

the Bush Tele

NOVEMBER 2020 EDITION

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NorthConnex opens
local news
seniors' living & lifestyle
local history
crime prevention forum
business awards update
local history
christmas gift ideas

Photo: NorthConnex Starscape in-tunnel lights

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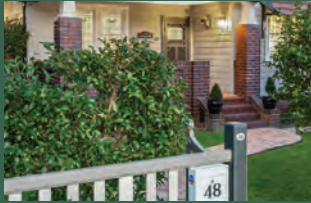
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NORTHCONNEX OPENS ... AT LAST!

To the great relief of many locals, Sydney's newest motorway, NorthConnex, is open to motorists from **Saturday 31 October 2020.**

The \$3 billion mega-project will be a **game changer for motorists**, reducing travel times by up to 15 minutes and allowing drivers to avoid 21 sets of traffic lights along Pennant Hills Road. Since construction started, more than 17,000 people have been involved in delivering NorthConnex, making it one of Australia's largest new infrastructural projects and a major provider of jobs.

"NorthConnex is a great example of the Federal and State Governments working together with the private sector to deliver a road which will provide a solution to the traffic problems on Pennant Hills Road," said Federal Member for Berowra, **Julian Leeser** (pictured right).

"The 90 metre-deep tunnel is designed to the highest safety standards, and is fitted with the latest technology in driver safety. Upon completion, 50,000 tests and checks have been conducted to ensure the motorway is ready to open," said State Member for Hornsby, **Matt Kean**.

The nine-kilometre, twin tunnel, connects the M1 Pacific Motorway in Wahroonga to the Hills M2 Motorway at West Pennant Hills, and will take 8 minutes to drive end-to-end. It is fitted with innovative lighting features (see photo right), such as trees, star scapes and birds, which are aimed to keep drivers engaged.

"NorthConnex will change the way that commuters travel across Sydney, and features the latest in tunnel technology to ensure that their commute is a safe one" said Mr Kean. "The new tunnel will see up to 5,000 trucks a day removed from Pennant Hills Road, reducing congestion on our roads and improving air quality in our community". **NorthConnex is expected to open in the early hours of Saturday 31 October, once final safetychecks have been completed.** (Ad p9)



Seeking Community Involvement ...

BEROWRA'S CRIME PREVENTION FORUM

3RD NOVEMBER 2020

Due to increased community concern with petty crime and vandalism in the Berowra area the **Hornsby Local Area Command's Crime Prevention Officer, Senior Constable Colin Mitchell**, the office of **Matt Kean MP** and **Hornsby Councillor Nathan Tilbury** are organizing a **CRIME PREVENTION FORUM** for the Berowra district.

The forum will be held on **Tuesday, 3rd November, from 6pm to 8pm at Berowra Community Centre**. Due to current COVID 19 restrictions, the venue can only accommodate 100 people, so the event will also be live streamed by the **Berowra Lions Club**. *Details on how to tune in to the live stream will be distributed shortly before the forum date.*

Snr Constable Mitchell's presentation will include:

- **CRIME RATE BY CATEGORY** - Malicious Damage, Break and enter - Dwelling, Steal from dwelling, Steal from motor vehicle
- **POLICE PROACTIVITY**
- **HOW TO REPORT CRIME**
- **FACEBOOK** - Social media



The Forum will also cover how we can minimize petty crime in our local area, with suggestions such as:

- Improved lighting
- Increased use of CCTV cameras
- Clean graffiti quickly (not allow offenders to see their mess)
- Community engagement
- Increased police patrols & presence
- Police engaging offenders
- Develop active **Berowra District Neighbourhood Watch Group**

If you have anything else to add during the forum you can pass the details to Nathan Tilbury at ntilbury@hornsby.nsw.gov.au or call **0403 227 560**.

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LET YOUR COMMUNITY VOICE BE HEARD



- CYCLING
- WALKING
- TOURISM
- PLAYGROUNDS
- ECONOMIC DEVELOPMENT

At a recent meeting Hornsby Shire Council placed another series of draft strategies and studies on public exhibition for feedback from the community.

These include the draft *Economic Development and Tourism Strategy*, the draft *Play Plan*, the *Hornsby Employment Land Study*, and the draft *Walking and Cycling Strategy*. Hornsby Shire Mayor **Philip Ruddock** said, "These are matters that affect absolutely everybody in the Shire, both now and into the future, and we want as many voices as possible at the decision making table."

"It's much harder to change these strategies once they have been adopted, so this is the time to come forward with suggestions and corrections."

- **The draft Economic Development and Tourism Strategy** identifies areas that need investigation or work, as well as outlining specific actions, and has been updated to take account of the additional challenges presented by COVID-19.

- **The draft Play Plan** provides a vision for the future of Council's playgrounds and play spaces and proposes a net increase of 17 play spaces across the Shire, focusing on high-growth areas.

- **The draft Employment Land Study** identifies key economic and employment issues in the context of the *North District Plan*, reviewing the quantum of business and industrial zoned land

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for the **DECEMBER** Edition

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- **The draft Walking and Cycling Strategy** provides a framework to increase participation in walking and cycling.

"There is literally nobody in Hornsby Shire who is not affected by some aspect of these plans and we want to hear from as many people as possible," Mayor Ruddock said. There are also a number of other strategies and plans that are currently on exhibition.

Visit hornsby.nsw.gov.au to see the documents on exhibition and **HAVE YOUR SAY**.

Other items at the meeting included:

- * General manager Steven Head's contract was extended
- * An update on the COVID-19 situation in the Shire
- * A submission to the IPART domestic waste management charge review
- * Recruitment of new members to the catchment remediation rate expenditure review panel
- * An update on vegetation mapping

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WORKING TOGETHER FOR WETLAND HEALTH

Grant Funding to Improve Berowra Estuary Inter-tidal Communities

National Parks & Wildlife Service, Hornsby Council, Local Land Services, The Friends of Berowra Valley National Park and Floating Landcare are currently all working towards improving the condition of intertidal communities along **Berowra Creek Estuary in Berowra Valley National Park**. Project grant funding from Local Land Services is being used to combat weeds currently impacting the salt marsh and *Casuarina Swamp Oak* communities at **Crosslands, Calna Creek** and along **Berowra Creek**.

