB meets Club Berowra at 11am 4th Wed monthly. Next meeting Wed 27th Sept. Enq: Geraldine 9456

BUSH DANCE WORKSHOPS at Pennant Hills Community Centre below Library Mondays. Beecroft Bush Dances/live band. Ph: 0413 673 339.

CWA GALSTON meets 2nd Wed, 10am. Cnr The Glade & 17 Arcadia Rd, Galston. Enq: 9485 7599 galston.cwa@gmail.com

CWA HORNSBY & DISTRICT BRANCH meets 10am 2nd Fri 10am 4th Friday, St Peters Church Hall Hornsby. Enq: Lyn 0422 580 922.

DURAL & DIST PROSTATE CANCER SUPPORT GROUP Blue Gum Centre, ARV, 599-607 Old Northern Rd Glenhaven, 7pm Macular Disease Foundation. Enq: Denis 9629 2645 or Graham 8677 7896.

GALSTON VIEW CLUB monthly lunch meeting 4th Wed 11am at The Galston Club 21-25 Arcadia Rd. Bookings: President Lesley 0413 996 783.

HORNSBY & DISTRICTS AMATEUR RADIO CLUB meets Mt Colah Community Centre, Pierre Cl, 2nd Tues 8pm & 4th Tues 8pm Enq: info@hadarc.com.au Ph: Matthew Ayres (VK2BAI) 0401 992 430

HORNSBY ACHIEVERS Toastmasters Club meet 2nd & 4th Mondays at Hornsby RSL Club. Enq: dkstoastie@gmail.com Diane 0409 605 055.

HORNSBY ART SOCIETY Wed 6th to 17th Sept, Exhibition: "I came, I saw, I painted" by six Member artists, who paint & travel together. 10am - 4pm Wed to Sun. Wallarobba Arts & Cultural Centre, Willow Park, Hornsby. See HAS website. Free entry. Mon 11th Sept Demonstration by Rachael Carroll in Acrylics, small example of encaustic. \$5 Members / \$7.50 Visitors. Refreshments 7pm. Beatrice Taylor Hall, Willow Park, 25 Edgeworth David Ave, Hornsby. See HAS website for details.

HORNSBY BEROWRA MEN'S SHED meets Weds & Thurs 8.30-12noon 836 Pacific Hwy Mount Kuring-gai. Enq: Ross 0493 376 984.

HORNSBY DISTRICT ULYSSES MOTOR BIKE CLUB meets first Wednesday monthly at Berowra RSL 6.30pm. Enq: Robert 0409 665 356.

HORNSBY HTS CAMERA CLUB meets 3rd & 5th Tuesday monthly Mt Colah Community Centre - 7.30pm. Enq: Bob 0448 257406.

HORNSBY KU-RING-GAI COMMUNITY COLLEGE Free Digital Mentoring for Seniors with one-on-one support, Tues during term, 10am-11.30am. Bookings required: 9482 1189, enquiries@hkcc.nsw.edu.au

HORNSBY KU-RING-GAI PARKINSON'S ASSOCIATION inc. Choir at Snr. Citz's Centre, Turramurra Thurs 10-11.30am; Exercise Mt Colah Community Centre Fri 11.30-12.30pm., Meet: 1st Fri monthly 10am-12noon. Enq: Dick 0450 542 423 www.parkypeople.org

HORNSBY LADIES PROBUS CLUB meets first Tues morning monthly at Magpies Club. Enq: Helen 0417 687 765.

HORNSBY NATIONAL SENIORS meet 1st Wed monthly at Asquith Bowling Club. Newly retired, companionship, all welcome. Enq: Kaylene on 0413 297 681.

HORNSBY OLDER MEN'S NETWORK INCORPORATED Retired men meet The Brickpit Golf Range meeting room, 1st & 3rd Wed monthly, 10-12.30pm followed by lunch. Enq: Jock 9484 7041.

HORNSBY RSL COMPUTER CLUB meets 2nd Sunday monthly 3pm. Hornsby RSL Club. Contact Mark 9482 4294.

HORNSBY RSL SUB-BRANCH General Meeting & Veterans lunch 11am Sunday 24 September 2023 in the Hornsby RSL Club. All local veterans welcome. Enq: hornsbyrslsb@gmail.com

HORNSBY SHIRE FAMILY HISTORY GROUP meets 3rd Wednesday each month 2-4pm at Hornsby Library. Enq.: Coral cshand21@gmail.com

KU-RING-GAI HISTORICAL SOCIETY general meeting 3rd Sat, 2-4pm, Meeting Room 1 & family history 2nd Sat, 10-12m/d Research Room, Old Gordon PS, Pac Hwy. All welcome, www.khs.org.au/events

LET'S CHAT IN ENGLISH Fridays (school term) 10am-12am Mt Colah Uniting Church. Morning tea gold coin donation. Enq: Diana 0427 405 416.

LIONS CLUB OF HORNSBY meets Magpies Club Waitara 2nd Tues monthly except Dec & Jan. 6.30 for 7.30. Enq: Ted 0414 806 840.

MEDITATION ON TUESDAYS Free, non-religious. 7.30 - 8.30pm Sundays, 79 Edgeworth David Ave, Enq: Jane Crancher 0404 445 490.

MOONEY WOMEN'S BOWLS Social bowls every Wed @ 4pm, Competition 2nd Sun @ 9.30am. Mooney Club, Enq: Liz 0414 733 714..

MOUNT COLAH MEN'S PROBUS CLUB meets Asquith Golf Club 10am third Friday monthly. Enq: Geoff 0411 020 050.

MOUNT COLAH MIXED PROBUS CLUB meets last Mon monthly 10am "Magpies", Waitara. web: mountcolahmixedprobusclub.org.au

MOUNT KURING-GAI & DISTRICT PROBUS meets 9.45 for 10am at Uniting Church Mount Colah Tues 12th September, 2023. Speaker: Ambre Hammond, classical pianist & composer "An Unorthodox Life in Music". Join a fun, friendly, welcoming mixed group. Meetings 2nd Tues monthly. Enq: Barry Mews 0414 887 888 or mkgdprobus.org.au

NSW JUSTICES ASSOCIATION HORNSBY BRANCH meets 2nd Monday monthly, 7pm. Magpies Waitara. Enq: Jane 0427 998 004.

PENNANT HILLS VIEW CLUB meets for lunch 2nd Tuesday monthly at Oatlands Golf Club at 11am. Bookings: Margaret - 9873 2402.

PRIME TIME FOR OVER 55s & friends meets 3rd Wednesday monthly at St Luke's Hornsby Hts 155 Galston Rd, 12noon to 2 pm. Mini Church Service, Lunch & Guest Speaker. RSVP primetime@stlukeschurch.com.au or phone Merle 0438 773675. All welcome.

SOROPTIMIST INTERNATIONAL OF HORNSBY meets Pennant Hills Bowling Club 1st Wed monthly. Enq: Pam: 0425 229 615.

SYDNEY HILLS DISTRICT BRANCH OF THE ASSOCIATION OF INDEPENDENT RETIREES meets at Beecroft Presbyterian Church Hall, Welham St., Beecroft 10.30 for 10.45am. Visitors Welcome. Enq: Mal Steel airsydneyhills@gmail.com

THE COTTAGE BROOKLYN Exhibition by Local landscape artist Wendy Prince, September 30 until November 5. Weekends: 10am-3pm. Find out more: <https://www.facebook.com/CottageBrooklyn>

TURRAMURRA SPINNERS AND WEAVERS GROUP meet 10am -12noon Turramurra Seniors Centre, Tuesdays 5th, 12th, 19th, 26th, September. Enq: leonie_peterson@hotmail.com

..... your community diary dates

PRESENTATION EVENING . . . SELLING FAST!

The Hornsby Ku-ring-gai Local Business Awards presentation is the night of nights for business

and tickets for this year's event are selling fast!

Awards founder and Precedent Productions Managing Director **Steve Loe** said the presentation evening was a chance for local businesses to come together to celebrate each other's achievements and discover the winners of each category.

"But best of all it's a fun night out," he said. "Business people and their staff work hard, so this is a rare opportunity for them to take time out to enjoy each other as friends."

"The meals are always fabulous thanks to our event venue and awards venue **Hornsby RSL Club**," said Mr Loe. "This year we have a spectacular event planned, with **Paul Hancock** back again as the Master of Ceremonies with first class entertainers who are sure to have the audience's toes tapping when they take the stage."

OF COURSE, THE HIGHLIGHT OF THE EVENING IS THE PRESENTATION OF THE AWARD WINNERS IN EACH CATEGORY.

"What I love to see is the support that everyone in the room gives to the finalists and the huge cheer for the winners," said Mr Loe. "And to see how everyone takes the trouble to dress in their best; a *truly glittering evening*."

The presentation evening will be held at Hornsby RSL Club on Wednesday 11th October. Tickets are strictly limited and are available online at www.thebusinessawards.com.au

The Hornsby Ku-ring-gai Local Business Awards is made possible only through the generous support and encouragement of our major partners, NOVA Employment and support partners, Hornsby Shire Council, Ku-ring-gai Council, Hornsby RSL Club, Pennant Hills Marketplace, White Key Marketing, BxNetworking, Hornsby Chamber of Commerce and Cornerstone Community.

"Without them, we would not be able to celebrate the wonderful small businesses that make Hornsby-Ku-ring-gai the prosperous commercial area that it is." For more information visit www.thebusinessawards.com.au

The Bush Tele is the proud Media Partner for the Hornsby Ku-ring-gai Local Business Awards 2023.

