

the *Bush Tele*

JULY 2020 EDITION

inside

local news
seniors' living
just for kids
auto experts
home improvements
local history
business guide

Exceeding expectations

Francesca went above and beyond my expectations in ensuring the best possible outcome for us and I highly recommend her to anyone wishing to buy or sell a home. I believe Francesca and her team are simply the best! C Francis – Berowra Heights Vendor

McGrath

Francesca Parrino
0415 651 740
mcgrath.com.au



Photo: 'Somewhere in Brooklyn' Matt Barros



SOLD - THORNLEIGH



SOLD - MOONEY MOONEY



SOLD - BROOKLYN



SOLD - HORNSBY



SOLD - MOUNT COLAH



SOLD - HORNSBY HEIGHTS



SOLD - DANGAR ISLAND



SOLD - MOUNT COLAH



SOLD - BEROWRA

ALWAYS DELIVERING
EXCEPTIONAL RESULTS

THERE'S A DIFFERENCE
BETWEEN ORDINARY
AND BELLE



SOLD - MOUNT COLAH



SOLD - MOUNT COLAH



SOLD - ASQUITH



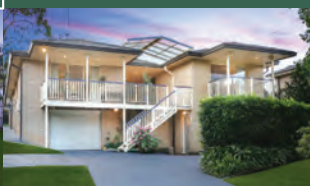
SOLD - HORNSBY



SOLD - HORNSBY HEIGHTS



SOLD - MOUNT COLAH



SOLD - HORNSBY



SOLD - HORNSBY



SOLD - HORNSBY



SOLD - MOUNT COLAH



SOLD - HORNSBY



SOLD - WAITARA



SOLD - MOUNT COLAH



SOLD - MOUNT KURING-GAI



SOLD - BROOKLYN

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PROPERTY

"Old" Hornsby Westside enters a New Era

With the unanimous decision of the **Sydney North Planning Panel** on 12 June 2020 to approve the controversial 'twin towers' development (*image right*) bordered by Peats Ferry Road, Dural Street and Hornsby Park, the original shopping precinct of Hornsby Westside enters a new, modern era.

The Development Application under consideration by the Sydney North Planning Panel was DA201/2018, 187-203 Peats Ferry Road and 2-6 Dural Street Hornsby mixed use development primarily comprised of residential units.

In coming to its decision, the Panel considered written submissions from the community expressing concerns over Height and Overshadowing, Traffic and Parking, Infrastructure and Strategic Planning, Heritage, Flora and Fauna, Noise, Construction Impacts and Bushfire.

The amended plans that were approved by the Panel are for a mixed use building comprising basement carparking for 311 cars (reduced from 362 cars) above which is a 1-3 storey podium for non-residential uses and two residential towers with heights above ground level of 62.2m and 38.3m (reduced from 77.m and 45.9m). The towers contain a total of 200 residential apartments (reduced from 231 apartments). The amended proposal now fully complies with the height of buildings development standard in the Hornsby Local Environment Plan 2013.

In securing the ongoing childcare use of the adjacent heritage building "Norwood" and associated areas, the Applicant has supplied a written confirmation of a willingness to accept a condition of consent requiring a covenant on the title of the subject land.

For those who value the origins of Hornsby, it is important to know that it was established in the 1800s on the traditional lands of the *Darug* and *Kuringgai* people. The Hornsby shops which established on the west



side of the railway station comprised the original retail precinct which also included the Hornsby Post Office, Hornsby Court House and Hornsby Shire Council Chambers.

The coming of the twin towered high rise on the historic Westside shopping precinct is the first of its kind, heralding a new era.

MEANWHILE ...

'OLD IBM SITE' APPROVED

Hornsby Shire Councillor **Janelle McIntosh** reports:

"The former IBM property at 55 Coonara Avenue, West Pennant Hills will now become a development site for 600 new homes."

Concerns have been raised over past years regarding the impact of this development on the natural environment of the *Cumberland State Forest*.

"This development has been objected to by thousands of local residents and the local authority - The Hills Shire Council - with the fight led by my colleague **Councillor Ryan Tracey**," said Cllr McIntosh.

"At Hornsby Council we have put our objections both to the Hills Council in the early stages, and more recently, directly to the Minister, arguing that this development should have been considered as part of overall planning for the area surrounding *Cherrybrook Railway station*, and taking into account the unique ecology of this site."

The development by Mirvac includes residential apartments and is part of stage two of the state government's 'fast-track' development scheme, therefore residents can expect more of this type of high density project emerging in the Sydney suburbs.



Protesters made their concerns known to government authorities over many years about the impact of the former 'IBM site' development on the surrounding Cumberland State Forest.

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JULY 2020 EDITION

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Galston, Brooklyn.

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IT'S STORYTIME !



- Hi Penny.

It's time for a story... EVERY TUESDAY AND THURSDAY on our **Hornsby Shire Libraries** FACEBOOK page.

Our *library divas* are having fun every week with different stories.

Tuesdays is our Bubs'n'Books day and **Thursdays** are our preschoolers' turn with Storytime... **both days at 10am.**

Come on and join us!

Photo above: Hornsby Shire Council staff 'play it up' for children's entertainment.

Berowra Dog Spa DIY DOG WASH

Grand Opening
Saturday 27th June at 10am

Give your fur baby a warm wash with our *veterinarian approved* FIDO'S shampoo, conditioner and flea & tick rinse. Finish with a warm blow dry and your fur baby will be looking, smelling and feeling great! Starting at \$10 for 10 minutes, coins and card accepted. **BEROWRA DOG SPA** is located at the rear of Wilks Cuts Barbers, Cnr of Berowra Waters Rd & Alan Rd Berowra Heights. **Come and see for yourself how easy it is to use!**



DEADLINE for
the next BUSH TELE is
**MONDAY 20th
JULY 2020**

for the August Edition

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Mt Kuring-Gai and District Probus Inc celebrates 1st Anniversary



Mt-Kuring-Gai and District Probus Inc recently celebrated its First Anniversary with a well-attended lunch at Pennant Hills Bowling Club. Established in March 2019 with the sponsorship of Rotary Berowra and 23 foundation members, the mixed Club has grown to 40+ enthusiastic members who enjoy monthly meetings with interesting guest speakers as well as participating in regular outings and activities. Meetings are held at 10.00 am on the 2nd Tuesday of each month at Mount Colah Uniting Church. Although meetings and activities are currently suspended, the Club looks forward to the time when we can again come together in fun, friendship and fellowship. In place of personal interaction, we now have our website mkgdprobus.org.au keeping us in touch with each other.

For further information or new membership enquiries please contact Jan on 0410 467 447.

Photo above: Jan Childs, representing Rotary Berowra, presenting the one-year Anniversary Certificate to President, Kathryn Miranda.



Green Shoots of Activity

As we move into the second half of 2020, we are starting to see some light at the end of the COVID19 tunnel in Australia.

We have weathered the health crisis better than most countries, with many restrictions now easing across our states and territories. *It is encouraging to see workers returning to their offices, businesses re-opening and children back at school.*

While community transmission rates for the coronavirus remain close to zero, the economic aftermath is unfolding around us and the "next normal" is yet to be clearly defined. *There are more challenges to come, and with them, there are also opportunities.*

For the property market we expect to see the impacts of the pandemic for some time. However there are indications of **green shoots of activity** as businesses, home buyers and households start to see a path forward and confidence and activity slowly begins to return.

Buyer numbers at our open homes have significantly increased over the past few weeks and while buyers are taking their time to purchase, they are positive and excited in taking the next step in their property journey. Sellers are also starting to think about moving now that restrictions have eased but we are still seeing a significant shortage of stock of approximately 20% less than this time last year.