The funding is also being used to fund community Ecological Restoration Days at Lyre Bird Gully and at Crosslands North where 1 hectare of formerly mown picnic area is being regenerated back to a *Casuarina Swamp Oak* community. National Parks Area Manager, **Greg**



Kirby, emphasised the importance of restoring intertidal communities for river health and sustainable fisheries management.

"Wetlands are the lungs, kidneys, fish nurseries and hatcheries of our estuaries and provide important habitat for many of our water birds and mammals while supporting a large of marine invertebrates and

plants that are keystone species in the marine food chain," said Mr Kirby. *It is important for these communities to remain strong and resilient to the threat of sea level rise, increased sedimentation and nutrients for the long term of Berowra Estuary.* In the October School holidays students undertaking their *Duke of Edinburgh Award* took part in

bush regeneration and planting at Crosslands North and Lyrebird Gully with NPWS and Hornsby Council staff members learning many new skills along the way. *All plants were provided by Hornsby Council's Nursery.*

Story & Photo Rae Rosten, Friends of Berowra Valley.

ORDER YOUR GINGERBREAD HOUSE KIT FOR CHRISTMAS!

Christmas this year will be a little different for the ever popular Berowra Uniting Church Gingerbread House making.

This year, due to COVID, Gingerbread Houses will be offering TAKEAWAY KIT ORDERS.

For \$30 your Gingerbread House Kit can be ordered for pick up on Saturday 5th December between 5pm and 7pm at Berowra Uniting Church at 4-6 Alan Road Berowra Heights. In line with new restrictions, unfortunately lollies will not be included in the Kit this year. However a Gluten Free Gingerbread House kit is available as well as a Chocolate Bread House, for the lovers of everything chocolate!

When picking up your Gingerbread House Kit on the 5th December from the Uniting Church, please observe Social Distancing and we kindly request that you wear a mask. If you are unable to attend at this time or would like more information, please phone **Julie on 0427 561 656**.

Register for your Gingerbread House and pay at TryBooking: <https://www.trybooking.com/BMBHK>

REGISTRATIONS CLOSE ON WEDNESDAY 18TH NOVEMBER 2020. www.berowra.unitingchurch.org.au/christmas/gingerbread



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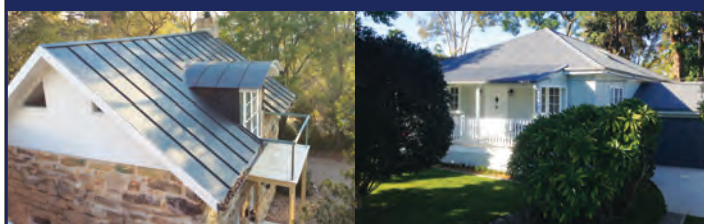
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GOODSTART BEROWRA CELEBRATES 25 YEARS

Goodstart Early Learning Berowra recently celebrated its 25th Birthday by holding a ceremony in their garden to recognise the previous owners of the land and past educators who have worked 10 years or more at the service.

Director **Karen Wallis** said, "After many years of researching our past history, it was decided we would have a park bench built by a former parent **Darren Cosier**.

"In recognition of the Previous Owners **'The Hobday Family'** we presented a plaque to **Shirley Collins** who lived on this land with her family and planted the oak tree which still stands large on our property," said Karen. The Hobday Family owned 19 and 21 Berowra Waters Road (previously Park Street) and used the now 'Goodstart' land for their cow, named **Daisy**, to live on.

"*Shirley was very proud and emotional for her family to be recognised on our special celebration,*" said Karen.

In 1995 the land was cleared and a brand new childcare centre was built called **Berowra Park Long Day Care**. **Anne Jones** and current Director **Karen Wallis** began working at the service from the start on 5th of October 1995.

Karen said, "In appreciation of years of service and the difference they have made to this centre, our families and the community, **Anne Jones** (1995-2005), **Debbie McMillan** (2004-2017) and **Linda Belbin** (1999 - 2020) were all presented with a plaque which will go on the bench alongside **Shirley Collins**."

After the presentation the educators and children sang Happy 25th Birthday to the centre and enjoyed a cake made by Kristy McMillan.

Goodstart Early Learning Centre is located at 19 Berowra Waters Road, Berowra. e ber@goodstart.org.au w: goodstart.org.au Phone: 9456 5493
Photo: left to right Linda Belbin, Shirley Collins (nee Hobday), Ann Jones and Debbie McMillan.



Supporting the local community

Your local Goodstart Early Learning centre in Berowra supports the local community. We offer a safe, stimulating and nurturing environment with friendly professionals who are qualified in early learning practices.

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HORNSBY ROTARY HELPS THEIR FRIENDS IN MALAYSIA



"This is an example of what we as a Club do to help others in need, not only in our Community, but also overseas"



The Rotary Club of Hornsby District

The Rotary Club of Hornsby District has donated \$2000 to their sister Club in Port Klang, Malaysia.

Port Klang has embarked on a project to provide mandatory face masks and shields to teachers and needy students in schools. They are asking families from lower income groups to make these face shields with the aim of assisting them to supplement their incomes.

Their government has mandated that face masks/shields are now compulsory to help address the spread of COVID 19.

The Rotary Club of Port Klang has already distributed 3700 face shields and with the money sent from the Rotary Club of Hornsby District, will now be able to make and distribute another 8,000 shields to distribute to another 10 schools.

If you would like more information, please go to our website: hornsbydistrictrotary.org



Matt Kean MP

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Minister for **Energy and Environment**

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ASQUITH PROBUS Donation to Cowan Rural Fire Brigade

"The donation was thankfully, and dare we say joyfully, received by the Cowan members present"

The Cowan Rural Fire Brigade was an obvious choice by the members of the Probus Club of Asquith and District when it was decided to donate surplus funds to a suitable recipient.

Members wholeheartedly agreed to make the donation to the Cowan Rural Fire Brigade.

A cheque was presented to President of the Cowan Rural Fire Brigade **Peter Marshall** at a meeting of the Brigade on Saturday 10th October, 2020. The final president of the Probus Club, Mr **Antony Ashpole**, made the presentation. Other Probus members present were former presidents, Messrs **Brian Carney, Geoff Lloyd, Doug Taylor** and **Frank Thomas AFSM**.