SEE THE OCTOBER EDITION OF THE BUSH TELE FOR THE FULL LIST OF FINALISTS!
Following a huge response from the public, **280 Finalists** have been voted for in the **2023 Hornsby Ku-ring-gai Local Business Awards.**



SYDNEY'S HOTTEST MEN IN THEIR BRAND-NEW SHOW

**LIVE ON STAGE AT
THE ASQUITH CLUB
SATURDAY 9th SEPTEMBER**

SYDNEY HOTSHOTS are back for a sizzling 2 hour production, choreographed and developed by Australia's leading professionals. With a totally interactive production, **The Secret Fantasies Tour** is the perfect night out with the girls! A high energy production, our shows boast the perfect mix of killer dance routines, eye-catching costumes, acrobatics, and athletic male physiques. Our fellas come from various backgrounds from *Tradies, Cops, Farmers* and even *Fireman* to tour Australia and entertain the ladies! Hosted by seasoned professional **Paul Reynolds** (original cast member of *Manpower Australia* and *Las Vegas* headliner) makes for an extra entertaining evening.

HOTSHOTS LIVE One Show 8PM
Strictly 18+ Australia's Ultimate Ladies Night One night One show
Saturday, 9 September 2023.
TICKETS AVAILABLE ONLINE
Asquith Bowling & Recreation Club on Asquith Bowling Club | 1 Lodge St, Hornsby NSW 2077 | phone: 9477 1364 | e: reception@asquithbowlingclub.com.au | web: <https://asquithclub.au>



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Duck Liver Pate

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Dessert

Crème Brulee with
Salted Caramel Vanilla Cream

+ Mega raffle 20 meat trays and
Magnum Wine

Ph 02 9477 1364

1 Lodge Street, Hornsby



THE SYDNEY HOTSHOTS

performing
Saturday 9 September

One Night One Show

Book your tickets for an unforgettable girls night out!

Strictly 18+

Scan here to book



DOGGIE RESCUE PETS of the MONTH



PUGSLEY is a super happy bright little 12 month old Pug cross boy.

He is social with other dogs but can be a bit annoying as he is **SUPER ACTIVE**. *Pugsley follows his human everywhere, so he is quick through doorways and just wants to be part of what you are doing. He is a bit like Velcro!*

When Pugsley first came from the pound, he was very nervous and came with a warning: *he will bite*. Since being in his foster home this behaviour has dissipated. He is good to bath, pick up and generally handle. *He is learning stay and wait*. Pugsley has a very shiny short coat and weighs 8.8kg. He would suit apartment living and needs a home-based worker. He comes

desexed, vaccinated, heartworm free and microchipped. Also included for the love and health of our dogs is a free Health and Wellness Voucher with our DoggieRescue Vet. His adoption fee is \$600.

For details call DoggieRescue on 9486 3133 or email Monika@DoggieRescue.com RON R251000024.



QUEEN BEE is a sweet affectionate 2 year old Domestic short hair tabby girl.

She loves cuddles and loves to run and roll over and get belly rubs. She does not mind other cats.

Queen Bee has a short coat and weighs 2.9kg. All our cats come desexed, wormed, F3 vaccinated, FIV/FeLV tested if over 6 months old and microchipped. Her adoption fee is \$220.

For details call DoggieRescue on 9486 3133 or email Monika@DoggieRescue.com RON R251000024

NEW BIODIVERSITY PROJECT FOR THE BIRDS AND THE BEES



Ku-ring-gai Council is trialling an initiative called a WOODY MEADOW developed by Melbourne University.

Woody meadows are diverse and densely planted areas created with flowering native plants, specifically designed to improve the quality of urban landscapes.

With their high number of flowers, woody meadows encourage insects such as native bees, small birds and other wildlife.

As well as being visually appealing woody meadows can reduce weed growth and maintenance costs for public land.

In August, the Council's environmental staff and 14 local volunteers planted 400 tube stock in St Ives Chase to create the trial WOODY MEADOW.

The plantings will develop over the next 12 to 18 months and Council staff will monitor the site to test whether biodiversity is increasing through more sightings of insects, birds and animals.

FIND OUT MORE visit <https://woodymeadow.unimelb.edu.au>

Pet Portraits by JC



Do you have a wonderful photo of a pet that you would love to see transformed into a one-of-a-kind hand drawn or oil painted artwork?

Josephine Comb has drawn hundreds of artworks for clients both locally and from all around the world.

With Christmas fast approaching, now is a good time to secure your unique gift for a loved one or for yourself.

GIFT VOUCHERS ALSO AVAILABLE.

Here is a recent Testimony from Mrs Karen Potts (Samson & Bella are pictured above).

"We lost our beloved cats under very sad circumstances 2 years ago. Nothing could ease the pain that we felt when Josephine's advertisement caught my eye. I made contact and Josephine turned out to be a magician who brought Samson and Bella to life! Their portraits were not just incredibly accurate but also the portraits of our pets are so like them in an uncanny way. We have them back. Thank you Josephine!"

IT'S SO EASY TO ORDER!

1. Send an email request for a portrait with photos of your pet to petportraitsbyjc@gmail.com

2. Josephine will then forward to you an online Order Form that includes price list and size guide
3. Complete your order, and Josephine will reply with an estimated time to complete the portrait
4. Then relax and watch the process unfold
5. Framing is not included, but Josephine can arrange a free quote upon completion
For more information head to website: petportraitsbyjc.com.au
Follow me on Facebook and Instagram **Pet Portraits by JC**



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"LUCY" TRIGONOMETRICAL STATION

HUNT RESERVE, MOUNT COLAH

Story by Colin Choat

I live in Mount Colah.

Recently, a neighbour asked me if I knew whether there is a "trig" station in Mount Colah, or whether there used to be one.

I was able to tell him that there certainly was one. The original marker was described by Aidan de Brune, the first person to walk around Australia.

On the second day of his walk, coming from Sydney, de Brune noted in his travel diary:

"21 September 1921. Visited Hornsby, Asquith, Mount Colah, Kuring-gai, Berowra, Cowan. Arrived Hornsby 10.10 a.m. and left at 11 a.m. To Asquith and Mt. Colah--669 ft. (197.6m.) above sea level. About a mile past station and 100 yards off left side of road a black disc on stones marking highest point of Mt. Colah..."

Since reading de Brune's description of the marker, while researching a book which I was writing about him, I had often wondered where the "marker" was located. Hunt Reserve, on the corner of the Pacific Highway and Beryl Avenue, was a likely spot, as it could be said to be "about a mile past the station and 100 yards off the left side of road". However, I could not locate any evidence of the existence of the trig.

I was, therefore, very surprised, during a stroll through Hunt Reserve, after recent improvements by the Council were completed, to see, beside a concrete path running through the reserve, an interpretive sign proclaiming the site of the "Lucy" Trigonometrical Station.

A trig station is a fixed surveying station, used in geodetic surveying and other surveying projects in its vicinity. The one in Hunt Reserve is said to indicate the second highest point in the Sydney suburban area. Mostly trig stations are situated on mountains and high hills and, whilst Mount Colah is a "mountain", it must be unusual, perhaps unique, to find a trig station within a Sydney suburban park. Still, it would probably have been just a paddock when Aidan de Brune walked past it 100 years ago. The original trig was constructed in 1882 and consisted of a cairn of stones, a post and a disk. In 1891 the government gazetted an area of three acres around the "trig" as "Trigonometric Reserve No. 13316".

In August 1973 the stone cairn was demolished, and the underlying marker, a brass plug, was covered with a cast iron box, which remains today. While now recognised as "Permanent Survey Mark PM1250", Lucy Trig is still recognised as trig station No. TS 2904.

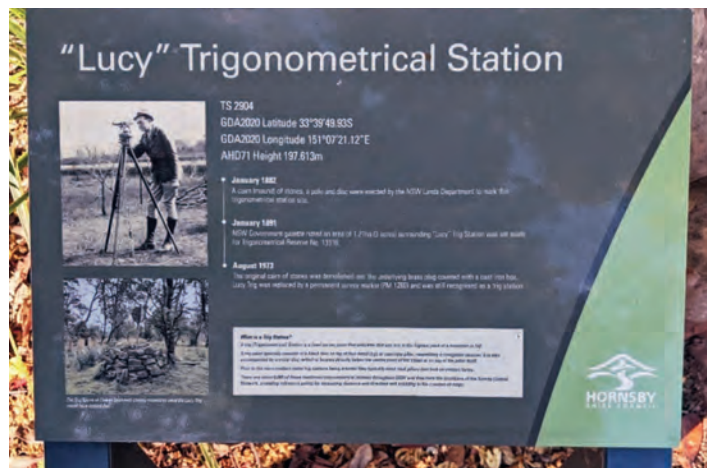
The interpretive sign erected recently gives the name and number of the trig, its elevation (197.6m) and the co-ordinates of its position (33°39'50.0"S 151°07'21.1"E.), as well as a short history of its creation and changes made to it. The council has done a great job in providing the sign and highlighting the trig point, which is still housed in the cast iron box.

The box has been set in concrete and the lid has been painted yellow.

* To visit an interesting web site about trig stations around Sydney, with informative photos, go to <https://hikingtheworld.blog/hiking-guides/trig-stations-around-sydney/>

To read my book about Aidan de Brune and his walk, "The Amateur Tramp", go to <https://gutenberg.net.au/plusfifty-a-m.html#choatcj>. The book is available for download, free of charge.