For more information on buying or selling in the current market call Karen Hardy on 0405 759 556.

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GREAT NEWS FROM BEROWRA BUSHRUNNERS

The Berowra Bushrunners are back!

Fantastic to see everyone out on the trails during the COVID lockdown ... Great News! Now you can put all that training to good use.

Sunday 5th July will be our first road Handicap run 5k or 10k option Berowra Bushrunners is a family orientated running club welcoming all ages and abilities to join in on a local trail or the road handicap. Runs are held every Sunday morning at 7.15am

Runners and Joggers of all ages and abilities are welcome. Run with us on a casual basis or join our club and discover why we are the friendliest club in Sydney.

Contact bek@berowrabushrunners.com to find out more.

**BEROWRA
BUSHRUNNERS**

SHIRE POOLS & STADIUM TO RE-OPEN

Those people in the community who are regular users of the shire's aquatic centres will be pleased to hear this news!

With the easing of restrictions from NSW Government, Hornsby Council is happy to confirm that Hornsby Aquatic and Leisure Centre (HALC), Galston Aquatic and Leisure Centre (GALC) and Thornleigh Brickpit Stadium will open Monday, 6 July 2020.

- **Hornsby ALC** (photo right) will be open for lap swimming, lane hire agreements and gym use.
- **Galston ALC** will be open for lap swimming, lane hire agreements, gym use and Junior and Senior squads.
- **Thornleigh Brickpit** will resume normal operations and bookings under NSW Government COVID-19 restrictions.
- **Learn to Swim** and the re-introduction of our **Aqua/Group Fitness** programs are expected to resume Monday 20 July.

As NSW Government is constantly reviewing and updating restrictions, there will be further details on how many patrons are able to use the amenities.

For more information, please see: <https://www.hornsby.nsw.gov.au/lifestyle/sports-and-recreation/swimming>

MY LIVING LEGALS

In 1789, Benjamin Franklin wrote *"In this world nothing can be said to be certain, except death and taxes"*. Sadly this is still true today and life is even more complex!

If you pass away without writing a Will, then at such a difficult time you might be making things more complicated for your loved ones. In order for your property to be distributed, someone will have to apply to the Supreme Court for Letters of Administration for your estate and your property may be distributed according to the law not your wishes.

A Will is not a complex document but it must be prepared according to the **Succession Act**. For example, if a person named in your Will to receive your property also witnesses your Will, they are not able to receive that property without an application to the Supreme Court. In order to have your Will prepared correctly, you should seek the advice of a solicitor.

For more info contact: Laurence Hibbert. 0478 979 123
<http://www.mylivinglegals.com.au/>

Do you have your Essential Legal Documents?

- ☒ Will - couple or single
- ☒ Enduring Guardianship
- ☒ Enduring Power of Attorney
- ☒ Living Will - your choices

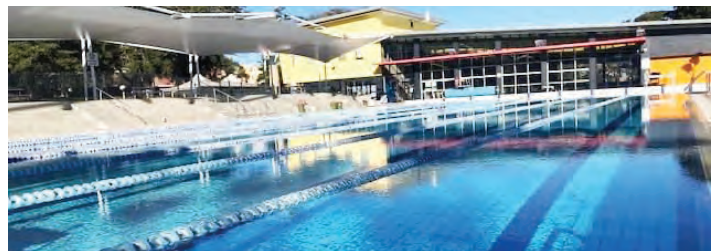
Have a local solicitor prepare them for you at your home.

My Living Legals

Call Laurence: 0478 979123 any time!

Email: laurence@mylivinglegals.com.au

See details: www.mylivinglegals.com.au





As your Federal Member, I am here to:

- Assist with accessing Federal Government services
- Attend your local community event
- Arrange congratulatory messages

Please contact my office if I can be of assistance.

JULIAN LEESER MP
FEDERAL MEMBER FOR BEROWRA

Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 02 9980 1822
julian.leeser.mp@aph.gov.au julianleeser.com.au [julianleesermp](https://www.facebook.com/julianleesermp)

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.



Matt Kean MP
Member for Hornsby
Minister for Energy and Environment

Keen to Help you by

- Representing you in the NSW Parliament
- Assisting you to access State services
- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising State achievements

For COVID-19 updates visit
www.nsw.gov.au/covid-19

Contact Matt (02) 9476 3411 @ hornsby@parliament.nsw.gov.au
 PO Box 1687, Hornsby Westfield NSW 1635
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FLASH SALE

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basins, vanities, toilet suites.

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Up to **50%** off display items.

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Grab a bargain while
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*Sale ends June 27.

KRYSTYNA J. DESIGN

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9476 1825

53,000 REASONS TO RECYCLE THOSE STAMPS!

The Australian Chapter of **LCI Stamp Club** has just completed a record 12 months when they sold in excess of 400 kilos of stamps to raise a record \$53000 to be used solely to purchase walking frames for children born with cerebral palsy.

Every stamp donated was sold and every cent was passed on to the

Australian Lions Children's Mobility Foundation.

WE WANT YOUR STAMPS!

This project has been running since 2004 and has donated almost \$200,000 to the foundation. As club secretary **Ross Paine** says, "We are always seeking donations of philatelic material to sort and sell. The stamps will then be sorted into saleable lots for the auctions."

If you or your club would like to contribute, please contact Ross at rosspaine@bigpond.com or phone 0419 449 881 or contact Ted Henebery LIONS CLUB OF HORNSBY, at ted@henebery.com phone 0414 806 840. Post: P.O. BOX 3240 ASQUITH 2077

We also have a drop off point in Mt Colah; please ring to organise.



Photo: Social distancing. Lions International Stamp Club President Ted Henebery (with tongs) handing over cheque to ALCMF Chairman Danny Richardson (with tongs) watched by foundation Treasurer Ken Nimmo & N5 District Chairman Greg English. *Story: Hornsby Lion Ted Henebery*

BEROWRA RSL SUB-BRANCH SWIM CLUB ONLINE PRESENTATION DAY

Nothing was going to stop the Berowra RSL Sub-Branch Swimming Club from celebrating their 50th year— even if it was via zoom.

On Sunday 14 June, club members and their families logged on at home for the virtual presentation day. **2020 Club President Martin Stephen** hosted the event from his home which was set up with the trophy table and photographs of the members from many of the Sunday morning swim meets throughout the season.

Although the **120+ members** of the club would have loved to have met in person for the presentation, the zoom was a huge success where the children were recognised for their efforts and improvement. **Erin Donnelly** was the recipient of the **Jim and Roberta Hughes Award** which was announced by **Councillor Nathan Tilbury**.

To make the event complete, Martin visited all the award recipients homes that evening to present them with their prizes in person.

Photos right: Kalani, Hayley & Indiana Livy of Berowra Heights with their awards



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Seniors' Living, Health & Lifestyle

**Remaining independent
at home as you age**

HOME CARE PACKAGES

Home Care Packages have been around in various forms for over 20 years. They are a Federal Government subsidy that can be used by older people to pay for help, support and services that allows them to stay living independently in their own community. People prefer to stay in their own homes as long as possible as they age, and supporting them to do so is the future of aged care.

The first step is to **register online** or over the phone with **My Aged Care** - <https://www.myagedcare.gov.au>. Once that happens, it can

take from **6 to 12 weeks** to get assessed. If it is an emergency it can happen within a week, for example if you have just been discharged from hospital.

A Home Care Package is also tailored to each individual's needs.