The Probus Club of Asquith and District was inaugurated on 8th March, 1991 under the auspices of the Rotary organisation. This was the first Probus Club in the district and provided a successful community service for retirees. However, after 29 years of fun, friendship and fellowship, changing times and the proliferation of further Probus clubs, it was decided to close the Club. The last meeting included a luncheon on 13th March, 2020.

Photo right: Mr Ashpole of Asquith Probus making the presentation to Mr Marshall of Cowan RFB. Photo courtesy Cowan RFB.



Got some great news to share with
The Bush Tele?

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Please contact my office if I can be of assistance.

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Image is for illustrative purposes only. Correct as at November 2020. J005057H

'SALLY' THE COCKER SPANIEL DETECTS RARE NATIVE ORCHID IN KU-RING-GAI



A black cocker spaniel named **Sally** (pictured above) will lead the effort to find the rare **Eastern Australian Underground Orchid** in locations of Ku-ring-gai.

A location in the Ku-ring-gai area where a rare **Eastern Australian Underground Orchid** has already been discovered is being kept as a closely guarded secret. The orchid is only known to grow in a handful of areas in NSW including Bulahdelah, the Blue Mountains and Nowra. One of the striking features of this very rare native orchid species is its ability to burrow underground and move slowly through soil. The orchid's flower spike penetrates the soil surface for a few weeks each year, possibly to attract small flies searching for somewhere to lay eggs. In an attempt to locate other specimens of the orchid in Ku-ring-gai, Council staff are teaming up with NSW Department of Planning Infrastructure and Environment researchers, who will use the specially trained detection dog, 'Sally', to locate the orchid.

Sally's tracking skills were previously used to find the noxious plant hawkweed in the Kosciuszko National Park.

Mayor **Jennifer Anderson** said, "It is yet more proof of Ku-ring-gai's quite unique natural environment, considering we are a large urban council area in the middle of Sydney."

The Mayor added that tracking would begin next week and if findings were promising, the research would be extended in the local area.

Photo: RARE ORCHID *Rhizanthella slateri* Turramurra 2020 V. Photo by McPherson and M. Gillings



DOGGIE RESCUE PETS NEEDING FUREVER HOMES

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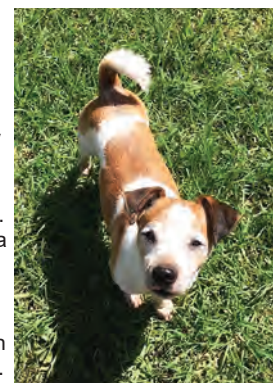
Monika Biernacki of Doggie Rescue said, "Jamie's behaviour has improved enormously but he needs time to trust new people."

"This little dog can see enough to jump up steps and walks without bumping into things. Jamie is a very anxious dog who would suit a home-based worker or someone needing a *doggie pal*."

Jamie is very food motivated and very obedient when food is on offer! He is not keen on being picked up unless he knows you well. "Jamie needs a family with commitment, time and patience," said Monika. "Being a Jack Russell, he is a smart boy who learns new routines easily."

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HORNSBY CAMPUS OPENS FOR KINDER ACADEMY



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KAELC has a strong focus on exploration and discovery in the 0-2 area, allowing children to grow and develop as they learn through play. This focus then continues on into 2-3 and 3-6 rooms combined with a large focus on **school readiness skills** including literacy and numeracy, writing, cognitive development and problem-solving to prepare the children for their transition to primary school.

The children participate in *art experiences, science experiments, language classes, music and movement, yoga, sports*, and group times where the children get to share their ideas and enhance their public speaking skills. Both the indoor and outdoor environments are designed to create an environment that is *home-like*, nurturing and stimulating, whilst providing appropriate levels of challenges and risk that children need.

Kinder Academy Early Learning Centre, 41 Denison St, Hornsby
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local history

THE HISTORY OF ASQUITH

Review of Robert Green's book by Tom Richmond

For those of us who have spent many years researching and writing about the history of our wonderful Shire, it is gratifying to see the level of interest in our local history that is now displayed.

In recent times, we have been treated to some excellent books written about our individual suburbs. I have had the privilege of reading one that has yet to be published and have been most impressed. **The book is Robert Green's History of Asquith.**

Most of us who knew Asquith in the old days would be surprised to learn that it had enough history to fill a book. *I can recall that when we bought train tickets at Wynyard, it was often necessary to explain to the ticket seller where Asquith was.* For such an anonymous suburb, Robert Green paints a complete picture. He tells of the development of an area opened up by transport, beginning with the **old Peat's Ferry Road** in 1848.

The early settlers were largely orchardists and some of us can remember the last of these plantations.

The arrival of the railway line at Hornsby in 1886 caused its immediate development as a railway town. The railway provided relatively easy transport to the city, but it was not until 1915 the railway station was provided at Asquith itself.

It is interesting to note that fundraising in the local community met the costs of the station.

It needs to be pointed out that despite the massive increase in population since 1915, there has been no new station provided in our local area since Asquith. In typical detail, Robert Green has assembled a list of station-masters, including **Mr Holt** and **Mr Morris** among the best remembered.

Robert Green examines the growth of bus transport. Those of us with long memories will recall the **highway bus**, which came to Asquith along the highway, passing through **Hookham's Corner**. The author describes the "butter-box", which would probably best be categorised as a primitive form of bus transport. On the other side of the line, Robert mentions the **Asquith Golf Links bus**, owned by **Alec Newson** and largely driven by **Don Stokes** and **Harry Bellamy**. Those who caught the bus may remember that Harry, a **Great War veteran**, loved fishing and that trips in the bus following a weekend often involved listening to stories about *ones he caught and the ones that got away*.



Robert Green has carried out meticulous research on the ownership of blocks of land and shops in the Asquith shopping centre. He mentions shop-owners such as **Charles Carter** and the **Massies**. **His research sets out the history of every street in the suburb.**

Asquith itself was named after Britain's wartime Prime Minister and many of the streets are named after British politicians.

From this new book, youngsters working on local history assignments will find it relatively easy to track the history of the land on which they live.

The book features the lives of some of the characters who have lived at Asquith. Perhaps the best known of all of these was **Councillor Edward Amor**, a retired British naval captain who came to Australia in the 1920s looking to open a business that could capitalise on the growing numbers of motorcars.