Photo from top right 1: Interpretive sign in Hunt Reserve, Mount Colah. (Colin Choat) **Photo 2:** "Djarra" Trig at Cowan—what the "Lucy" Trig might have initially looked like (courtesy <https://hikingtheworld.blog/trig-stations/lucy-trig/>) **Photo 3:** "Lucy" Trig plug set in a cast iron container encased in concrete (Colin Choat) **Photo 4:** "Lucy" trig box, painted yellow, with the interpretive sign in the background.



HAVE YOU EVER WANTED TO LEARN SAXOPHONE?

Hi, I'm Lauchlan!

I'm a saxophonist currently studying a Bachelor of Music (Classical Performance) at the Sydney Conservatorium of Music, under Michael Duke (Associate Professor in Saxophone). I started playing at 7 years old and since then I've been mainly playing classical repertoire for AMEB exams and music from movies and TV shows for leisure.

I passed my AMEB Certificate of Performance with a High Distinction. I also experienced playing in the Symphonic Wind Orchestra.

Music has always been my passion and I am keen to foster the love of music in children and adults alike! It's never too late to learn!

Call or send me a text and we can organise a FREE TRIAL LESSON today! Lauchlan Bissex: 0420 707 070



SAXOPHONE LESSONS

Hi, I'm Lauchlan!

I'm a saxophonist studying at the Sydney Conservatorium of Music.

Call or send me a text for FREE trial lesson!

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WHY I BECAME INVOLVED IN RELAY FOR LIFE

KAREN HUMPHRIES' STORY



After surviving stage 3B metastatic **Cholangiocarcinoma** (a rare cancer of the Gallbladder/ Bile Duct) in 2022, I decided to become a **HORNSBY RELAY FOR LIFE (HRFL)** participant that same year.

Along with my team, I personally wanted to help contribute to being an active member of society regrading changing the status quo for all cancers. After reaching out to the HRFL committee about holding a stall for my **Socks4Cancer** initiative, which was set up to raise funds for **Cholangiocarcinoma** that I started doing during my six months of chemotherapy, I was asked to read the opening **Oath** and to also be the **2022 KEYNOTE SPEAKER**. I was **very honoured to do these two roles**. As a result of the above, in **2023 I officially become a dedicated HRFL committee member**.

Being diagnosed with a rare cancer and being given only a

20% five-year chance of survival was a hard pill to swallow.

The majority of cancers have a 95% five-year survival rate however the reality is that most **Cholangiocarcinoma** patients die within the first twelve months. *The reason for this is that these cancers have no early detection testing, lack of both Government funding and awareness for more than forty years, and they are often found in later stage when it is too late for effective treatment. These facts activated the advocate in me, and I knew that I had to give my 'living voice' to this cancer.*

In February 2023 I created Australian history by holding the **FIRST REMEMBRANCE SERVICE** and got twenty-six buildings lit up green in honour of **Cholangiocarcinoma Cancer Month and Awareness Day**. To date, I have raised over \$14K for the **NORTH Foundation - The Royal North Shore Hospital Professor Samra Department, The Pancare Foundation, and the Cancer Council, NSW Hornsby for Life**. I have undergone 6

months of chemotherapy, the urgent removal of my gallbladder, an appendix abstraction, and a radical lymph node removal. Even though I have still have a long way to go, I am very grateful to be alive today, especially with the knowledge that my cancer would have actively travelled to my blood next as it has already spread.

I URGE EVERYONE TO PARTICIPATE IN HORNSBY RELAY FOR LIFE 2023.

Come and walk in honour of people like me, in honour of those who are no longer with us or in honour of someone you personally know. Help us make change and allow your participation to bring **HOPE** to many. *Be a part of an amazing community that collectively brings about change.* **HORNSBY RELAY FOR LIFE WILL BE HELD ON 4-5 NOVEMBER 2023 AT ROFE PARK, HORNSBY HEIGHTS.**

A unique family for people of all ages and abilities, it is an experience that will stay with you forever. We host activities designed to celebrate cancer survivors and



recognise their carers. We honour those we've lost to cancer during our **Candlelight Hope Ceremony**, and we raise funds to provide vital support for people affected by cancer and fund Cancer Council NSW research and prevention programs.

TO REGISTER OR TO FIND OUT MORE: <https://linktr.ee/hornsbyrelayforlife>
relayforlife.org.au and Facebook
 For more info: [Cholangiocarcinoma Australia](https://cholangiocarcinomaaustralia.org)
<https://cholangiocarcinomaaustralia.org>

Photos: top - Karen with her Socks4cancer stall. Above - Cllr McClelland (L) with Karen Humphries.

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Healthy Living & Lifestyle



WALKS & TALKS AT KU-RING-GAI WILDFLOWER GARDEN

"A one-hour talk is followed by a gentle one hour walk"

Join our weekly meetings of a 'Walks & Talks' Program at Ku-ring-gai Wildflower Garden.

The Walks & Talks program at Ku-ring-gai Wildflower Garden is sponsored by the **North Shore Group of Australian Plants Society**. It aims to introduce people to the incredible range of native plants in its local Sydney region.

NEXT MEETINGS:

Monday, 28th August Sedges,

Rushes and Restiads

Monday, 4th September Pea
Shrubs and Vines

Monday, 11th September Ferns
and Fernery Tour

We meet at 9.45 am at Caley's Pavilion in Ku-ring-gai Wildflower Garden, 420 Mona Vale Road, St Ives.

There is no charge and bookings are not essential, but appreciated! Enquiries: Wendy 0419 323 035.



IS SPRING GETTING UP YOUR NOSE?



Traditionally, Spring is said to be the start of the peak season for hay fever (allergic rhinitis) with airborne pollutants and newly sprung pollens blown into our noses.

Signs and symptoms of hay fever usually include sneezing and an itchy, runny or congested nose. *The eyes might be red, puffy, itchy and watery, too.*

Prevention of hay fever by avoiding trigger factors is the best option. However, that's not always possible.

There are some medications which may help the symptoms of hay fever including:

- **ANTI-HISTAMINE MEDICATIONS** - may be useful to control sneezing and itching, but are not as effective as sprays to control a severely blocked or runny nose
- **CORTICOSTEROID NASAL SPRAYS** - help reduce the inflammation in the nose.
- **SALINE NASAL RINSES** - help remove allergens in the nose and relieve congestion.
- **DECONGESTANT NASAL SPRAYS** - useful for quick relief, but should not be used long-term.
- **EYE DROPS** - may relieve itchy, swollen or runny eyes.

Some of the most effective treatments such as corticosteroid nasal sprays can take a while to reach their full effect. So, if you are prone to hay fever now is the time to speak to our pharmacists about controlling your symptoms this Spring. It is also important in the current environment to be alert for COVID-19 symptoms and to not assume that they are 'just hay fever'.

Contact Hornsby Heights Pharmacy on (02) 99874777 for more information.



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'VOICES FROM THE WATERS' PUBLIC WORKSHOP

Voices From The Waters is pleased to announce a workshop on **ACAPPELLA** singing conducted by **Christina Mimmocchi**.

Learn some new songs with like-minded music loving, friendly people and leave with a brain pumping with *endorphins*. The Workshop will be held **1-4pm Saturday 2nd September** in the Nulty Meeting room, Our Lady of the Rosary Cathedral, 23 Yardley Ave, Waitara.

Cost is \$25 which includes a sumptuous afternoon tea.

BOOK: Heather 9456 3473 or Karin 0414 965 069 or just come on the day. *Everyone welcome!*



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EASY CARE GARDENING 35th ANNIVERSARY

By Cllr Nathan Tilbury

Easy Care Gardening (ECG) is a not-for-profit, volunteer-led organisation that has helped maintain the gardens of older people who need assistance in the Ku-ring-gai, Hornsby, Ryde and Hunters Hill areas, since 1988. Without the help of volunteers, ECG would not be able to provide this service to the seniors living in their own home, who wish to enjoy their garden safely and with a level of independence.

WHAT DOES EASY CARE GARDENING SERVICES MEAN TO THE COMMUNITY OF HORNSBY AND BEYOND?

Easy Care Gardening has been operating in the Hornsby Shire since 1990. We have hundreds of Easy Care Gardening clients who are serviced by dozens of wonderful volunteers. And throughout the Hornsby Shire, I can confidently say that Easy Care Gardening successfully undertakes its mission of helping people who are older to remain in their homes longer, by providing gardening services, conducted largely by volunteers.

I know this because my 85 year-old neighbour Carmel, has been the recipient of the services of Easy Care Gardening for the past 4 or 5 years, and she loves it!

Carmel lost her husband 15 – 20 years ago but, despite her advanced years, she is still very fit and active. She has always had a beautiful garden which she is extremely proud of and she is often giving me great advice about my own garden.

Whilst Carmel gets out into her garden several times a week, she cannot do everything she could 5 or 10 years ago. To have her Easy Care Gardening team come to her property for 3 or 4 hours, a couple of times a year and do the jobs she simply cannot manage means the world to her.

The volunteers will sit with her while she explains what she would like done. After some expert advice and feedback, the workers get in to the garden to do the work exactly as requested by Carmel. And all this work is provided at a very affordable rate to someone who is on a limited budget.

The social experience this service offers, to both the clients and volunteers, should not be undervalued.