You can use **Home Care Package** money to pay for services that YOU choose. Support falls into categories from **nursing to domestic assistance, social support, home modifications or assistive technology** to make getting around your house safer and easier. It's up to each person

to talk with their provider to put together a package of support that best suits them, within the budget provided. A good provider, like **Your Side**, will help someone work out what services will work best and review the mix regularly.

"I have a Level 2 Home Care Package. I have a cleaner, medical help, and my carer Deb goes shopping with me.



She's lovely and we've become friends. She spoils me!" says 87 year-old **Gloria**.

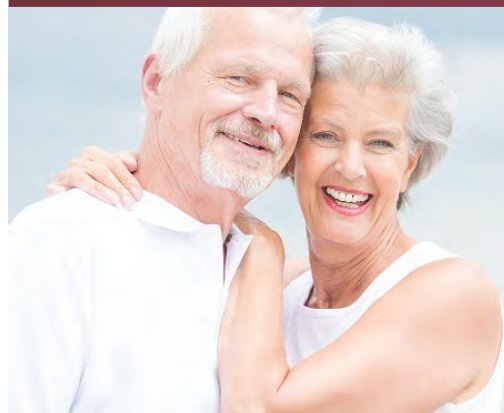
Contact **Your Side** today on email at hcp@yourside.org.au or via phone on **1300 134 332**.
Photographer: Bec Lewis

The Compassionate Collective

Elisabeth Anne Stofka Counsellor, PACFA

I am a counsellor with experience offering support and guidance for people experiencing depression, anxiety, mood disorders and those looking to make a positive change in their lives. Offering a holistic and integrated approach to mental health. Client confidentiality is priority.

Contact: 0424 244 505 ~ elisabethstofka@gmail.com



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Active Living, Health & Lifestyle

DEMENTIA FRIENDLY HORNSBY UPDATE

Hornsby Shire Council is working in partnership with the Northern Sydney Dementia Collaborative towards becoming a dementia friendly community.

Hornsby Council recognises that we have an ageing community – with a statistically higher population than the Sydney average in every age category over 40 years of age. Many of our older population is living with, or caring for

someone, with dementia. Back in 2018, Council unanimously supported my motion and resolved to undertake steps to become a **Dementia Friendly Community**.

The *Vision* is to support people living with dementia to live a life with meaning, purpose and value. Council will achieve this by increasing community awareness, providing education, sharing information, reducing stigma and increasing social inclusion for people who have dementia. **New pages have now been added to the website with a wealth of information, resources and local group contacts.** Here you'll find links to support services including local **Dementia Cafes** and activity groups along with online activities.

You can access this information here: <https://www.hornsby.nsw.gov.au/community/services/seniors/dementia-supporting-people-living-with-dementia-and-their-carers>
Story: Cllr Janelle McIntosh
E: jmcintosh@hornsby.nsw.gov.au

RESOURCES FOR A DEMENTIA-FRIENDLY HORNSBY



<https://www.hornsby.nsw.gov.au/community/services/seniors/dementia-supporting-people-living-with-dementia-and-their-carers>

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WINTER SKIN CARE



Alexandra Torrens,
Pharmacist at
Hornsby Heights

The onset of Winter can wreak havoc on our skin.

Many people experience dry skin and cracked lips and for those who suffer from eczema and dermatitis, severe flare ups may occur during the colder months. We have seen a lot of people with dry hands lately due to all the (necessary) hand washing we have been doing.

Skin is stripped of its natural moisture by wind, heating and low humidity. When the skin becomes dry, the lipids (fats) that help stick skin cells together and prevent water loss are lost and the skin's barrier becomes less effective as it loses some of its natural protective moisturisers. *Dry skin can feel itchy and uncomfortable.*

Here are some tips to help preserve your skin's moisture this Winter:

- **Use gentle cleansing products** that are not harsh on the skin (soap-free gels or lipid-rich oils)
- **If using hand sanitiser**, try one formulated for dry skin which contains emollients/moisturisers.
- **Choose a good moisturiser** which is lipid-rich and also contains ingredients such as glycerin which trap moisture in the skin and keep it there.
- **Use lukewarm rather than hot water** for baths, showers & hand washing.
- **Stay well hydrated**
- **Don't forget the sunscreen.** Look for a broad spectrum, SPF 50+ formulation. Winter sun can still damage your skin.

For advice on protecting your skin, or for a FREE sample of effective dry skin products contact Hornsby Heights Pharmacy 9987 4777.

EyeQ OPTOMETRISTS
David Hendry

APPOINTMENTS NOW AVAILABLE*
(*waiting list applies)

OUR PRACTICE CORONAVIRUS PROCEDURES

To enable social distancing and keep staff and patients safe, we have amended our procedures for entering the practice:

1. Infra-red Temperature checks at the door
 2. Hand sanitising on arrival
 3. Masks and gloves for patients in test room
 4. Eye tests shorter than normal to minimise face time in enclosed space
 5. Telemedicine consultation prior to practice visit
 6. Constant cleaning of exposed surfaces by staff
 7. Gloves and masks for optometrists
 8. Only one test room in operation at a time
 9. Appointments spread over longer opening hours from 8am to 6pm Mon - Wed; 9am - 9pm Thurs; 9am - 6pm Friday; 9am - 5pm Saturday.
 10. Spectacle frames sanitised after being worn
- Eye examinations by appointment only, but emergency visits are available every day.**

Phone 9456 1545

1A Turner Road Berowra Heights



Seniors' Living, Health & Lifestyle

Time to get together

New friendships and new adventures await when you move to McQuoin Park.



The retirement living village – under construction in beautiful Wahroonga – boasts shared spaces designed to bring people together.

"Now we can start getting together again, residents will be able to meet with a community of like-minded people and take the time to get to know one another," says Sales Manager, **Jenny Thomas**.

"You can be as active and social as you want. Meet up for book clubs, join a yoga class, go out with other residents or enjoy a variety of social activities."

McQuoin Park's communal areas include a residents' lounge, billiards and games room, community room and kitchen for social events, library and cinema. A wellness hub with a fully equipped gym and indoor pool will make it easy to stay active.

"Living amongst like-minded others with similar interests makes perfect sense," says Jenny.

Call Jenny or Caroline on 1300 221 and be the first to tour a completed McQuoin Park apartment today.

Seniors' Exercise classes at DMP

The team at DMP are getting extremely excited anticipating the return of our much-loved SENIORS' CLASSES.

They will be transitioning to an in-clinic format, from the recent COVID modified online format. While we have loved how the technology was embraced by many, there is nothing like the buzz you get from face to face interaction and the atmosphere of a vibrant exercise class

Why join a DMP seniors' class?

- Increase energy levels and decrease fatigue and lethargy
- Improve balance and mobility
- Manage and improve outcomes of many chronic diseases
- Falls prevention and prevent progression of osteoporosis
- Manage and improve pain including from osteoarthritis
- Improve and manage symptoms and side effects of chronic diseases and/or their treatment (eg Chemotherapy)
- Increased strength and aerobic conditioning
- Manage mental health and improve general wellbeing
- Meet new people and have fun

The sessions are 50 minutes and run by Accredited Exercise Physiologist **Deb Eveniss** whose motto for life is "movement is medicine".

The classes are suitable for all abilities and safe for all to attend.

You will be surprised and what your body can do.