He opened a store at Asquith and also sold petrol. A loud and outspoken personality, Amor campaigned for "Roads to Asquith and the British dominions beyond". He was a great supporter of the Pacific Highway, which opened in 1930, but was critical of the use of ferries to cross the Hawkesbury, maintaining that a bridge was necessary.

Another local character was **Dr John Mill Couper**, who briefly served as the headmaster of **Knox College**, leaving that job following conflict with the school council over his appointment of teachers regardless of their religion. Couper became a prominent academic and produced a number of volumes of poetry. *One of his poems consists of lines composed while standing on the Asquith railway bridge.*

Robert Green's book covers the churches of Asquith, its schools, its parks and the development of its industrial area, including Wrigley's Factory. Some of his material is drawn from memoirs of the early days written by **Stan Stokes** and **Bob Davis**.

The book is a welcome, comprehensive and well-researched history which should shortly appear in print.

Photo above: One of the many great photographs from Robert Green's forthcoming book is this bus, which will be familiar to old-timers as **Alec Newson's bus to Asquith Golf Links**, waiting in its stand opposite the station at Hornsby.


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DON'T LET YOUR HEALTHCARE NEEDS GO UNCHECKED DURING THIS COVID-19 CRISIS

As you may be aware the Government has made many changes to the healthcare system to ensure you are supported and many General Medical Practices have adopted all aspects to ensure this can be achieved, safely and securely.

It is vitally important that you take care of cardiac conditions, oncology conditions, skin conditions, mental health care or any other ordinary conditions which are part of your day-to-day health management.

Recently AMA President Dr Tony Bartone was quoted saying "Every week in Australia, several tens of thousands of diagnoses around internal cancers, skin cancers, diabetes, new heart disease, are made. If Australians neglect their care during this time, all we are going to do is shift an enormous burden of care many, many months down the road – with worse outcomes, more complications, more morbidity, and indeed, many Australians will lose their life to preventable conditions."

It is important that you know you can call your GP or Allied Health Professionals for an appointment, either by seeing practitioners in a face-to-face consultation, or a Video Consultation on a secured platform such as "GP Consults". Either way please don't ignore the doctor. For all health conditions, it is important that all Australians continue to focus on their ordinary health, as well as managing the coronavirus lifestyle changes.

One of the things that we know from the experience of past epidemics and pandemics around the world is that often people do not continue to get the regular healthcare they need. Sadly sometimes as a result of this we see more morbidity and mortality

occurring from preventable chronic conditions than actually occur from the infectious agent itself. This is why it is incredibly important that everybody in Australia continues to receive the healthcare which they would normally be receiving at this time.

If you have an acute health problem that is worrying you, please reach out for help. For those who are taking medication every day to prevent a chronic condition from getting worse or, if you have hypertension, diabetes, asthma or other chronic conditions, please continue to take your medication. If you run out of your medication, contact your GP or your local pharmacy. All pharmacies have measures in place

to get your medications to you, and there are protocols in place to get your prescriptions to pharmacies. As we await the government release of electronic prescriptions, practices will email or fax scripts directly to pharmacies, with originals kept on site for two years. Only S4 and S8 medication prescription originals will be sent to the pharmacies on your behalf.

It's understandable people are very worried about leaving their own homes, but it is totally acceptable to leave your home to attend a medical appointment to manage your health. For your safety practices, should adhere to social distancing, appropriate hygiene and the use of PPE for staff and patients. Most

practices are conscious of waiting times and will space patients accordingly.

To add greater safety, efficient General Practices are screening all patients with questions prior to their arrival, so that no patients are presenting with fever/cough/cold or flu like symptoms without being tested for Covid-19 first. Once results are confirmed to be negative, Face to Face consultations can be conducted with a level of reassurance.

We all know that during a stressful time like this, mental health concerns can present. If you do feel the need for this support, it is incredibly important that you continue to stay in touch with your GP and therapists. Most are doing telehealth for ease and flexibility.

We hope you see this article as a helpful guide for you and your family to access the care you need, in a variety of ways so we all get through this pandemic together. Please know that all health care facilities are here for you, keep in touch and maintain your usual care. There has never been an easier or safer time to access care face-to-face or via telehealth.

For people who do not have a regular GP, please note you can contact The Madison Medical Practice for assistance. We are located at Suite 1 / 25-29 Hunter St, Hornsby. Ph **9987 2226**, or Shop 1 & 2/993 Pacific Hwy, Berowra Ph **9456 4889**, or visit our website themadisonmedicalpractice.com.au



WINNERS ANNOUNCED

Local Business was all glam and glitter when **Hornsby RSL** proudly opened its magnificent auditorium for **Precedent's** announcement of the **2020 Hornsby Ku-ring-gai Local Business Awards** on Tuesday 20 October. Despite being a challenging year, local business people and community leaders turned up to hear awe-inspiring stories of survival and success.

Here is a quick run-down of the Winners. Be sure to watch for the next Bush Tele for its Official Winners' Edition as Media Partner for the 2020 Hornsby Ku-ring-gai Local Business Awards.

BUSINESS of the YEAR ...

Adventures Preschool and Long Day Care, Pennant Hills

YOUTH AWARD ...

Gian Ellis-Gannell of Cherrybrook Travel, Westleigh Shopping Centre

AUTOMOTIVE SERVICES ...

Barrie Auto Electrics

BAKERY/CAKE SHOP ...

Westleigh Bakery, Westleigh Village

BEAUTY SERVICES ...

Jane Simpson Brows

BUTCHER ...

Tender Gourmet Butchery

CAFÉ ...

Café Patina

DELICATESSEN/GOURMET FOOD ...

Mint Fresh IGA, Westleigh Village

EARLY CHILDHOOD CENTRE ...

Adventures Preschool and Long Day Care, Pennant Hills

EDUCATION SERVICE ...

Art of Smart Education

FASHION SHOP ...

Lalka Boutique, Westleigh Village

FAST FOOD/TAKEAWAY ...

Chargill Charlies, Wahroonga

FITNESS SERVICES ...

Moving Bodies Centre

FLORIST ...

Kelvin Hall Floral Design

FRESH FOOD ...

Supamart IGA, Pennant Hills Market Place

HAIRDRESSER ...

Wilks Cuts Barbershop, Berowra

HEALTH IMPROVEMENT SERVICES ...

Timeless Smiles Dental

HOTEL/BOTTLE SHOP/BAR ...

Kipling's Garage Bar

LEGAL SERVICES ...