One of the early volunteers in the Hornsby Shire was my late friend Jim Hatfield. I know Jim really enjoyed his time as an Easy Care volunteer, which spanned for 15 years from 1991 (when he was 63) through to 2006, when he "retired" at the age of 78. Jim Hatfield was extremely proud of the service he provided, and he received several awards, including the **Premier's Individual Community Award**, for his work with ECG.

FIND OUT MORE: <https://www.easycaregardening.org.au>



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Healthy Living & Lifestyle



LIVING WELL WITH DEMENTIA

Community Forum

LISTEN AND LEARN at the Dementia Community Forum to be held on Monday 18th September - Hornsby Central Library - 10 am. Supported by Hornsby Council, the Forum will be opened by the Hon.

Philip Ruddock, AO, Mayor of Hornsby Shire.

FIND OUT what service connections and support are available in the region and learn and share with other community members on how to build a more dementia-friendly community.

As seen on ABC-TV's 'Old People's Home for 4 Year Olds', leading Geriatrician and Dementia Specialist, Keynote Speaker, Professor **Susan Kurrle**, will be sharing insights into her extensive research on cognitive and functional design in older people.

A panel of experts will lead a discussion which will be followed



by a Q&A plus light refreshments, finishing at 1pm.

Whether you are a caregiver, family member, neighbour or someone living with dementia, this community Forum is designed to inform, discuss and ask questions, in a supportive and open environment. Don't miss out on this informative community event!

For further details/enquiries - call KNC Care on 9988 4966.

Photo above: Living Well with Dementia: <https://livingwellwithdementia.org.au>

PRACTICAL PHILOSOPHY

The School of Practical Philosophy, based in Wahroonga, has been in operation for over 50 years.

Its vision is for a world that understands and embraces 'philosophy as a way of life'. There is much to learn from ancient wisdom teachings from the Eastern and Western traditions that has practical and beneficial applications in today's world.

It's in the school's lively and interactive 10-week introductory course 'The Wisdom Within' that 'philosophy as a way of life' is explored.

The course explores where true wisdom is found: *what holds us back? What sets us free?*

It aims to guide you to a greater understanding of yourself,



your states of awareness and how justice is relevant to a meaningful life. The approach is practical rather than academic. There are no prerequisites to joining the course, and it's a great way to connect with the community in day or evening courses, either *in-person* at Wahroonga or join an online course.

The next term begins in the week commencing September 18th and enrolments are now open.

Enquiries (02) 9489 0902
www.practicalphilosophyaustralia.org.au

Live Well and Learn



Dementia Community Forum

Join us for:

A panel discussion and Q&A for individuals in the community touched by Dementia

**Monday 18th September
From 10am - 1pm**



**Room 3, Hornsby Central Library
18-44 George St, Hornsby**



RSVP / Enquiries: 9988 4966 or community@knc.org.au
OR

Register: www.eventbrite.com.au/e/694502645107



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THE 2002 BUSHFIRES IN THE HORNSBY SHIRE

Living in the Bushland Shire has many advantages – its natural beauty, fresh mountain air, beautiful scenery, close-knit and caring community – but with its benefits, comes responsibility. That responsibility rests upon all residents to be Bush Fire Prepared. Even though many residents would have experienced serious bushfires endangering life and property in past years, a significant number in our community are unaware of, or do not fully comprehend, the full impact of a bush fire event.

Hornsby Shire Councillor Nathan Tilbury has written this historic account of the bushfire in 2002. Please take a moment to read it and consider what YOU would do in the event of bushfire.

Cllr Nathan Tilbury writes:

Following two years of drought, NSW was experiencing extremely dry conditions. On Wednesday 4th December 2002, another Total Fire Ban had been declared with hot, dry and windy conditions.

At about 3pm a bush fire was reported in Maroota South. This was followed by an additional report of a fire at Lower Portland. Soon after the first firefighting units arrived on scene at Maroota, dry grass burst into flames and was fanned by very gusty westerly winds. The fire pushed to the east, made a run directly towards **Old Northern Road** towards **Glenorie** and soon after a third fire was reported at **Kenthurst**. Various RFS brigades from *Hornsby and Hills* were quickly dispatched to the impacted areas. They were supported by brigades from *Cumberland, MacArthur, Warringah and the Blue Mountains* areas.

Under the conditions it was clear that the fires could not be contained, so the priorities were to preserve lives and properties. With this in mind a crew from **Glenorie RFS** arrived at a property but they were directly impacted by the head of the fire and were forced to retreat. **Driving through flames and dense smoke, the vision was very poor, causing their vehicle to crash into the side of a house that was already on fire.** The driver and crew were trapped inside the truck, as flames surrounded them.

Other crew members arrived and made their way towards the crashed truck. *On their way they encountered two ladies who were escaping the burning house just before the garage collapsed.* All crew and the two women crammed into an RFS four-wheel drive car and made a brisk escape, *back through the fire.*

Old Northern Road was being impacted by fire, with local residents and motorists surrounded by fire.

At one point 15 civilians, including young children and injured fire fighters were forced to take refuge in a brick house as the fire front approached; fire crews remained outside to protect the house.

The Maroota fire raged towards Arcadia, Berrilee and Berowra Waters. RFS Crews went from property to property attempting to manage the fire around buildings and protect lives.

Eventually, after several days, the Lower Portland Fire, Maroota and Kenthurst fires would all combine into one blaze.

Around 40 homes were destroyed on the first day of the fires alone. 2 Civilian deaths were recorded, including a 72-year-old man who died of a heart attack as the fires raged near his home. *He was found by his neighbours, slumped over the wheel of his tractor on his property on Cattai Ridge Road, Glenorie.*

Later a second man was found dead in his caravan near Maroota. He was 81 years of age.

On the afternoon of Thursday 5th December 2002, the fire started to spot across Berowra Creek and made a run towards Cowan. Later that evening another spot fire impacted **Berowra and Berowra Heights.** While this was happening, several houses were destroyed at **Berrilee.**

Residents near bushland areas in Berowra were on standby, waiting for the fire to approach. As requested by the RFS, many residents whose houses faced onto bushland took the day off work to prepare and help protect their properties. **In addition, local schools were closed. Residents were on roofs hosing them down, clearing gutters and packing their cars.** They could see the fire on the ridges in the nearby national park and feared that late in the afternoon, when winds were expected to pick up, that they would be in the fire line.

The extreme danger from the approaching bushfire forced the closure of both the F3 Freeway and the Pacific Highway. In addition, the railway network north of Hornsby was closed.

Glendale Road, just south of Cowan, was the first area to be impacted. A macropod research centre located on the former Glendale farm site had prepared well. The station researches the behaviour of kangaroos and wallabies and the 200 animals on the site were relocated to the largest enclosure, so they had the best chance of escaping burning areas. *Staff took shelter in the building on the property but had to flee outside as the corner of the house kept catching fire.*

When the fire front passed, they found just one swamp wallaby perished and a NPWS firefighting truck destroyed. The main building was saved by a sprinkler system. Given the intensity of the fire it was remarkable the damage was minimal, and it was thought the **hazard reduction burn**, performed earlier in the year by NPWS, saved the research station from being destroyed.



Considerable support from the RFS and NSW Fire & Rescue were deployed to protect Brooklyn.

In Berowra Heights, on Thursday night, voluntary evacuations started at around 7.40pm. Residents in homes along **Turner Road and in Alston Drive** were up all night as they were repeatedly threatened with embers blowing in creating fires in bushland directly behind their houses and even in their gardens. From locations, such as **Barnetts Lookout**, groups of residents could only watch as flames slowly burnt down the bushland hills on the western side of **Berowra Creek** and, eventually, the fires crossed over to the Berowra side towards their homes.

Residents in Berowra Heights awoke on Friday morning to discover they were still in the firing line. **At the end of Turner Road, Coreen Close and Alston Drive residents felt the full impact of fire with flames licking houses.** The RFS successfully defended properties to ensure no houses were lost, *but not without a struggle.*

Later in the day conditions worsened with strong southerly winds fanning flames up the valleys to put Arcadia Crescent, and Barnetts Road under threat, and there were forced evacuations at Brooklyn.

In the Berowra and Brooklyn districts, *helitankers* repeatedly dropped water in residential areas that were under serious threat from the raging fires. As residents and firefighters desperately battled to save homes, sighting the **"Incredible Hulk"**, was a very welcome sight. *It helped save many homes throughout the day.* The Pacific Highway and railway remained closed, but the Freeway was reopened.

The weekend brought milder conditions and residents were encouraged to use the opportunity to prepare for far worse conditions on Monday. *Brooklyn was left without power, and the SES brought ice into the village by boat.* At Berowra containment lines were tested, but held.

Monday did not bring the feared catastrophic conditions. There was some fire activity at Berowra with residents of **The Gully Road and Warrina Street** subject to small blazes that were controlled.

Tuesday gave firefighters the respite they desperately needed with rain. This provided the opportunity to turn over smoldering debris to expose them to the downpour.

It was later said of the fires that threatened the Berowra, Cowan and Brooklyn areas, **"hundreds of houses would have been lost if it wasn't for the bravery of firefighters and residents, supported by the helitankers."** In the end, incredibly, no homes were destroyed in these areas.

Photos: Top - Ross Foster on Barnetts Road after defending his home in Dec. 2002. Above - *Elvis* flies over a house in Barnetts Road Berowra in Dec 2002.



ARE YOU BUSHFIRE READY?