Asquith 9477 1997 Berowra 9456 3322 Galston 9653 3123
www.dmpphysio.com.au



Live a holiday lifestyle without leaving home

McQuoin Park offers stunning yet relaxed retirement living on the upper north shore. Move in and enjoy superb facilities, fun activities, a fabulous social life and all kinds of recreational pursuits. Unwind by the indoor pool, drop into the gym, play billiards, catch a movie in the 42 seat cinema or take up a new hobby. Meet friends at the residents' bar or share a meal in the dining room. And every time you walk into your beautiful new apartment with Miele appliances and gorgeous finishes, that holiday feeling is brought home.

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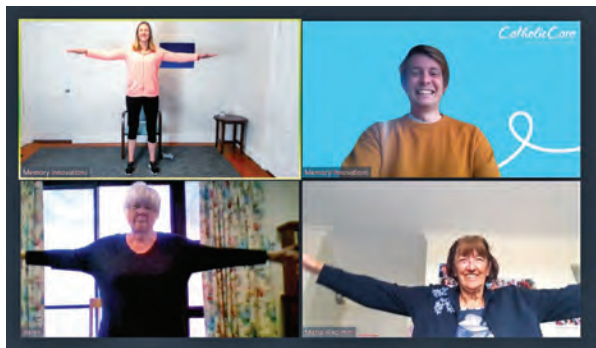
 catholic healthcare



Seniors' Living, Health & Lifestyle

MEMORY INNOVATIONS CENTRE

KEEPING SENIORS CONNECTED DURING COVID-19 & BEYOND



CatholicCare's Memory Innovations Centre located in Waitara aims to improve quality of life, wellbeing and support cognition for older Australians through the use of technology and creative activities – **all focused on having fun and connecting with others!**

We have now reopened following the lockdown period and are running workshops again in centre. We will also continue to offer online workshops catering to all technology skill levels - including both video and phone-in options. *All our programs are run by experienced professionals.* We offer a range of programs from **dance and art classes to exercise, cooking and cognitive training** - all designed to stimulate the mind and body and keep our seniors engaged. We are also providing **nutrition tips for seniors, recipe cards, art making tips** and much more!

Our programs continue to grow in popularity and we would love to support more seniors. Geography is not an issue with our online program - **anyone can join** - it doesn't matter where you live!

You can also now visit us in centre again for a FREE TRIAL SESSION.

For more information call Jessica on (02) 9481 2659 or visit www.catholiccareddb.org.au/mic.

PENNANT HILLS COLLEGE FOR SENIORS ...

FOR FUN, FRIENDSHIP & VERY LEISURELY LEARNING

You are invited ...



WHERE? at the Pennant Hills site of Beecroft-Pennant Hills Uniting Church, corner of Boundary Road and Bellamy Street, Pennant Hills.

Ample parking available!

WHEN? Registration on **SECOND** Friday after groups of **80 plus** are permitted to re-open (possibly mid-to-late July)

SUBSCRIPTION: \$10.00 only (For the rest of Term 3 & for as many groups you wish to attend).

ACTIVITIES? At 9.30 a.m. **Cards** (500) for Learners & Players; **Bridge** (for Learners & Players); **Carpet Bowls**; **Current Affairs**.

At 10.30 a.m. FREE Morning Tea and time for a chat.

At 10.50 a.m. **Australian History**; **Cards** (500) players; **Carpet Bowls**.

At 12.30 p.m. **Art**; **Music Appreciation**.

Contact: Email leisure-learning@bphuniting.org or Ph: 9875 3436.

Concerned about your memory?

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& ONLINE
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**SESSIONS
FROM \$5**

HONOURING YOUR LOVED ONES

During these changing times, **Creightons Funeral Service** are here for you as they have been for over 170 years.

Creightons, located in the heart of Pymble on the Pacific Highway, continually remain vigilant in supporting the emotional health and wellbeing of the community. They have adapted their services using the latest technology, including the option of live-streaming at certain venues, to ensure everyone's loved ones are honoured as restrictions continue to be eased.

"Our team are always on standby to help, especially in these uncertain times. We offer 24/7 phone support, as well as traditional face-to-face appointments to discuss our affordable prepaid funeral plans."— **Lyn Parkes**, Community Liaison Manager of **Creightons Funeral Service**. Creightons are proud to be helping the community in Sydney and the Central Coast from their Pymble and Palmdale Memorial Park location. **For Bush Telegraph readers**, Creightons Funeral Service would like to offer a 10% discount off professional fees for **prepaid funeral plans** when mentioning this advert. **Contact Creightons today on (02) 9488 9265.** Creightons will be holding an open day late September at Palmdale Memorial Park with speakers, events and refreshments. Stay tuned for more information soon. **www.creightonsfuneralservice.com.au**



Ageing Wisely

HAVE YOU lost interest in things you used to enjoy?

DO YOU frequently feel anxious or flat?

ARE YOU worried about health, family or finances?

Macquarie University has a free psychological treatment program for older adults who experience symptoms of anxiety, worry or low mood. You can complete this program via the internet, telephone or face to face.

FOR MORE INFORMATION

T: (02) 9850 8715

E: STOP@mq.edu.au

tiny.cc/STOP-Study



MACQUARIE
University
SYDNEY • AUSTRALIA

There are lots of unhelpful myths about older people's mental wellbeing. A common myth is that it is normal for older people to be grumpy, down or nervy. **Instead, research shows older people in general experience better mental health despite age related challenges such as health issues or living alone.**

This better wellbeing is partly due to changes in the way people deal with difficulties as they age.

The truth is that 1 in 10 older adults don't have good mental wellbeing. They experience flatness, lack of motivation, fatigue, significant worry or concerns about multiple things. Often these symptoms are dismissed and ignored; however, untreated symptoms are not only unpleasant but also increase risk for worsening cognition, physical and mental health.

Over the past 10 years, our team at **Macquarie University** has developed effective psychological interventions to improve mental health in older adults.

We are currently offering **free psychological treatment** via the internet, over the telephone or face-to-face as part of a large research trial.

More information is available at www.tiny.cc/STOP-Study or via **02 9850 8715** or STOP@mq.edu.au

By Professor Viviana Wuthrich,

Centre for Ageing, Cognition, and Wellbeing, Macquarie University



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*Prices subject to change. Image is for illustrative purposes only. Correct as at June 2020. J005057B

JULY 2020 EDITION



Seniors' Living, Health & Lifestyle

PRESERVING MEMORIES ON FILM AND VIDEOTAPE

Do you have treasured memories captured on slides, movie film or videotape, but can't view them anymore?

Video tape and film has a typical life of 10-15 years in favorable conditions before deterioration starts.

In Sydney's humid climate, and especially since the 2018 hailstorm, moisture related damage to film and videotape is increasingly common.

Most VHS and Beta tape is now beyond its expected life, and even digital videotapes are affected.

Fortunately it's not too late, if you act now to preserve your memories for the future.

Damaged film and tape can be repaired and restored, and digital copies made on DVD or memory stick for viewing through your television or computer.

FilmScan, located at Berowra Heights, offers a professional service to help you recover, preserve and enjoy those memories for generations to come.

For information call **Steve and Karen** at FilmScan, in Berowra Heights or visit our website:

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Authorised Representative
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Your first discussion comes at no cost, so if you feel now is the time to take some of the worry out of your life, please call RetireInvest Hornsby on 02 9477 3340 or Castle Hill on 02 9680 8153.

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www.rihornsby.com.au

ARE YOU AN INDEPENDENT RETIREE?

The **Sydney Hills District Branch of the Association of Independent Retirees** Committee has been working to bring ZOOM MEETINGS to its members in an effort to **stay connected** and **encourage new members** during the current Coronavirus and Financial Crisis.