Lane & Lane Lawyers, Hornsby

MOST INCLUSIVE EMPLOYER ...

ARB, Thornleigh

NEW BUSINESS ...

Wooden Mill Bakery & Café

PERFORMING ARTS ...

Ann Leslie's Music Studio

PET CARE ...

Hornsby Veterinary Hospital

PHARMACY ...

Price's Pharmacy, West Pymble

PROFESSIONAL SERVICES ...

ACMO

REAL ESTATE AGENCY ...

McGrath Estate Agents, Hornsby

RESTAURANT ...

Brasserie l'Entrecôte

SERVICE & TRADE ...

Granny Flat Solutions

SOLE OPERATOR ...

Westwood Conveyancing

SPECIALISED BUSINESS ...

OwnerDeveloper

SPECIALISED RETAIL BUSINESS ...

Hornsby Framing

TRAVEL AGENCY ...

Cherrybrook Travel, Westleigh Village

WONDERFUL WESTLEIGH

Westleigh Village is a vibrant local shopping centre and our retailers offer exceptional customer service every day.

Westleigh Village had an incredible 14 FINALISTS in the Hornsby Ku-ring-gai Local Business Awards for 2020 and are thrilled to celebrate 5 AMAZING WINNERS this year!

Westleigh Bakery - Most Outstanding Bakery/Cake Shop. Westleigh Bakery has been trading for 25 year at The Village and **Carol & Colin** are firm favourites with the locals and offer the best bread, cakes & treats and Saturday Specials in town!

Cherrybrook Travel - Most Outstanding Travel Agency - and celebrating a WIN for the third year in a row! A fabulous hat trick for **Monique and her team** who have had a challenging year! They also celebrate their youngest team member **Gian** who won *Most Outstanding Youth Award!* What a great achievement and right in the middle of the HSC!

Lalka Boutique - Most Outstanding Fashion Shop - **Eva** has won this amazing award 2 years in a row



and her incredible customer service and commitment to go above and beyond has made her a worthy recipient

Eva was also nominated as Business Person of the Year. Mint Fresh IGA - Most Outstanding Delicatessen/Gourmet Food.

Louise & Giri and the team are passionate and committed to providing the very best quality deli and the products and service will never disappoint!

Come along and discover Westleigh Village where you will experience a local community like no other and you'll understand why the locals never want to leave Westleigh.
www.westleighvillage.com.au

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WINNERS

Westleigh Village would like to CONGRATULATE all of our Local Business Award WINNERS for 2020!

- WESTLEIGH BAKERY - Most Outstanding Bakery/Cake Shop
- CHERRYBROOK TRAVEL - Most Outstanding Travel Agency
- CHERRYBROOK TRAVEL - Most Outstanding Youth Award

- LALKA BOUTIQUE - Most Outstanding Fashion Shop
- MINT FRESH IGA - Most Outstanding Delicatessen/Gourmet Food

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WINNERS will be drawn on Saturday 19th December at 1pm in the centre.
See Website for Entry Rules www.westleighvillage.com.au

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*We would like to remind our customers to practice social distancing while waiting for Virtual Santa and please do not attend if you are unwell or show any symptoms of a cold or flu. Thank you.

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PROUD SPONSORS OF COMMUNITY DIARY DATES

The Rotary Club of Hornsby District meets every Monday evening from 6.30 to 7.30pm. During COVID restrictions, meetings are held via Zoom. Not only do we meet to discuss our projects but also have a variety of interesting guest speakers relating to many varied topics. If you are interested in joining one of our meetings to hear about how and what our Club does for charities, not only in our own community but worldwide, please visit our website: hornsbydistrictrotary.org or phone 1300 582 665.

The Galston View Club raises money for The Smith Family Learning for life program. Next Luncheon meeting is 11am Wednesday 28th October 2020 at The Galston Club, 21-25 Arcadia Rd, Galston. Bookings essential. Enq: Helen 9614 1512 Visitors are most welcome.

Walks & Talks at Ku-ring-gai Wildflower Garden These walk sessions are free and start behind Caley's Pavilion. It is essential to book your place by the Saturday prior to the walk and to cancel if you can't make it as numbers are limited. Please ring Wendy 0419 323 035 or email: wagrimm@tpg.com.au Nov 2 Monday Grasses (Family Poaceae). Nov 9 Monday Leptospermum & Callistemon (Family Myrtaceae)

Crime Prevention Forum for the Berowra district Tuesday 3rd November, from 6pm to 8pm at Berowra Community Centre. Due to current COVID 19 restrictions, the venue can only accommodate 100 people, the event is planned to be also live streamed. Enq: Nathan Tilbury at ntilbury@hornsby.nsw.gov.au or call 0403 227 560.

Sydney Hills District Branch of The Association of Independent Retirees meeting 10.45am on Friday 6th November, 2020 at Beecroft Presbyterian Church Hall, Welham Street Beecroft. Guest speaker. Enq: Graham Sims - "Bea Miles" email: airsydneyhills@gmail.com

Boomerang Bags Hornsby Help support Planet A ... Come and visit the NOT FOR PROFIT Boomerang Bags stall at Hornsby Welcome Markets in Hornsby Mall from 8am to 3pm on Saturday 7th November 2020. Presales are welcome www.BoomerangBagsHornsby

The Rotary Club of Berowra Saturday 7 November Berowra Rotary Plant Sale 8.30am to 4pm Berowra District Hall, 43 Berowra Waters Road (at the Crowley Road roundabout) www.berowra.net/rotary

The Rotary Club of Berowra Wednesday 11 November 6.30pm for 7.00pm Berowra RSL Club. Visitors welcome Phone Jan 9456 1482 for information www.berowra.net/rotary

Mount Kuring-Gai and District Probus Club meets Tuesday 10 November at the Uniting Church, Mount Colah, 10am-12md. A full Covid safe plan is being followed. New members and guests most welcome. Guest Speaker: Snr Constable Colin Mitchell, Crime Prevention Officer, Kuring-Gai Police Area Command Enq: Lynn 0427 087 709 or our

Asquith VIEW Club Luncheon meeting Wednesday, 18th November, 2020 at Asquith Golf Club, Lord Street, Mt.Colah 11.00am for 11.30am. Monthly luncheon meetings are held at the Golf Club on the third Wednesday of each month. New members and guests most welcome. Come as a guest and see if it is for you. Enquiries - Kerry - 9476 5910.