A message from Matt Kean MP

PREPARE FOR THE BUSHFIRE DANGER PERIOD

The Greater Sydney Bushfire
Danger period commences on 1st October.

To prepare for this bushfire season I strongly encourage all residents, landowners and businesses to prioritise their bushfire preparedness.

We have been very lucky in the past 20 years to have had no major bushfires in Hornsby area, and after several very wet summers, I have noticed a concerning level of complacency amongst many in the community.

The Hornsby local government area is the Bushland Shire which we all love. However, because of this we will always be exposed to the risk of bushfire.

The upcoming summer will bring an escalated potential risk in our region due to **increasing bushfire fuel levels.**

To assist with protecting lives and property the RFS emphasise the need for residents to **PLAN AND PREPARE THEMSELVES AND THEIR PROPERTY** for the upcoming summer. To support these efforts, they are holding their annual state-wide 'Get Ready Weekend' on 16th and 17th September. This aims to provide the community with an opportunity to connect with their local brigades to discuss their specific bushfire risks. **The event underlines the significance of individual responsibility to create bushfire resilience.**

In addition to the Get Ready Weekend, many local RFS brigades are holding **STREET MEETINGS** that *connect long-time and new residents* with local firefighters.

These gatherings intend to facilitate detailed discussions about the risks, consequences and steps residents must take to prepare for the impact of bushfires.

Aimed at raising awareness and motivating early pre-emptive measures, these RFS events are designed to engage, inform and change behaviour in the community.

TO FIND OUT MORE about how you can prepare your family and property for bushfires, visit <https://www.rfs.nsw.gov.au/plan-and-prepare> FOR FURTHER DETAILS on the Get Ready Weekend, go to <https://www.facebook.com/nswrfs> OR CONTACT your local RFS brigade directly.

GET READY WEEKEND

MARK YOUR CALENDARS
for an event that could
make all the difference
this fire season!

HORNSBY HEIGHTS
RFS IS HOSTING ITS
ANNUAL GET READY
WEEKEND
16-17 SEPTEMBER.

Join us at Hornsby Heights RFS Station on Saturday 16 September 10-2pm for an exciting introduction to your local brigade, and to learn practical steps you can take now TO PROTECT YOURSELF AND YOUR FAMILY from the threat of bushfire.

Climb on-board a fire engine. Dress as a firefighter and feel the force of a fire hose. Enjoy the sausage sizzle. It'll be a fun and informative day for the whole family.

OUR FIREFIGHTERS WILL HELP YOU DEVELOP YOUR 5-MINUTE FIRE PLAN sharing valuable advice around fire safety, evacuation procedures, and property protection. From understanding fire behaviour to hands-on experience with some of our firefighting equipment, you'll gain the knowledge and confidence needed to safeguard your loved ones and home.



CAN'T JOIN US AT THE FIRE STATION?

Then visit our fire truck at Rofe Park, Sunday 17 September 9:30am-12:00pm.

Get Ready Weekend is a chance to connect with your community, share experiences, and collectively enhance our bushfire preparedness – **or talk to a firefighter about how you can become one too!**

LIVE BUSHFIRE READY. Follow Hornsby Heights Rural Fire Brigade on Facebook and Instagram.

HORNSBY HEIGHTS RFS IS LOCATED AT 143 GALSTON ROAD, HORNSBY HEIGHTS.



Thank you to the many residents who joined Berowra Rural Fire Brigade at our Street Meetings. We hope you walked away with a Bushfire Plan, and a moment spent at home putting pen to paper to complete YOUR BUSHFIRE PLAN. Berowra RFS.

GENERAL KNOWLEDGE CROSSWORD

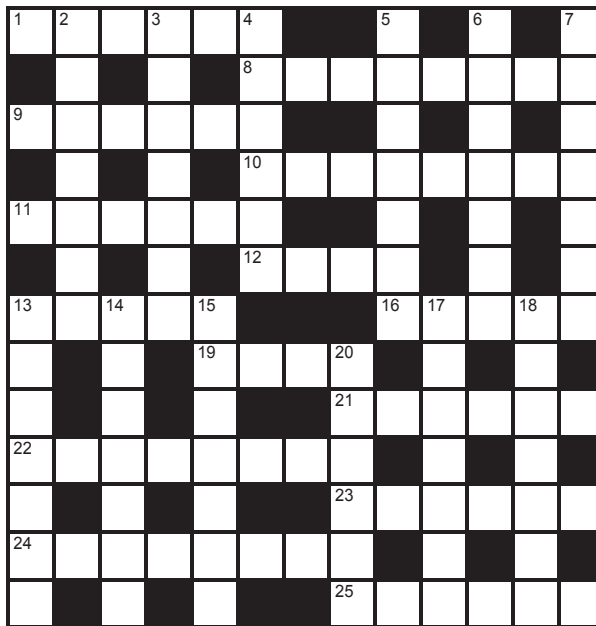
759

ACROSS

- 1 Name the extraneous radio noises, crackling etc, caused by atmospheric disturbances (6)
- 8 What is a cool faint star (3,5)
- 9 The mathematical equation ' $4/3 \pi r^3$ ' determines the volume of a what (6)
- 10 Which bitter crystalline alkaloid is obtained from coffee (8)
- 11 Name the garland of flowers left at a grave, etc (6)
- 12 The Norseman who discovered Greenland was known as ... the Red (4)
- 13 What, in classical mythology, is a woodland deity, part human and part goat (5)
- 16 What are pitchers with wide spouts (5)
- 19 Name a renowned US lawman and gunman, Wyatt ... (4)
- 21 What is a microscopic, one-celled animal (6)
- 22 Which term describes a continuance in time (8)
- 23 What are actors' undertones called (6)
- 24 What is the occlusion of a blood vessel known as (8)
- 25 Name a large merchant ship (6)

DOWN

- 2 Name the horse that won the 1955 Melbourne Cup (7)



- 3 Which term describes the treatment of disease, etc (7)
- 4 What is an area set aside for the minding of babies (6)
- 5 What is a large building of imposing appearance (7)
- 6 Which delicacy is made from the roe of sturgeon (7)
- 7 Which term designates items of personal property (7)
- 13 Upon which leather seats do jockeys sit (7)
- 14 To be near that place, is to be where (7)
- 15 To which animal kingdom does a turtle belong (7)
- 17 Cheyenne is the capital of which US State (7)
- 18 What is another term for erasers (7)
- 20 Name a particular kind of hat (6)

MINI WORD FIND

060

S W E A R W
M O M O A R
G U N R A H
U R B E S A
Y O T A I D
M I L D T D

Find the following words in the grid. They may be read in any direction, even diagonally. Some letters are used more than once.

Add	Guy	Oar	Son
Aid	Mild	Our	Swear
Ash	Mob	Raw	Tear
Bat	Mrs	Read	
Gun	Nor	Sit	

CURIO

060

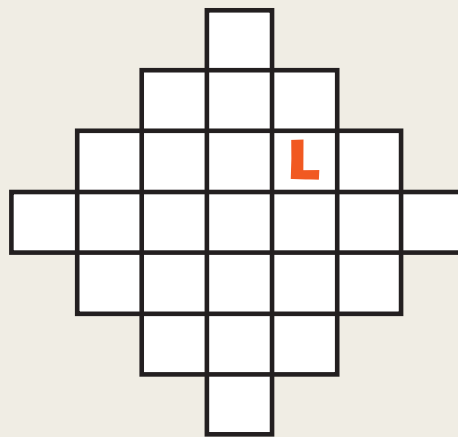
Nutella™ was invented during WWII, when hazelnuts were added to expensive chocolate to make it go further. Originally it was a solid paste in blocks and sliced to put on sandwiches, but kids kept tossing the bread and eating only the paste! So Nutella became a spread instead.

E-EQUATIONS

070

Letters A to Z have a number value. Some are shown in the right-hand cells. Create remaining values using clues in centre cells.

D	S+L	22
E	X×P	
K	X+D	26
L	K÷P	
P	X-P	
S	D-L	9
X	E÷P	



BIYWORD

060

Build it yourself using the clues and each of the twenty-four letters once only to form ten words: five across and five down. A key word (bold clue) builds on the letter set in the grid.

CLUES:

- Christmas carols (5)
Disabled Students Allowance (3)
Do-it-yourself (3)
Free from germs (7)
Having a dome (5)
Mixture of metals (5)
Not simple (7)
One of the poor: have-... (3)
Senior (abb) (3)
US mountain: Grand ... (5)

A E N S
A E N S
C E O T
C I O T
D L O X
D M P Y

SUDOKU

060

								9
7			8			2		
				7			8	3
	3					1		
	4	8		6				
			4		2			
		3			4	5		
4								
		2	1		8	9		6

QUICK THINK

060

Solve the crossword. Each answer has four letters.

ACROSS

- 1 Window frame
- 5 Urgent request
- 6 Word of regret
- 7 Fable

DOWN

- 1 Junk email
- 2 Supporter
- 3 Chair
- 4 Jumble

1	2	3	4
5			
6			
7			

SOLUTIONS

BIYWORD

Across: 1. Mixture of metals (5) - BRASS, 2. Not simple (7) - COMPLEX, 3. One of the poor: have-... (3) - HAVE, 4. Senior (abb) (3) - SEN, 5. US mountain: Grand ... (5) - GRAND.

QUICK THINK

Across: 1. Window frame - FRAME, 5. Urgent request - REQUEST, 6. Word of regret - REGRET, 7. Fable - FABLE.