The next Monthly Meeting will be held on **Friday 3rd July, 2020** at **10.45am**.

The Guest Speaker will be **Sharon Clifford** whose Presentation will cover their "**Honey Farm and how the Bush Fires Impacted Kangaroo Island**".

Sharon will be presenting via ZOOM from Kangaroo Island!

Enquiries:

Mal Steel: airsydneyhills@gmail.com

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Contact Home Instead Senior Care Sydney Hornsby & Hills District to find out more.

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In our Community ...

BIRTH ANNOUNCEMENT Toby Hunter East



Amber, Michael and Arlo are thrilled to announce the arrival of the newest member of their family, **Toby Hunter East**, born 13 weeks early on Saturday 9th May 2020.

A strong little man who is progressing well in the NICU at RNSH.
Grandparents are looking forward to cuddles.

11 YEAR MEMORIAM GRAHAM JORDISON, "GRUBBER"



30/01/1928 – 01/06/2009

We thought of you with love today
But that is nothing new

We thought about you yesterday
And days before that, too.

We think of you in silence
We often speak your name

All we have are memories & your picture
in a frame.

Your memory is our keepsake
With which we'll never part
God has you in his keeping
We have you in our heart.

From your loving wife Muriel & family

*Sister
Perrott*

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30 YEARS
EXPERIENCE



**In Memory
Gayle Barker**
In loving memory of
Gayle Barker (nee Connors)
who passed away Wednesday
17th June 2020.
*Greatly loved and now missed
by her family and friends.*

FERRY ARTISTS EXHIBITION AT WISEMANS FERRY AN INVITATION

The Ferry Artists are celebrating the return to "new normal" with their upcoming exhibition "Rejuvenate" on **Saturday July 25th 4-6pm.**

Please join us at the Gallery in Wisemans Ferry to feast your eyes on what our artists have been creating during the last 6 months of fire, flood and pandemic! *We do ask you to observe social distancing and hygiene protocols in our gallery, to maintain the health and safety of our valued customers and members. We look forward to welcoming you to our not for profit community gallery.*

Please join us to celebrate our return to normal with our new exhibition

Rejuvenate

Saturday 25th July 2020 4-6pm

Opening Guest Lilly Stepanovich St Albans RFB Captain

The Ferry Artists Gallery
Wisemans Ferry Central
Open Daily 10am-4pm

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www.ferryartists.org

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How to *Ham it Up* in Times of Crisis



Coping with Covid-19 lockdown and limited social interaction has been difficult at the best of times.

While many found Facebook and Zoom useful, others have found more variety and interest in the way they communicate via amateur radio, colloquially known as **HAM RADIO**.

John Bishop, President of the **Hornsby And Districts Amateur Radio Club (HADARC)**, saw a sudden spike in interest in this form of communication that's over 100 years old. "While our regular club meetings at Mt Colah and Magpies Waitara were off-limits, HADARC conducted three radio 'nets' every week where amateur radio operators can have a virtual meeting," he says.

"Members can use Zoom or Jitsi, a totally free video meeting application, but more importantly talk direct using their transceivers," said John. "Given the right setup, members can also send images over the airwaves, instead of online."

"The advantage amateur radio has is when regular infrastructure fails; you can rely on your own gear," says **Carmel Morris** of Wahroonga, who has been a member of HADARC for over ten years. "And there are no trackers, bots, or pesky ads to put up with. Radio operators use a number of ways to communicate locally or across the world; using traditional radio equipment or newer technologies such as digital radio, sending data streams and even using the good ol' Morse key which has also seen a resurgence in these challenging times," she said. "None of these methods rely on cell towers or internet providers."

Amateur radio is diverse; one can explore maker space projects, satellite communications, antenna design, and building transceivers. You don't need a lot of money to start communicating with people around the planet, nor do you need any kind of monthly plan. **If you choose to join a radio club, membership is only around \$35/year and all visitors are welcome. HADARC members range from young to old and are always happy to help out newcomers.**

"While radio is fun," says **Grant Page** of Hornsby, "it can also provide much essential communication services during emergencies, such as WICEN (Wireless Institute Civil Emergency Network), a community-based emergency communications body that assisted in the recent bushfires for example; their personnel comprising mostly of volunteer radio amateurs."

"A radio license these days is a relatively simple process with the Foundation callsign offering a great entry to amateur radio," Grant said. For more information on getting started in ham radio visit your local club, www.hadarc.org.au

Photo above: Carmel VK2CAR at her Wahroonga station
Story by Carmel Morris

FREE CAT DESEXING

De-sexing and microchipping your cat is free for Hornsby Shire residents from 1st July 2020.

The new program is not means-tested and free for all while funds last.

This might come in handy for some, especially since the NSW Government has just announced that they will introduce annual \$80 permits for owners of non-desexed cats, effective from 1 July 2020.

De-sexing your cat will not only prevent unwanted litters but also has many other benefits, including improved health, wellbeing and behaviour.

FIND OUT MORE about our free cat de-sexing and microchipping program here: <https://www.hornsby.nsw.gov.au/property/myproperty/pets/cat-desexing-program>



DOGGIE RESCUE PUSSCAT of the MONTH

Meet young Jenny

Jenny is a pretty black and white kitten approximately 6 months old. She is shy yet curious with new people and surrounds.

Jenny comes desexed, wormed, F3 vaccinated, FIV/FeLV tested and microchipped. Her adoption fee is \$220.

If you are interested in meeting her, call DoggieRescue on 9486 3133 or email cats@DoggieRescue.com. Jenny is located on the Northern Beaches.

Rehoming Organisation Number R251000024



DOGGIE RESCUE DOG of the MONTH

Meet dear

ol' Darren

Darren is a *grandpa* English Staffy cross who has had a hard life.

This 10 year old fella has scars on his back and tail and his tail is kinked suggesting an old fracture.

He has bandy legs and walks slowly.

"He also has some lumps and bumps that we are currently investigating," said Monika Biernacki of Doggie Rescue. "He has just had a dental so he can chew his chicken necks a bit better."

Darren walks slowly and prefers flat areas to hills and is child friendly. He suits kids 8+ years old." The Doggie Rescue Trainer says, "Darren is a relaxed friendly dog. He takes food gently and copes well with noise and sudden movement. Because of his age he is probably best suited to slightly older children."

Darren has some arthritis in his joints and needs support supplements especially in winter. He walks well on loose lead past other dogs.

He has a short coat and weighs 20.2kg. He comes desexed, C5 vaccinated, heartworm free and microchipped.

Also included for the love and health of our dogs is a **free Health and Wellness Voucher** with our DR Vet. His adoption cost is \$400. **For further details email monika@doggierescue.com.**

Rehoming Organisation Number R251000024





2020 HORNSBY KU-RING-GAI LOCAL BUSINESS AWARDS

2020 HORNSBY KU-RING-GAI LOCAL BUSINESS AWARDS ARE ON AGAIN!

Nominations are flowing in for the 2020 Hornsby Ku-ring-gai Local Business Awards.

Program Co-ordinators and Managers, **Precedent Productions**, are overwhelmed with the great early response for this year's awards.

Every business can now download a **QR Code poster** to assist in receiving nominations from their customers. *Posters can be downloaded by logging into a business profile and be displayed in store.*

Finalists in the categories are determined solely by the number of customer nominations. Customers are encouraged to vote for their favourite business in each category. *Businesses with the most nominations will be selected as finalists in their nominated category.*

The 2020 Hornsby Ku-ring-gai Local Business Awards program will culminate in the Gala Presentation Evening at **Hornsby RSL Club** later this year, where the winners of each category will be announced.