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COVID SAFE MT K PROBUS MEETINGS RETURN

We are very pleased to announce that **Mount Kuring-Gai & District Probus Inc** has returned to monthly face-to-face meetings at Mount Colah Uniting Church. A Covid Safe plan is being followed with members adhering to social distancing and all other Covid-19 requirements applying at the time.



The next meeting will be held on **Tuesday 10 November** at which the *Guest Speaker* will be **Senior Constable Colin Mitchell**, Kuring-Gai Police Area Command, speaking on matters of interest in relation to safety in the home and when shopping and travelling; and on avoiding different types of scams. Meetings are held at 10.00 am on the second Tuesday of each month. Visitors are welcome although anyone feeling unwell or who has travelled from a known COVID hot spot should not attend.

Several outdoor activities providing opportunities for fun, friendship and fellowship are also again being included in the monthly calendar. For further information or new membership enquiries please contact Lynn on 0427 087 709 or visit our website mkgdprobus.org.au

Photo above: Mt K & District members enjoying a presentation from *Sydney Wildlife Rescue* at the September meeting and a bushwalk on the *Kalkari Track*.

'DOORS OPEN' FOR NEW LIFT PLAN: THORNLEIGH & NORMANHURST STATIONS

Planning is underway to improve accessibility at Thornleigh and Normanhurst stations. Member for Hornsby **Matt Kean** MP said, "The upgrades to Thornleigh and Normanhurst stations will provide a station precinct that is accessible to those with a disability, limited mobility, parents and carers with prams and customers with luggage."

Preliminary investigations will help identify what work will be required to make both stations fully accessible, with survey and site investigations having taken place in late October. HAVE YOUR SAY The community will have a chance to have their say on the planning documents, which will be placed on public display early 2021.

Subject to planning approval, construction is expected to start in mid 2021 and be completed in 2023.

The NSW Government has committed more than \$2 billion in the Transport Access Program since 2011, with more than 470 projects either completed or currently underway across NSW.

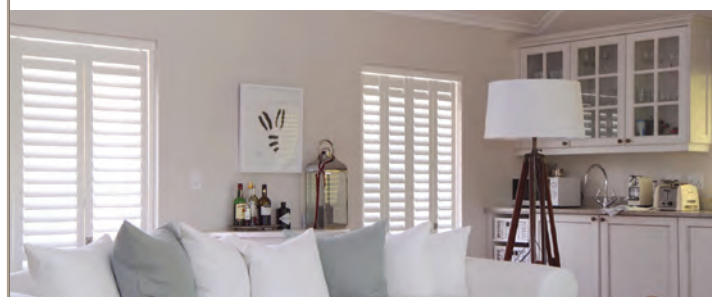
For more information on the projects, please visit: <https://www.transport.nsw.gov.au/projects/current-projects/thornleigh-station-upgrade> and <https://www.transport.nsw.gov.au/projects/current-projects/normanhurst-station-upgrade>

Source: Office of Matt Kean MP

Photo right: Members of the local community at Thornleigh station who support the installation of lift, with Matt Kean MP.



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Healthy Living & Lifestyle

'OAK TREE' OPENS NEW DOORS FOR INDEPENDENT DISABILITY LIVING

Specialist Disability Accommodation 'OAK TREE', has opened in Mount Colah to provide independent living to people with autism, down syndrome and cerebral palsy.



Member for Hornsby **Matt Kean** MP officially launched Oak Tree, the first of many specialist accommodation housing options to be presented by **Good Housing**.

Co-founder of Good Housing, **Samuel Graiche** said, "We are deeply motivated to addressing the housing shortage issue by developing smart and healthy homes that are robust in design, ensuring people with

complex disabilities are given a chance to lead a better lifestyle."

"Our mission is to build 50 homes like Oak Tree in the next three years, and with 16 other villas already in the pipeline with eight of those potentially in Hornsby, we're excited to create significant change in the industry," said Mr Graiche. Mr Kean said, "I am thrilled to open the first Good Housing home in Mount Colah, which will enable those living with a disability to live independently."



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Good Housing partner, *Summer Foundation's* General Manager **Alecia Rathbone** said, "There is strong demand for disability housing, which is demonstrated by the number of potential tenants who have expressed interest in Oak Tree."

"At the Summer Foundation we see too many young people with disability moving out of hospital into aged care homes – having no control over their future", Alecia said.

"Homes like Good Housing's Oak Tree mean that people with complex disability support needs have a better option than aged care. Tenants live independently, but with a housemate and support for your needs, you are not alone," Alecia said.

Good Housing are one of the only providers who custom build new smart and healthy homes to meet the needs of the individual, and provides robust housing solutions to meet the needs of tenants with complex disabilities. <https://www.goodhousing.com.au/>

HORNSBY HOSPITAL:

LARGEST SOLAR POWER SYSTEM IN NSW

Hornsby Ku-ring-gai Hospital has gone solar now boasting one of the largest solar photovoltaic (PV) system on a healthcare facility in NSW.



The green initiative is part of a statewide solar program which was launched by Minister for Environment and local Member for Hornsby **Matt Kean**, and Minister for Health, **Brad Hazzard** in January 2020.

As the redeveloped hospital has a large roof space and new buildings, the campus was selected to be one of the first hospitals in the state to have solar energy, with an estimated combined size of 865 kilowatts (kW). The system will yield over one million kWh of power per year, saving \$250,000 and 900 tonnes of carbon emissions every year.

Photo above: Solar panels on Hornsby Ku-ring-gai rooftops largest for a medical facility in NSW.

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"Tap dancing is a fantastic way to have fun, focus your mind, sharpen your timing/musicality and get fit", says **Ruby Boukabou** who is back home from dancing in Paris, France and offering PRIVATE LESSONS in her boutique studio near Berowra station.



Private classes allow students to progress rapidly towards their goals whether it be to simply learn the basics, get fit, brush up technique, prepare for exams or learn fun routines. *No tap shoes required for beginners.* All ages. **Discounts apply for packs of five.**

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Photo above: Still from *Sur Le Shuffle Pont* with Mbango Baer, Ruby Boukabou and Jussi Lindroos in Paris. Image Olivia Rutherford.

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TICKED OFF?

Ticks are parasites which feed on human and animal blood.