SUDOKU

7 8 2 9 3 4 5 6 1

COMING SOON TO HORNSBY RSL CLUB



DAVID HOBSON MARINA PRIOR

MARINA PRIOR & DAVID HOBSON
FRIDAY 1ST SEPTEMBER | 8PM | TICKETS \$57

KU-RING-GAI MALE CHOIR PRESENTS

The *Joy* of song...



KU-RING-GI MALE CHOIR
SUNDAY 10TH SEPTEMBER | 2.30PM | TICKETS \$32

KILLER QUEEN EXPERIENCE



KILLER QUEEN EXPERIENCE
SATURDAY 16TH SEPTEMBER | 7.30PM | TICKETS \$47



PLAY SCHOOL LIVE IN CONCERT
TUESDAY 26TH SEPTEMBER | 10AM | TICKETS \$27



**RELAY
FOR
LIFE**

**20
23**

**4th & 5th
November**
ROFE PARK

**REGISTER
YOUR TEAM!**



 **HORNSBY RSL CLUB**

Visit www.hornsbyrsl.com.au or
phone 02 9477 7777 for full details

Advertised ticket price
includes \$2 booking fee

in our community...

RAY AND EVELYN CUNNINGHAM CELEBRATING 100 YEARS OF LIFE, AND 70 YEARS TOGETHER

Within the space of one week, local couple **Ray and Evelyn Cunningham** are about to celebrate two exceptional milestones – **Ray's 100th Birthday on 21 September, and the couple's 70th Wedding Anniversary on 28 September.**

Evelyn and Ray met in Evelyn's father's house in 1944 when Ray was home for further training based at Wagga after serving on the Kokoda Track. Ray was with the **14th Field Co. Engineers of the Australian Army's 9th Division**, while Evelyn was on holiday from university. *The pair didn't marry until 9 years later, in September 1953.*

"I was just so slow in asking her to marry me!"

Ray says.

A constant of their life and marriage has been their deep faith in God. While on the Kokoda track, Ray met a Papuan man who completely changed his perspective on Christianity.

"I vividly remember my friend and I speaking with a Papuan man while hiking along the Track. For him, faith in God wasn't about being a Christian – it was about carrying Christ within," Ray said.

"Those conversations with him changed my perspective on God and my life completely." After they married, Ray and Evelyn served with the **Borneo Evangelical Mission** in the East Malaysian State of Sarawak amongst 4 different tribal groups, each in their own language and culture. *In those early years, all travel was by river.* During their time in Borneo, Ray worked as an ordained Baptist minister, visiting the longhouses,

teaching a new way of life and translating the Scriptures. Evelyn, who had some training in Linguistics, was able to work out a scientifically accurate orthography for two of the unwritten languages. **With reading primers, the local children could then learn to read in 6 weeks.** Evelyn said, "Focusing on communicating in their heart language was crucial for them forming strong bonds with the people they met while in Borneo." *Both Evelyn and Ray could speak several tribal languages.*

"One of the most important things that I have learned in my life is that at the heart of every human problem is a problem of the human heart." Their two children, **Gwen and Kathy**, were born in Borneo. The birth of their first child was a particularly terrifying and ultimately memorable experience.

Evelyn recalls, "While I was waiting at our Mission base for the birth of our first child, Ray was visiting longhouses in the interior. He caught typhoid fever and nearly died."

"He had to be airlifted to the **Shell Co. Hospital in Brunei**, the only hospital in our area. I was then also taken to this hospital for the birth of our child and, thankfully, all the family ultimately emerged from the ordeal healthy and well."

Ray and Evelyn have lived in the local area since their return in 1991 and in Rowland Village in Galston for the last two decades.

When asked about the secret to their long



Julian Leeson MP congratulating Ray and Evelyn Cunningham on their milestone celebrations.

marriage and lives (Evelyn is only a few years younger than Ray), both Evelyn and Ray credited their deep faith in God.

"For us, marriage isn't according to whim. We believe in the covenant 'til death do us part,'" Ray says.

Evelyn adds, "Above all, we stick together and we support each other."

Eating simple, straight-forward meals is also one thing that both Ray and Evelyn credit to their long life, *although they do still love chocolate!*

Neither have ever been big drinkers. Evelyn says, "We learned early that freedom from grog means freedom from trouble."

Julian Leeson MP, the Federal Member for Berowra, recently visited Ray and Evelyn to congratulate them on these outstanding milestones.

"Meeting Ray and Evelyn was a genuinely moving experience for me," said Mr Leeson. "They are deeply humble people, despite having lived such an incredible life."

"Their commitment to their marriage, faith, and family is an inspiration to us all."

Almost 70 years since their wedding, and with his 100th Birthday fast approaching, Ray and Evelyn remain very much in love.

"I can't speak too highly of the girl that God gave me."



MARIAN ST THEATRE FOR YOUNG PEOPLE

TREASURE ISLAND

ADAPTED BY LES WINSPEAR



TICKETS



OCTOBER 4TH > 7TH
KU-RING-GAI TOWN HALL 10:30AM & 1PM FOR ALL AGES

Privately funded by



NSW GOVERNMENT



Ku-ring-gai Council



St Ives

SPECIAL MSTYP PERFORMANCE

Auslan Interpreted and Relaxed Performance

MARIAN ST THEATRE FOR YOUNG PEOPLE (MSTYP) is busy rehearsing for upcoming performances of **TREASURE ISLAND**, 4th – 7th October, at Ku-ring-gai Town Hall.

They are also preparing for an IMPORTANT AUSLAN INTERPRETED AND RELAXED PERFORMANCE on **Friday 6th October** at 10:30am. MSTYP is teaming up with **AUSLAN Stage Left** to provide sign interpretation for this performance. The theatre environment will also be relaxed whilst maintaining the creative integrity of the show. *Bright lighting and loud noises will be reduced, and noise and movement in the audience will be welcomed.*

MSTYP Director and Berowra resident, **Lee Johnston**, explains, "We believe every person in the local community should be able to get out and enjoy a live theatrical performance."

"RELAXED PERFORMANCES are for everyone, and are especially valued by **people living with autism, sensory sensitivities, Tourette's syndrome, learning disabilities or dementia, as well as people living with anxiety or people who have experienced trauma**," said Lee. **PERFORMANCE TIMES** are 10:30am and 1pm daily*, and tickets can be booked at mstyp.org.au

*Relaxed Performance: 10:30am, Fri 6th October.

CONGRATULATIONS TO ASQUITH BOYS' HIGH SCHOOL

NEWLY APPOINTED LEADERS FOR 2024

The new leaders of Asquith Boys' High School for 2024 have been announced and they are: School Captain - **Jayden Mark** (centre), Vice Captain - **Samuel Kingston** (left) and Senior Prefect - **Riley Heasman** (right).



CENTRAL COAST LAPIDARY, CRYSTAL, GEM & JEWELLERY SHOW

Exhibitors and sellers of crystals, gemstones, minerals, fossils, jewellery, beads and more.

DATES

Sat 14th Oct 2023

9am – 5pm

Sun 15th Oct 2023

9am – 4pm

VENUE

Mingara Events Centre

Wyong Road

Tumbi Umbi NSW

Club entry requirements may apply

Adults: \$5 entry fee | Children under 18: FREE

FOR MORE INFORMATION:

P: 02 4362 2246 | E: secretary@cclcinc.org
facebook.com/centralcoastlapidaryclub

PROUDLY
PRESENTED BY



CENTRAL COAST
LAPIDARY CLUB INC

LAPIDARY CLUB'S ANNIVERSARY ROCKS

SINCE ITS HUMBLE BEGINNINGS IN A CHOOK SHED IN NARARA HALF A CENTURY AGO, the **Central Coast Lapidary Club** has grown to be one of the Coast's real treasures.

This year the Club is celebrating its 60th anniversary.

Since the inaugural meeting at founding members **Charles and Margaret Pate's** home in Gosford in 1963, when around 25 people attended, the Club now has over 200 members and a permanent home in **Ourimbah**.

While the techniques and machines haven't evolved much, the Club now has lots more than it started out with, all located in Club headquarters which was built by Club members in 1978.

The Club also hosts an annual gem show. The event attracts thousands of Gem fans from far and wide. Projects include silverwork, enamelling, beading, faceting, bone carving, capping and wire wrapping. The club also runs regular trips that may include hunting for fossils and fossicking for gold and crystals.

THE CLUB IS ALWAYS WELCOMING NEW MEMBERS.

For more details, please call 4362 2246 or visit the Facebook page: Central Coast Lapidary Club.



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[KRYSTYNAJDESIGN.COM.AU](https://www.krystynajdesign.com.au)

Dear Bush Tele,

I remember an article in one of The Bush Tele's recently of where I can post knitted squares. It definitely wasn't *Knitted with Love*, but a more low-key organisation.

Is there a Bush Tele reader who can enlighten me please?

Sandra

(reply to info@thebushtele.com.au)

HORNSBY BRICK FAIR IS BACK!

After the successful 2022 Hornsby Shire Brick Fair the event is back again for 2023.

Add the date to your calendar SATURDAY 21ST OCTOBER 9:30am-5pm. Everyone is invited to Waitara Anglican Church located on the corner of Palmerston Rd and Burdett St Waitara, opposite the Hornsby Ku-ring-gai Hospital for a FUN DAY OF LEGO.