The Master of Ceremonies for the 2020 presentation evening is once again Channel Nine's Paul Hancock. An ever-popular crowd favourite, Paul is hugely excited to bring the Awards to the local area for another year.

The Bush Telegraph will be providing regular updates on the progress of the awards. These updates will include the announcement of finalists and winners for each area; a fantastic promotional opportunity for participating businesses to display their success to their local communities.

For more information go to
www.thebusinessawards.com.au



2020 HORNSBY KU-RING-GAI LOCAL BUSINESS AWARDS

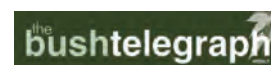
Nominations are open for the
2020 Hornsby Ku-ring-gai Local Business Awards

Head to www.thebusinessawards.com.au
to nominate your favourite business today!

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MAYOR RUDDOCK NAMED IN QUEENS BIRTHDAY HONOURS

Hornsby Shire Council congratulates **Mayor Philip Ruddock**, who was appointed an **Officer of the Order of Australia (AO)** in the *Queen's Birthday Honours*.

"It is an honour and a privilege to have such a recognised person leading our Shire," General Manager **Steven Head** said.

"We all know that he does an excellent job as mayor, but of course this honour goes far beyond his considerable service for Hornsby Shire. Ever since Philip Ruddock was first elected to Federal Parliament in 1973, he has dedicated his life to the local community.

"Philip Ruddock has served the people with selfless dedication and picked up many accolades along the way, including becoming the second longest serving member of parliament in Australian history," said Steven Head.

"Of particular note was his service as a minister in the Howard Government, in the portfolios of immigration and multicultural affairs, reconciliation and indigenous affairs, and as attorney general," said Steven Head.

He is best remembered for his work in immigration and he remains very highly regarded by the various ethnic groups within our community.

Mr Head added, "If we need the Mayor at an event we have to book far in advance, as his diary quickly fills with the many culturally diverse dinners and functions he is always being invited to."

Since leaving parliament Philip Ruddock has not slowed down in his public service, such as when he recently chaired an investigation into reforming national religious freedom laws.

"But of course," said Steven Head, "the most significant service to our Shire has been the way he has taken on the role of Mayor."

"He is committed to good local government, with a special focus on listening to the voices of the people affected by Council's decisions.

"He is especially passionate about the environment and has overseen a range of reforms to help strengthen the green canopy of the Bushland Shire, most notably Council's tree planting initiative, with more than 17,000 trees planted so far," said Mr Head.

Mayor Ruddock has not done all of this alone and his wife **Heather** is also deserving of special recognition.

"The pair have always been a formidable team since the very beginning and both are highly valued members of our community."



How to catch up on HSC work you missed during COVID-19



#1 Identify what work you need to catch up on
For each subject, make a list of what syllabus dot points or modules you need to catch up on. Try prioritising this list by identifying which subject has the most amount of work and which has an assessment the soonest!

#2 Allocate time for when you can complete your work

Now, go through your calendar or school diary and identify when you're free to catch up on your work and write it in. You might want to try allocating an hour a night! If you miss an allocated study slot, make sure you move it to another day so that you don't fall behind.

#3 Make notes for areas you missed

It's important you have study notes for each subject, so make sure you write notes for areas you missed. Try writing notes under each syllabus dot point in a module, or if it's for English, writing TEE (technique, example and explanation) tables for each theme!

Looking for some extra help with your HSC?

We have an incredible team of HSC tutors and mentors who are new HSC syllabus experts!

We can help you master your HSC syllabus and ace your upcoming HSC assessments with personalised lessons conducted one-on-one in your home, online or at our *state of the art* campus in Hornsby!

We've supported over **5,000 students over the last 10 years**, and on average our students score mark improvements of over 19%!

To find out more and get started with an inspirational HSC tutor and mentor, find out more at www.artofsmart.com.au or give us a ring on 1300 267 888!



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Early childhood is an important time in children's lives because it is when they first learn how to interact with others, including parents, friends and teachers.

Early childhood education is a stepping stone in preparation for primary school and, is so much more as it aims at the holistic development of a child's social, emotional, cognitive and physical needs in order to build a solid and broad foundation for lifelong learning and wellbeing. One of the most important things children learn in the early years is about themselves; they develop a picture of themselves that affects the way they approach any new learning, situation, task, or relationship, in other words they develop a self-concept.



An important part of that self-concept is the picture they have of themselves as learners: *is it ok to be curious, to explore, to ask questions, to tackle problems, to try to figure things out, to experiment? Is it ok to try something and fail sometimes?* Being a good learner means having a go, seeing yourself as capable and taking reasonable risks.

At **Mt Colah Preschool** the educators appreciate the uniqueness of each child, providing opportunities to be actively involved, to 'be in the world doing things'. Our educators know that learning happens best when we can explore the world together in ways that are interesting and fun.

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Enjoy Family Time at ...

TARONGA WESTERN PLAINS ZOO

Taronga Western Plains Zoo is open and ready to welcome guests this winter. Spend some family time in the nature and meet the Zoo's new arrivals.

Kani the Hippo calf who was born in April has been coming out of the water with its mum Cuddles at feeding time. The Zoo also welcomed the birth of five Asian Small-clawed Otter pups. The pups spend the first couple of months in the den being cared for by their parents and older siblings.

Whilst the Zoo is open, there are a number of measures in place to ensure the safety of staff, guests and animals.

These include:

- The Zoo will continue to carefully follow all social distancing guidelines
- Additional cleaning and sanitation will be undertaken in all areas
- Indoor spaces, exhibits and dining areas will be restricted in line with current guidelines
- Keeper Talks, Animal Encounters and Tours will not resume at this time, however guests will for the first time be able to view *virtual keeper talks* on their hand held devices whilst in the Zoo grounds
- For safety of the animals as well as visitors, the Deer Walkthrough and Goat Kraal Walkthrough will be closed
- Signage encouraging social distancing and hygiene measures has been installed along with sanitising stations

"The winter school holidays is the perfect time to plan a family holiday to the Dubbo region and see all the animals," said Zoo Director **Steve Hinks**. Tickets must be pre-purchased online for the date you wish to visit or if you are a **Zoo Friends** member you need to register your visit online.



"Our award winning accommodation at Zoofari Lodge and Savannah Cabins is also now open and is one of the best ways to experience the Zoo".

Planning a family holiday to the Dubbo region is made even easier with the Great Big Adventure Pass. It's a multi-attraction ticket that provides entry to four great attractions in the Dubbo region including Taronga Western Plains Zoo, Old Dubbo Gaol, Wellington Caves and the Royal Flying Doctor Visitor Experience. Passes are available to purchase online, as are tickets to the Zoo only.

For more information about ticket sales and safety measure in place please visit our website www.taronga.org.au/dubbo

NEW SHADE SAILS

for Berowra Park & Ruddock Park, Westleigh children's playgrounds



The Hornsby Shire Council budget for 2020/21 was considered at a council meeting in June. It was a more challenging budget than usual due to the financial impacts on council of **Covid 19**. *Nevertheless I am very pleased with the final approved budget as it continues to fund all of council's major commitments this term of council.*

A definite highlight in the budget was the long awaited new shade sail structures for two of council's most popular playgrounds in Ruddock Park (located in Westleigh) and the playground at Berowra Oval.