There are many different types of Tick in Australia. The most common species that attacks humans is the Paralysis Tick (*Ixodes holocyclus*).

The most common reactions to tick bites include redness, swelling and irritation around the bite site but some people also experience headaches, sore glands and flu like symptoms. *More severe allergic reactions to ticks, requiring urgent medical attention are also possible and tick bites have been linked to mammalian meat allergies.* Squeezing or agitating a tick will make it more likely to inject it's saliva into you, so the latest advice on the most effective way of removing an adult tick is to **FREEZE** it with ether-containing spray (eg MediFreeze Tick Off). It should die and drop off in about 5 minutes.

For small ticks (larvae or nymphs) a cream containing *permethrin* (eg Lymeclear) should be used.

Some tips for preventing tick bites include:

- keeping your skin covered in areas where there might be ticks,
- using an insect repellent that contains DEET and
- brushing your clothes and checking your skin for ticks when you come inside.

Our pharmacists can also provide advice on treatments for tick bite irritation such as antihistamines and creams to treat inflammation.

Contact Hornsby Heights Pharmacy on 9987 4777 for more information.



*Alexandra Torrens,
Pharmacist at
Hornsby Heights
Pharmacy*



BreastScreen NSW

9 out of 10 women who develop breast cancer do not have a family history



20 minutes every 2 years could save your life

October is Breast Cancer Awareness Month.

This is an opportunity for us to focus on our breast health and those that have been impacted by breast cancer.

If you're aged 50 to 74 make your breast health a priority by booking a free mammogram in October with BreastScreen NSW by calling 13 20 50 or online <https://book.breastscreen.nsw.gov.au/>

BreastScreen NSW is located at Ku-ring-gai Hospital, Gate 6, 3-7 Derby Rd, Hornsby.

Interpreter appointments are also available.

BreastScreen NSW has implemented a range of hygiene and social-distancing measures to ensure clinics and mobile screening vans are COVID-19 safe, to protect women, staff and the wider community.

We recommend women aged 50-74 have a mammogram every two years. Book your free mammogram online at book.breastscreen.nsw.gov.au or call 13 20 50

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Programs include brain training, exercise, movement/dance, art and cooking. These are all designed with evidence-based practise and stimulate the mind and body to keep our brains healthy. The Memory Innovations Centre also offers 1-2-1 consultations with our Dietician and Speech Therapist.

Our groups are run by highly experienced, trained facilitators who each bring a warm and inviting atmosphere ensuring you receive the best outcomes for your health and wellbeing.

Our programs continue to grow in popularity and we're keen to support more seniors. Geography is not an issue because you can join us online - it doesn't matter where you live! **Book now, wherever you are!** You can also visit us in centre for a free trial session. For more information call Jessica on (02) 9481 2659 or visit www.catholiccaredbb.org.au/mic



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Emergency preparedness is important for everyone...no matter if you live right near the bush or in a town centre.

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The free Australian Red Cross 'Get Prepared App' can help you to get organised ...so you know what to do in the event of a bushfire or other emergency near you.

Download the Get Prepared App and find more useful information here: <https://www.hornsby.nsw.gov.au/emergencies>

ALSO ... watch the ABC TV program "Big Weather" for some useful emergency preparedness tips: <https://iview.abc.net.au/show/big-weather-and-how-to-survive-it>

Photo: Westleigh RFS

CRIME PREVENTION OFFICER GIVES VALUABLE ADVICE TO LOCALS

Senior Constable Colin Mitchell is the Crime Prevention Officer based at Hornsby Police Station.

Hear him speak at the Crime Prevention Forum on Tuesday 3rd November where he will give advice and tips on personal safety, detecting scams and how to report crime.

This Forum to be held at Berowra is the first of a series of community information events and will also be able to be heard via live streaming, thanks to Berowra Lions Club.

Find out more: call Nathan Tilbury 0403 227 560.



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www.rihornsby.com.au

THE ROSE BY MORAN

The Rose by Moran has confirmed their opening date for 1st February 2021 which is when they will open their doors to their residents.

The residents will be assisted by the Village manager for all of their moving in requirements and The Rose by Moran has partnered with renowned home furnishings group, *Coco Republic* to provide any design or styling advice when moving from their old home into their brand-new residence. One of the biggest challenges for people who are downsizing is having the shift in mindset towards their use of space and, importantly, how to manage a lifetime of acquired possessions. The Rose by Moran Team through their partnership with *Coco Republic* are committed to making this transition enjoyable and stress-free.

Another recent development for The Rose by Moran is their sponsorship partnership with the Warrawee Bowling Club.

The founders were invited to present trophies at a recent bowling event and they spoke of how proud they were of the association given the very social and engaged environment of Warrawee Bowling Club, and how the synergies between The Rose by Moran and the bowling club were so well-suited.

As part of the relationship, all future residents of The Rose by Moran will be provided a complimentary membership to the Warrawee Club. Furthermore, The Rose by Moran is the sole sponsor for the **Croquet Club** affiliated with the bowling club, and are looking forward to promoting this social game within the community. Finally, as completion nears for this heritage informed project, The Rose by Moran team are turning their attention to creating stunning heritage gardens and landscapes for the enjoyment of their residents.



Due to requests of the future residents, there will be an opportunity for residents of The Rose by Moran to be involved in the planning and design of these beautiful gardens. We understand that of course, *roses will be a key feature.*

To enquire please contact Provectus Care; 02 9777 0009 enquire@rosebymoran.com.au or see website rosebymoran.com.au

Photo above: Rose Bedroom.

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AUSTRALIA POST COMMUNITY GRANT AWARDED TO MENTORING MEN

Locally based community group **Mentoring Men** has been awarded a grant of \$9,650 as part of *Australia Post's 2020 Community Grants Program* for its work in Hornsby.

This grant will fund their 'Getting Out and Speaking Up' project.

The project will help men develop healthier lifestyles both mentally and physically, reduce the impact of worry and build positive connections with their families and communities. Mentoring Men is one of 79 community organisations across the country to receive a 2020 Australia Post Community Grant of up to \$10,000. This year's grants program aligns with Australia Post's commitment to supporting mental health, funding projects that help improve connection and mental wellbeing in local communities.