Come and meet some of Sydney's best Master Builders including some LEGO Masters from the hit TV series as well as Kids activities, Food, Drinks, Coffee and Cakes. What more could you ask for?

If you love LEGO, big or small, you'll love our show. All proceeds go towards Ronald McDonald House Charities and mission works.

Follow us on Facebook @hornsbyshirebrickshow for updates or visit www.waitaraanglican.com.au

HORNSBY SHIRE BRICK FAIR

Explore exhibits from some of Sydney's Master Builders!

- Displays of LEGO Bricks • Kids LEGO Competition •
- Food And Drinks • All Proceeds go to Charities •

Saturday 21st October 9:30am – 5pm
Waitara Anglican Church – 34 Palmerston rd, Waitara
\$7 per person • \$22 per family (4) • Children under 3 years FREE

Find us on @hornsbyshirebrickfair



ARE YOU A FORMER WIDEVIEW MUM?

Do join us for our next **Coffee Catch-Up** from 10.30am **Wednesday 18th October, 2023** at DARCIE'S CAFÉ at Berowra Marketplace, Shop 3/19-23 Turner Road Berowra Heights.

Please RSVP by Wednesday 4th October 2023 to Yollanda 0402 781 304 or Robyn 0408 849 213 or Jeanette 0412 144 820.



Turner Road Preschool

"The more that you read, the more things you will know. The more that you learn, the more places you'll go."

Dr. Seuss

TURNER ROAD PRESCHOOL

Turner Road Preschool is a *Reggio Emilia-inspired* early learning service, dedicated to providing a nurturing and enriching experience for children aged 3 to 5 years old.

Grounded in the esteemed Reggio Emilia approach, our philosophy empowers young learners to be curious explorers, critical thinkers, and enthusiastic creators.

Guided by a team of dedicated educators, we curate engaging projects and *hands-on experiences* tailored to each child's unique abilities and interests, igniting a lifelong love for learning from the very start.

At Turner Road Preschool, we celebrate the joy of discovery, the thrill of overcoming challenges, and the boundless possibilities that await our little explorers.

JOIN US as we embark on an inspiring journey of wonder, growth, and triumph.

ENQUIRE NOW to secure a 2024 position

www.turnerroadpreschool.com.au

NURTURE INSPIRE CHALLENGE EXPLORE

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ENROL FOR

2024

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www.turnerroadpreschool.com.au



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Early Learning Centres

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CHILDCARE FEATURE



LITTLE BLESSINGS...

At **Little Blessings Early Learning Centre Sarah's Place**, we believe all children should *"Learn. Share. Laugh. Grow"*. This is not just our motto but is at the very heart of our Centre.

We believe that each child can reach their highest potential by providing them with the opportunity to learn, share, laugh and grow at their own rate.

Our caring qualified educators help achieve this by creating warm and lasting relationships with the children and our families as well. This helps foster a strong community spirit as we work side by side for the benefit of our children. Not only do we have an exceptional preschool program but also age-appropriate programs for all ages from 0 to 6 years.

Set in a beautiful historical environment known as Sarah's Place, your child will feel as if they were in an extension of their home.

TAKING ENROLMENTS NOW FOR THE 2024 YEAR.

Please contact us on (02) 8070 8050 or email us at sp-enrol@littleblessingselc.com.au

**SARAH'S
PLACE**



**Taking
Enrolments
NOW**

**BE A PART OF OUR
SARAH'S PLACE
COMMUNITY IN
2024**

Contact us

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e: sp-enrol@littleblessingselc.com.au

24 William St Hornsby

www.littleblessingselc.com.au

LEARN | SHARE | LAUGH | GROW

Little Blessings



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Alphabet**

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Whether you're a school leaver or looking for a fresh start, join our preschool community, where your voice will speak into the lives of children.

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www.mtcolahalphabet.com.au

9476 1225

LOOKING FOR AN EARLY LEARNING CENTRE IN HORNSBY? LOOK NO FURTHER!

At **Thrive ELC - Hornsby**, we strive to make sure your children are happy, safe and secure.

Our qualified staff ensure that children are exploring and using their creative abilities to learn, laugh and grow. Our outdoor and indoor environments are aesthetically pleasing and aim to cater for creative minds and growing bodies.

Guided by the values and principles of the *Early Years Learning Framework*, we aim to create an exceptional place where children are *'learning for life'*.

We're open Monday to Friday, from 7am through to 6pm.

Meals are provided from our own catering facilities and, along with nappies and wipes, are included in our all-inclusive fees.

Visit our website: www.thrive.edu.au to book a tour and visit our centre. Alternatively, you can get in touch with **Belinda, our Centre Leader**, on (02) 8355 7771.

We look forward to welcoming you to Thrive ELC - Hornsby soon!



Thrive ELC

Three Bears Kindergarten

Limited places are available for commencement in January 2024.

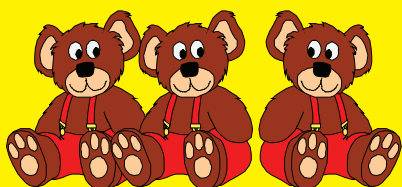
Please book now for one of these few places to avoid disappointment.

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We are very proud of our extensive outdoor area with large natural grass lawns shaded by mature trees. Here, there is plenty of space for both structured play and boundless free play.

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2023-24 Volunteer Grants are now open

Julian Leeser MP

Every community in Australia is built on volunteers and that our community has one of the most thriving groups of volunteers in the country.

People in our local area are exceptionally generous with their time and energy. *That is evident across the hundreds of local volunteer organisations in our area.* Those volunteers show up week in and week out to support the people, causes, and groups that they care about. Through those community organisations, local volunteers help to lift people up and bring people together.

Recently, I attended the **North Western Sydney Regional Volunteer of the Year Award** ceremony, where it was an honour to present the *Volunteer Group of the Year* and *Volunteer of the Year* awards. It was wonderful to see so many unsung heroes being recognised for all of their hard work and commitment to their community. I particularly want to acknowledge my constituents, the Young *Volunteer of the Year* **Jade Pinar** and the *Hills Relay for Life* committee, who were awarded Volunteer of the Year.

Applications for the 2023-24 Volunteer Grants are now open. Grants of up to \$5000 are available to eligible not-for-profit community organisations. The Grants are designed to support the important work of volunteers in our local community organisations.



I recently visited **St John Ambulance Hornsby Division** (pictured above at one of their community information stalls), one of the many fantastic organisations that have benefited from a Volunteer Grant. Previously, volunteers had needed to use generic backpacks to store their supplies. The grant has enabled them to upgrade to toughened, compartmentalised, purpose-built response kits. This simple change will help the volunteers to better serve our community and improve their experience in doing so.

If your organisation would like to apply for a grant, please contact my office via Julian.Leeser.MP@aph.gov.au

As your Federal Member, I am here to:

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.

JULIAN LEESER MP
LIBERAL FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 02 9980 1822
julian.leeser.mp@aph.gov.au julianleeser.com.au julianleesermp

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.

Matt Kean MP
Member for Hornsby

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Member for Wahoonga

How can I help you?

- Represent you in the NSW Parliament;
- Provide information on NSW Government services and policies; and
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Please do not hesitate to call my office.

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STORM SEASON IS APPROACHING

By Alister Henskens SC MP

Severe storms are the most damaging and expensive natural disaster in Australia with the associated dangerous winds, flash-flooding, and hail, as well as the frequency and likelihood to hit areas with high population density.

According to the Insurance Council of Australia, the 1999 Sydney hailstorm remains the second most expensive natural disaster in the nation, with insurance claims totalling \$5.5 billion, behind the February and March 2022 east coast flooding which cost more than \$5.65 billion.

The NSW State Emergency Service (SES) is the first to respond to storms, floods, and tsunami events as well as assisting in rescue efforts. We are fortunate to have both the Hornsby Unit and the Ku-ring-gai Unit locally.


Whilst I have frequently visited the Ku-ring-gai SES Unit, the Hornsby Unit based at Thornleigh is now within the Wahroonga Electorate after the redistribution. In a recent visit to the Hornsby Unit Headquarters, I was impressed by the comprehensive training that members undertake. This Unit has supported our local community since 1958 and currently has approximately 100 members, all of whom are volunteers. We are indebted to them and their willingness to share their expertise and time and it was a pleasure to have the opportunity to thank some of them personally.

Storm season runs from October to March so now is the best time for us to prepare. The SES recommends that we maintain our outdoor areas, including the clearing of gutters, trimming of trees, and maintaining of roofs, and that we make an emergency plan. Further details are available at www.ses.nsw.gov.au

Additionally, the HAZARDS NEAR ME APP is a great way to stay informed with warnings and advice about bush fires, hazard reduction activities, fire bans, and floods.




Photo: Alister Henskens SC MP visit at Hornsby Unit Headquarters with members of the SES.



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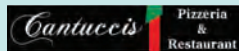
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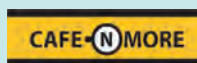
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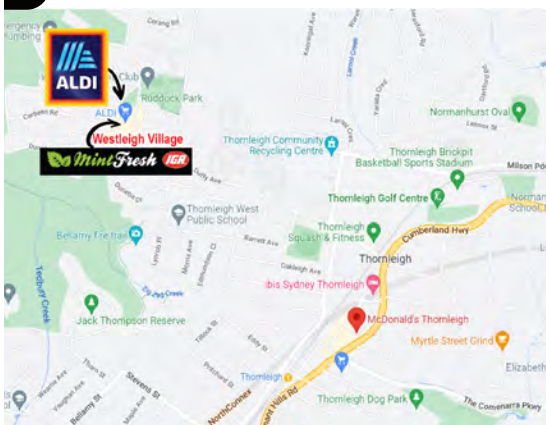
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WHAT'S ON AT WESTLEIGH SHOPPING VILLAGE

Tips for choosing the best quality fruit & veg at the lowest price!