Increased shade over council's most exposed playgrounds is an issue I have been focused on since early 2017 and two new playgrounds have recently been constructed which included shade sails at Storey Park, Asquith and Waitara Park. *These well shaded playgrounds have proved to be a great success and it is very satisfying to now see shade sails also start to be funded at our existing playgrounds.*

Council is working towards having shade sails installed in both locations before this coming summer. In addition several other

WIN

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Please include your phone number on your entry.




playgrounds in the Shire are also being assessed for shade sails to be funded in future budgets

Ruddock Park at Westleigh is one of the most popular playgrounds in the Shire, however it is also one of the most exposed to sun.

Shade sails have been approved at this playground to be installed before summer.

Waitara Park playground (pictured above left) with its new playground complete with shade sail structure opened in 2019

Storey Park, Asquith, new playground opened in January 2020 with a shade structure over the toddlers' playground.

Story: Cllr Nathan Tilbury

THE HISTORY OF ...

NSW FIRE & RESCUE STATION 075 - BEROWRA

Story: Nathan Tilbury

then

The Berowra Fire Brigade Station was opened on 11th October 1962 at its current location at number 9 Berowra Waters Road.

It was reported at the time that, *"the opening ceremony was very well attended and the very modern and well-equipped premises would be an acquisition to the district".*

In 1962 Berowra's population was around 2,800 living in around 1,200 houses, and the opening of the new fire station reduced their insurance premiums. The area covered by station 75 went up to Parklands Road, Mt Colah.

The station was originally staffed by fire fighters who were paid a retainer to respond to the station when the bell in their house (or later a pager message) went off. They were also paid *per call out*.

The first captain was **Clarence "Digger" King** who lived in Waratah Road Berowra. However, when the Berowra Brigade qualified to perform rescues, Digger retired as his passion was to fight fires. **In those early days Brigade members had to live within two kilometres of the fire station.**

The initial retained fire fighters at Berowra when the station opened in 1962 were:

Clarence "Digger" King – Captain, **Vince Collins** – Engine Keeper, **Alan Cunningham** – Volunteer Fireman, **Ernie Foster** – Volunteer Fireman, **RJ Wilder** – Volunteer Fireman, **Bert Jackson** – Volunteer Fireman, **PG James** – Volunteer Fireman, **Ken Mapp** – Volunteer Fireman, **PJ McGrath** – Volunteer Fireman and **EG Sanders** – Volunteer Fireman.

The original station building could house just one truck but after 20 years of service, in 1982, it was rebuilt to accommodate two modern trucks.



The Berowra Brigade is known as Station 075 and is strategically very well located. Aside from protecting the Berowra District residential areas they also have easy access to the Pacific Highway, the M1 Freeway, the railway and even Berowra Creek. The Brigade also assists the **Rural Fire Service (RFS)** with fighting bush fires.

Long-time Berowra Captain and Yallambee Road resident, **Laurence Murray**, was a 35 year retained firefighter veteran, joining the brigade in 1971 and serving until 2006. Over that period Laurie attended literally thousands of call outs with the most common job being motor vehicle accidents (MVA). He considers it very fortunate that in his entire time serving in the brigade neither he nor the men he served with were ever seriously injured despite the many dangerous situations they had to face in the course of their duty.

In the 1970s and 80s stolen cars being dumped and set alight in the Berowra area were very common. A hot spot location for this was the old part of the Pacific Highway on the eastern side of the railway between **La Mancha Caravan Park** and **Beaumont Road**, which was left unused after the cuttings opened a more direct route in 1969. Another common problem, around the time the Wahroonga to Berowra Freeway was being constructed, was vandals setting alight abandoned houses, particularly in **Cowan Parade, Berowra** or in **Mt Kuring-gai**.

Local History



A weekend would often see multiple call outs for Berowra's retained firemen as they responded to all manner of emergency on local roads, rail, rivers or bushland. Aside from fighting fires and attending MVAs the Berowra Brigade participated in a wide variety of activities, often working closely with many other agencies as they continue to do today. **These could include responding to boating accidents, incidents of the railway and plane crashes, as well as things such as helping rescue injured bushwalkers.**

The most demanding and longest job the Brigade faced during Laurie's time was in 1990. On the 6th May, the brigade responded to a major train accident that occurred at 6.47pm in a remote location north of Cowan. An electric train was heading south when it slammed into the back of a stationary steam train resulting in over 100 people being injured and, tragically, 6 deaths.

Another serious accident the Berowra Brigade attended was on the 8th of June 2000. At 2.25pm, they were the first on the scene at Seaview Street, Mt Kuring-gai where an accident had occurred in Ku-ring-gai Chase NP during a hazard reduction burn operation which, tragically saw three NPWS officers killed and 4 seriously injured. Brigade members administered first aid to the badly injured victims until ambulances arrived. The brigade then worked continuously on site for the next six hours in difficult conditions. **Later the Unit was formally recognized with a commendation relating to this event and their actions.**

One of the most difficult things for the Berowra Brigade to attend to is a suicide, particularly when it involves an intentional MVA or is on the railway.

The last retained firemen at Berowra were **Laurie Murray, Philip Challinor and Graeme Edwards**, who all retired in 2006. Also in 2006 the Berowra Fire Station was further upgraded with a first floor added which included bedrooms and a recreation room to support the full-time firefighters, who put in 24 hour shifts. During this upgrade the fire station was temporarily relocated next door in the house at number 7 Berowra Waters Road. **This was the former residence of original Berowra fireman Bert Jackson.** The station was officially reopened on 12th December 2006 by the **AFSM Commissioner, Greg Mullins**, who himself was a former fireman stationed at Berowra earlier in his career.

now

Today the station is staffed 24 hours a day 7 days a week by revolving 24 hour shifts of 6 professional fire fighters across each of the 4 platoons – A, B, C & D. The station has two trucks being a *Rescue Pump* and a *Heavy Rescue Pump* with the main roles being fire, rescue (person or animal) and HAZMAT (hazardous material). The bulk of their call outs are Freeway incidents being MVAs, truck fires and spills. The Berowra firefighters are also called to a lot of snake captures in residential areas (which are later released in Berowra bushland), which is greatly appreciated by the local community.

We recognize and thank the members, both past and present, of the NSW Fire & Rescue Berowra Brigade, 075 station. Thank you for your service and for keeping us safe.

A special thank you to former Berowra firefighter Laurie Murray & current Berowra firefighter Duncan Armour (both long time Berowra residents) for their help in putting this information together. N. Tilbury.

*Photo above left: Berowra Fire Station February 1975 station & fire truck.
Photo above: Berowra Fire Station c.1978*

Hornsby Shire Climate Action stands with North West advocacy group



Hornsby Shire Climate Action was recently contacted by the **North West Protection Advocacy**, a group whose aim is to provide advocacy to help landowners and community members who are or may be impacted by mining and gas pipeline activities. Of concern is Whitehaven Coal's **Vickery Coal Mine Extension Project**, which is currently with the *Independent Planning Commission*. "Hornsby Shire Climate Action would like to support the North West Protection Advocacy for the mine application to be rejected," said Estelle, for Hornsby Shire Climate Action. "We strongly recommend other locals in the Hornsby Shire region to also show support."

CONCERNS* ...

- The Vickery Coal Mine Extension's project is one of 12 fossil fuel projects under consideration in NSW, and one of the largest in terms of scale and emissions
- The project includes a coal handling and preparation plant (CHPP), train load-out facility and rail-spur line.
- Apart from occupying an extensive area adjacent to the Vickery State Forest and the Namoi River, the project would source 85% of its water needs from the Namoi River via a pumping station and pipeline.
- The Namoi River is part of the already stressed Barwon catchment of the Murray-Darling basin.
- The proposed rail-line extension would include Australia's longest bridge, at 14 kilometres – right in the middle of the floodplain.
- Farmers are worried about the impact of the mine on water, air and noise.