Australia Post Executive General Manager **Nicole Sheffield** said, "The organisations we've funded aim to help improve the mental health and wellbeing of Australians by helping individuals and communities be more connected. More than \$500,000 in total will be awarded to not-for-profit community organisations across Australia, with the majority of recipients in rural and regional areas.



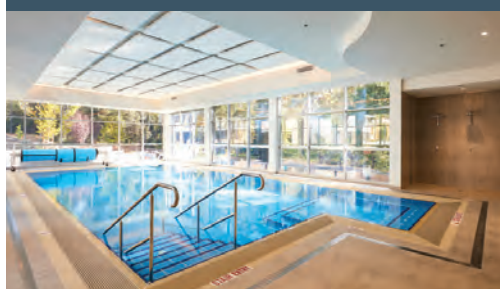
The full list of Australia Post's 2020 Community Grants recipients and more information about the grants program is available at auspost.com.au/grants

Find out more - Mentoring Men: <https://mentoringmen.org.au/>

Photo above: Group shot of Mentoring Men, Hornsby.



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PROBUS WELCOMES 'SOCIAL DISTANCING MEETINGS'



The **Probus Club of Berowra** met for the second time in October, observing social distancing COVID 19 restrictions. Many members attended wearing Yellow and Blue, the colours of Probus South Pacific, recognizing its inaugural PROBUS DAY on Thursday 1st October 2020. Berowra Probus members were treated to an interesting talk by **Ian Best** on his travels along the "Canning Stock Route" from **Wiluna** to **Bililuna** in Western Australia.

The Club welcomes new members. Enq: phone Richard 9456 5026.

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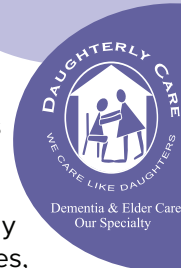
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shining a local light on small business

Hornsby Chamber loved shining a light on local business owners who are doing such a great job serving their clients for **NSW Small Business Month**. With over 15,000 businesses in our shire, there's a diverse array

of committed and hard-working business owners whose stories rarely get told – from **Rachel at The Welcome Basket** who's been providing a hamper of goods and vouchers to new people moving into the area, to **Emily the Head Keeper at Koala Park**, who hand reared EMUily the Emu from an egg and who just adores cuddles. Then there's **Luke at The Coffee Drs** who's a local lad, passionate not just about giving you a quality coffee experience that makes you smile. He's also committed to sourcing his beans from farmers who focus on improving social and environmental issues.



Laura at LHF Connections has 20+ years of experience as an executive PA which inspired her to start her own Virtual Assistant service and Aditi at F&G Creative whose passion and skill for

exceptional design gained her the contract to design all the merchandise for the Australian Open. Visit @HornsbyChamber on social for more!

QR PETITION TO END DEATH PENALTY

Hornsby and Pennant Hills Amnesty groups have joined a campaign to abolish the death penalty world-wide.

Hornsby co-facilitator of the group, **Clare Glendenning**, said, "We used to gather signatures on paper petitions but this year instead of using pens and paper we asked people to use a QR code to sign the Amnesty petition against the death penalty."

Local Amnesty members invited the community to join the world campaign and "speak up" using their smartphones.

"There were the usual technical hitches – some of us were not sure what a QR code was when we started!" said Clare.

"The COVID19 pandemic has pushed many of us into a new techno world. We used to meet in cafes but now we are learning to 'join zoom meeting' and how to 'unmute' ourselves. We are mastering the hashtag #nodeathpenalty, for example!" explains Clare.

When Amnesty International began this effort in 1977, only 16 countries had abolished it. Now 106 countries have abolished the death penalty in law for all crimes and 142 countries have abolished the death penalty in law or practice. The QR CODE when photographed by a smart phone takes you to the site where you can sign the petition. The code acts like a web address finder.

More information: www.amnesty.org.au

Photo below: left to right Cllr Joey Nicita, Dorothy Babb, and co-facilitators Clare Glendenning and Swagota Kotocky



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from the Mayor's Desk

Hornsby Shire Council has yet more strategies on public exhibition, as part of ongoing efforts to involve the community in plans for our future. I strongly urge all residents to have a look at them and offer feedback.

Everybody has a stake in these documents, which will set the course for Council's actions over coming years. The latest items on exhibition are the draft Economic Development and Tourism Strategy, the draft Play Plan, the draft Hornsby Employment Land Study, and the draft Walking and Cycling Strategy.

It's much harder to change these strategies once they have been adopted, so this is your chance to come forward with suggestions and corrections. There is not the space to outline their details fully here, but they address a multitude of issues. These range from the management of playgrounds to the allocation of business and industrial zoned land, from the development of walking and cycling trails to the future of Hornsby's tourism industry.

And that is not even mentioning all the other various strategies that are already on exhibition. Visit future.hornsby.nsw.gov.au to see the documents and have your say.

Philip Ruddock AO
Mayor
Hornsby Shire Council

What's on

Have Your Say

Council is now seeking your feedback on the following draft documents that will have a significant impact on the Shire's future development:

- Draft Economic Development and Tourism Strategy 2020-2025
- Draft Play Plan
- Draft Employment Land Study
- Draft Walking and Cycling Strategy

On Public Exhibition until **26 November 2020**

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CONGRATULATIONS! NEWS FROM SAMUEL MUSIC

Despite the Covid restrictions, the challenges of on-line lessons during lockdown, and the grade exams having to be submitted on video, **Lorraine Samuel's** exam pupils did well this year, with high achievers being 16 year olds **Danny Geng** (pictured below) who passed the Associate Diploma in Piano Performance, and **Marco De Paulis** who passed Grade 8 P. for L. Repertoire with honours.

Both boys were commended for their dazzling displays of technical virtuosity in Chopin's *Fantasie-Improptu* (Marco) and Czerny's *Etude Op.740/50* (Danny).

Lorraine nurtures students through from the earliest beginners to semi-professional level, with an emphasis on performance opportunities and masterclasses through UMT Assoc., and with exams being optional.

There is still time to use the **CREATIVE KIDS \$100 VOUCHERS** for 4th term lessons.

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Why not gift your child or grandchild with lessons as a christmas gift.

Bookings can be made with Lorraine Samuel for tuition in Piano and Keyboard from beginners to advanced, and in Theory (prerequisites for instrumental exams) on 0418 562 060



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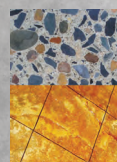
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