It is without doubt that the choice of fruit and vegetables these days can be a bit tricky. At **Mint Fresh IGA** they hand select the best quality produce from Sydney Markets, then immediately transport it to their Mint Fresh IGA stores, so customers receive the freshest fruit and vegetables available at the best prices.

Compare Mint Fresh IGA produce to other major supermarkets: apples are deep coloured, shiny, crispy, juicy, tasty and lasting. Mandarins are in season and at Mint Fresh IGA they are hard, juicy and flavoursome, not spongy, small, and poor tasting. *Try one and taste the difference.*

In September Aussie mangoes will come into season. The best variety are **Kensington Pride** (KP) which are the best tasting and satisfying to eat.

Avocados can vary dramatically in quality: three things to look for are variety, flavour and size. The best variety are *Hass avocados*.

Don't buy small size avocados as you are paying mainly for seed; too large are not good either as the flavour is less intense and do not keep once cut. **Mint Fresh IGA provides medium size Hass avocados with great flavour.** Mint Fresh IGA has avocado on special in **September - 3 for \$2.**

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CHARITY FOOD DRIVE for THE DISH of ST JOHN'S

AT WESTLEIGH VILLAGE there is a FOOD DRIVE to collect donations of non-perishable food items and toiletries for The Dish of St Johns to feed to local homeless community.

DONATIONS can be made to 'The Dish of St John's Donation Table' located outside the Salvo Store in Westleigh Village 4-8 Eucalyptus Drive, Westleigh from WEDNESDAY 30TH AUGUST UNTIL WEDNESDAY 13TH SEPTEMBER

Some suggestions of non-perishable food items could be long life milk, baked beans/spaghetti, vegemite, honey, tuna, biscuits/crackers, small jars of coffee, soup, sugar and toiletries such as a tooth brush and paste, soap, sanitary pads or toilet paper.

THE DISH OF ST JOHN'S provides meals to up to 40 people two nights per week all year-round, while offering friendship from an accepting community. FIND OUT MORE <https://thedish.uca.org.au>



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*Mark Robinson is an Authorised Representative of RI Advice Group Pty Limited ABN 23 001 774 125, AFSL 238429. The information in this document is of a general nature only and neither represents nor is intended to be personal advice. RetireInvest suggests that no person should act specifically on the basis of the information in this document, but should obtain appropriate professional advice based on their own personal circumstances including personal financial advice from a licensed financial adviser.

www.rihornsby.com.au

A TRIBUTE TO ROBIN TIMMINS OAM

By Julian Leeser MP

Robin Timmins, who passed away recently, was a much-loved member of our conference.

She was a long-serving Secretary of the **Berowra FEC** as well as a long-serving Secretary of the Pennant Hills Branch. She held that role in the Branch for over 30 years. Later, Robin was President of the Dural-Oakhill Branch of our Party.

Robin loved our community and she loved to travel. She was a passionate member of the **Beecroft Garden Club**. She also served as President of the **Beecroft Probus Club**. Perhaps most of all, *Robin loved rugby.*

In an era when women's sport is making its mark in Australia, we should remember the ground breakers who made it possible. *Robin was such a ground-breaker in rugby.*

She was the first female rugby referee in Australia, and for many years was the Secretary of the NSW Rugby Referees Association. In that role, she organised referees to appear at competitive club games and State games at the highest level. Upon her retirement in 2016, *Robin was NSW Rugby's longest serving employee.*

She was a passionate and devoted fan of the **Eastwood Rugby Club**.

Anyone who would ring Robin would hear a message on her answering machine saying, *"This is Robin and the Tweetie Pies - go the Woodies!"*.

Robin was awarded an OAM in part for her Services to Rugby Union, but also for her long service to the Party.

No election campaign, no FEC meeting, and no event was complete without Robin's steadfast presence and good counsel.

Robin organised the regular lunches that the Dural-Oakhill Branch would hold at the Pennant Hills Bowling Club, or the afternoon teas and cocktail parties they would hold at the home of one of their members. She organised the heritage walking tours too. Robin was also somebody who would warmly encourage her friends to be involved in the Party.

She was a great supporter of Phillip Ruddock AO, Barry O'Farrell, Matt Kean MP and myself. We would see each other regularly at the Pennant



Hills shops and I would get her thoughts on the politics of the day. I always appreciated her counsel.

Robin was a proud and passionate Australian, and she expressed her love for our country by getting involved in our Party. We are first and foremost a volunteer party, and Robin was one of our truly great volunteers. Our community and party is richer because of Robin's long-term involvement. We are all the poorer for her passing.

Jonathan Sacks often said a community is where people know your name and miss you when you aren't there. We all knew Robin and we will miss her.

Vale Robin Timmins. May her memory be a blessing.

Photo above: Julian Leeser MP with Robin Timmins OAM.

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MOUNT KURING-GAI PUBLIC SCHOOL

Mount Kuring-Gai Public School packs a mighty punch when it comes to their netball teams.

In 2019 the school's junior girls' team made history, becoming the first team in any sport at the school to take out the Hornsby Zone School Sport Championships. While COVID put a temporary stop to the competition in the following years, it didn't hamper their momentum.

Both the junior and senior teams came out firing in 2022 to again mark a first for the school with both teams victorious in their Grand-final matches in the HZSS competition.

Although MKPS is a relatively small school, it offers many sporting opportunities to students in the Hornsby Zone competition, including Softball, T-Ball, League Tag, Soccer, Netball and Cricket.

The school's specialist Physical Education teacher, Mrs Carla Todd, is passionate about providing a wide range of opportunities for students to develop their movement and social skills in a fun and inclusive environment.

Sport is only one of the fantastic extra-curricular opportunities offered at MKPS. The school also offers band, creative arts, debating, Maths Olympiad to name a few.

MKPS also has an on-site OOSH and Vacation Care.



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from the Mayor's Desk

As we head into spring, it's great to see some warmer weather. While spring is a wonderful time to get out and enjoy the beauty of our Shire in bloom, it's also a good opportunity for us to start preparing for bushfires and other emergencies.

I encourage you to complete an emergency plan on the Red Cross Get Prepared app. It's a free, easy-to-use tool to help you prepare for any type of emergency. You can use it to establish a quick and easy network of support with three key contacts, review the risks relevant to where you live and create checklists. Watch a video and discover more at hornsby.nsw.gov.au/emergencies.

As I have shared before, we are committed to open and transparent communication and consultation with our community. Just over a year ago, we launched Your Say Hornsby on a new online engagement platform. In its first year, our community made 117,000 submissions about 67 projects. We thank those who have engaged with us on the new portal and encourage everyone get involved at hornsby.nsw.gov.au.

This month, we are launching a new quarterly publication, bringing you news of what's been happening across Hornsby Shire. From projects, services and initiatives to environmental news and useful tips and tricks, we hope you find it interesting and informative. Look out for it in your letterbox.

Last month, we said a fond farewell to much-respected Hornsby resident, Robin Timmins. Robin was a member of the Beecroft Garden Club, served as President of the Beecroft Probus Club and organised local heritage walking tours. A passionate supporter of rugby, Robin was an early trailblazer for women in sport. She was a ground breaker, being the first female referee in Australia, and was awarded an OAM for her services to the sport. I acknowledge her contribution to the community; she will be missed.

Philip Ruddock AO
Mayor, Hornsby Shire Council

What's on

THIS SPRING!

Enjoy the beauty of the Bushland Shire
hornsby.nsw.gov.au/lifestyle

WASTE WORKSHOPS

For details and bookings visit:
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Bicycle Repair Workshop

Saturday 16 September, 9am–2pm
Storey Park Community Centre

Chipping for Mulch Westleigh

Sunday 17 September, 7.30am–12.30pm
The Old Dog Pound, Westleigh

Compost and Worm Farm Workshop

Saturday 23 September, 10am–12pm
Thornleigh Community Recycling Centre

Reusable Sanitary Product and Nappy Rebate

Opens Monday 18 September

For details visit: hornsby.nsw.gov.au/waste



Saturday 30 September 10am–4pm

St Ives Village Green, Memorial Avenue, St Ives
Hands on educational stalls, speakers, electric vehicle displays and a draw to win \$1,500.

Jointly hosted with Ku-ring-gai Council

For more information visit
hornsby.nsw.gov.au/whatson



DEMENTIA ACTION WEEK Riverboat Postman Cruise

Tuesday 19 September, 10am–1pm

Free cruise with lunch provided for people with dementia and their carers.

Bookings essential, as spaces are limited.

hornsby.nsw.gov.au/whatson



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Byles Creek Planning Proposal and Development Control Plan amendments

Submissions close Friday 15 September

Planning Proposal

1 and 3 Johnson Road, Galston

Submissions close Monday 25 September

Kerb and gutter construction

Bolton Avenue, Mt Colah

Submissions close Friday 6 October

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Next Council meeting Wednesday 13 September, 6.30pm

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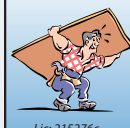
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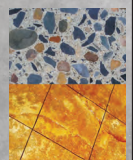
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