The **Narrabri Shire Council** voted 5-1 to inform the NSW Government and Independent Planning Commission that they did not support the Vickery Project.

*You can help the Narrabri and Boggabri communities by contacting state member for Hornsby & Minister for Energy & Environment **Matt Kean MP** at hornsby@parliament.nsw.gov.au to let him know you oppose the project. Alternatively, you can contact us at hornsbyclimate@gmail.com to join the open letter we will be sending.

*Story & photo: *Hornsby Shire Climate Action*

The Vickery Coal Mine Extension Project is a controlled action under the Environment Protection and Biodiversity Conservation Act 1999 and will be assessed under the bilateral agreement between the NSW and Commonwealth Governments, or an accredited assessment process. For more information, refer to the Department of Environment and Energy's website www.australia.gov.au/

PRIORITISING SAFETY on GEORGE STREET at HORNSBY

Full-time 'NO RIGHT TURN' restrictions from Linda Street onto George Street at Hornsby will soon come into force to improve safety for road users.

Member for Hornsby **Matt Kean** (pictured below at the site) said the new restriction will help improve safety and ease congestion for road users in the area.

Transport for NSW identified a right turn movements on Linda Street as an issue and carried out community consultation in 2018.

These improvements will increase safety for pedestrians and motorists at the busy intersection and improve traffic flow. **Work has already commenced and is expected to be completed soon, weather permitting.** To minimise the impact to motorists, **work** will be carried **at night between 8pm and 5am from Sunday to Friday.**

Changed traffic conditions will include temporary lane closures on George, Linda and Burdett Streets during work hours. Transport for NSW thanks the community for their patience while this important work is carried out.



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JUST CRUISIN'

LIFE IN THE FAMILY LANE

What do an electrical engineer and an event manager have in common?

Meet Igor and Lydia: engineer and events expert. Both highly qualified in their fields, with varying degrees in management, engineering, marketing and more; left their *corporate suits* behind for *workshop wears* to follow their passion for all things automotive.

Since purchasing the James Street business from Lydia's parents in July 2019, this second-generation duo has been making waves.

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IDEAS & TIPS FOR ... HOME AND GARDEN

Looking for GARDENING TIPS and COMMUNITY CONNECTION?

Green Thumbs of Hornsby Shire might be the place for you! The COVID-19 crisis has exposed how vulnerable we are to disruptions in supply chains and people have realised the best thing they can do is get back to basics and grow food.

Monika Ball, Justine Smillie (pictured right) together with Fareeza Khan and Barbara Davies saw an opportunity in this time of crisis to create a hub for connecting with others in our local area via Facebook.



It has become a place to seek advice, offer surpluses, share successes and failures. The group grew from 50 people to over 400 almost overnight and has a really positive vibe with both novices and experts sharing their experiences and ideas.

So many people have taken to gardening, with shelves stripped bare of seeds. Even Hornsby Council's plant nursery is raising and distributing vegetable seedlings.

If you'd like to join Green Thumbs of Hornsby Shire, please register via this link <https://www.facebook.com/groups/523072408380248/>



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from the Mayor's Desk

If you own or manage a business in Hornsby Shire we are inviting you to join us in an exciting new initiative that is designed to help you while strengthening our local economy. Localised is a free online platform that gives you an opportunity to advertise your products and services, along with much more. This is not just a local directory. Its key goal is to let you connect with other businesses, allowing you to make greater use of the excellent opportunities in our local area and for them to do the same with your services. It also gives you access to a range of local events and professional development opportunities for you and your staff.

In a world that has been significantly affected by COVID-19, opportunities like this are more important than ever and I urge you to join in. The more businesses that sign up, the more powerful it will be as a tool to make our local economy stronger than ever. You can sign up to Localised for free, then create a profile to advertise your services and connect with other businesses. Register your business details today at hornsby.localised.com.au. This initiative would not be possible without the support of the Hornsby Chamber of Commerce and the Dural and Round Corner Chamber of Commerce. We thank them for their assistance.

Philip Ruddock AO
Mayor
Hornsby Shire Council

What's on

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Hornsby Localised



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Composting bins and worm farms can now be pre-ordered online and picked up from the Community Recycling Centre in Thornleigh, **Tuesday to Friday, 8.30am-4pm and Saturday, 8.30am-12pm.**

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Government accredited mobile phone recycling program – MobileMusters – has awarded Hornsby Shire Council as the top collecting council within the country.

This year local councils have contributed 5.5 tonnes of mobile phone components for recycling. A tremendous achievement!

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As a general guide, in order to qualify for the HomeBuilder grant you must:

- **Be earning below an income cap**, if you are applying as an individual your '2018-2019 tax return or later' must be below \$125,000 or as a couple the combined income on 'your 2018-2019 tax return or later' must be below \$200,000
- **Sign a building contract after 4th June 2020 and before 31st December** through a licensed or registered builder. You cannot be an owner builder or use a contract from earlier in the year even if construction hasn't started yet
- **Build a new property that you will live in as your home**, where the total value of the property (house and land) is not more than \$750,000. You cannot use HomeBuilder on an investment property
- **Be substantially renovating the existing home that you live in**, and spend between \$150,000 and \$750,000 on a renovation contract where the value of your home (house and land) is not more than \$1,500,000. The renovations need to "improve the accessibility, liveability and safety" of your home and cannot be used to build things outside of your home such as a swimming pool, tennis court or sheds
- **Commence construction of your new home, or renovations within 3 months of the building contract date**. For example if the contract is dated 1 October 2020, your builder needs to have started construction on or before 1 January 2021
- **Own, or be buying a property in your individual name** and not a company or trust
- **Be an Australian Citizen**, as the scheme is not available to non-residents, permanent residents or New Zealand Citizens.



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<https://www.revenue.nsw.gov.au/grants-schemes/first-home-buyer>

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HomeWorld Warnervale has 40 of the latest new home designs on display – including a home with a granny flat - with building companies on site ready to chat with you about further design options, house and land packages, and more.

We ask that visitors to HomeWorld comply with all Government restrictions and Health orders relating to COVID-19 at this time.

HomeWorld Warnervale is located at 10 Virginia Rd, Warnervale. There are many other locations in Sydney to visit HomeWorld. **Visit the website for more locations & information:** <https://www.homeworld.com.au>

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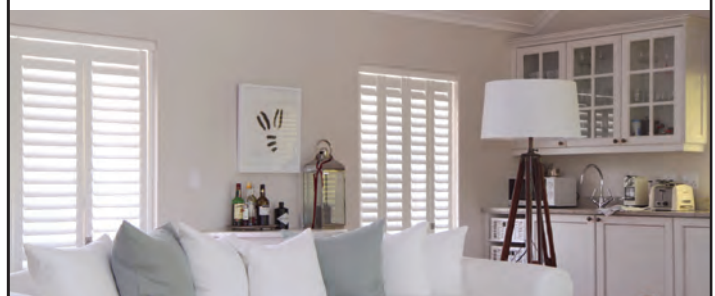
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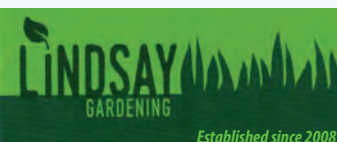
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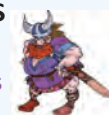
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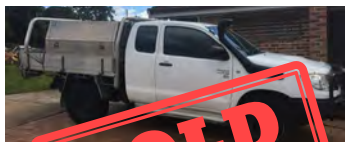
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