

# the *Bush Tele*

AUGUST 2020 EDITION

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tradies & services guide  
local history

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# LOCAL RFS BRIGADES COMPETE IN DISTRICT EXERCISE

Saturday 18th July 2020 saw **Berowra and Mount Kuring-gai** host the annual **Hornsby/Ku-ring-gai Rural Fire Service District Exercise**, an event involving over 100 volunteer firefighters across 20 RFS Brigades from within the District. Crews demonstrated their skills and knowledge as rotated through nine training scenarios including *property protection skills* at **Berowra Scout Hall**, a simulated fire as a result of a digger hitting a gas main, pumping water from various water sources, hose deployment skills, driving skills, community education and the efficient provision of support resources in large fire situations.



A navigation and mapping exercise was also held at the end of **Turner Road, Berowra Heights**.

Firefighters were supported by colleagues from the **Hornsby/Ku-ring-gai Communications, Support and Catering Brigades**, along with **34 event marshalls and assessors**.

Rural Fire Service trucks and personnel were moving around the local area, in particular from **Beaumont Road, Mt Kuring-gai** up to **Berowra township** and the **Fire Control Centre** on the Pacific Highway.

All members participating are volunteers who give up their time to continuously train to ensure their skills are current and up to date. This is all done to make the community a safer place to live and work.

**Muogamarra Rural Fire Brigade's Acting Captain, Gus Gulicher**, said, "The District Exercise is a great opportunity for local Brigades to train competitively through various scenarios that reflect real world challenges."

"This year included the added element of COVID-19 risk management and how we approach firefighting. We want to thank the event organisers for the training opportunity and the community for their support on the day."

With summer and the next bushfire season approaching, residents are encouraged to start preparing their property and discussing their **Bush Fire Survival Plan**, with the statewide **GET READY WEEKEND TO BE HELD OVER 19TH AND 20TH SEPTEMBER**.

For more information on planning and preparing for fire, visit [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au) or for information on Muogamarra RFB visit [www.facebook.com/muogamarra](https://www.facebook.com/muogamarra).

Story: Daryl Johnson, Community Engagement Officer, Muogamarra Rural Fire Brigade.

**DO YOU HAVE A BUSH FIRE SURVIVAL PLAN?**  
<https://www.rfs.nsw.gov.au/resources/bush-fire-survival-plan>

## Minister says "POTENTIAL FOR ACTIVE AUSTRALIAN BUSHFIRE SEASON"

**Australians should be prepared for more fire risks, according to the Australian Seasonal Bushfire Outlook: July 2020.**

The Bushfire and Natural Hazards Cooperative Research Centre (BNHCRC) has published its mid-year seasonal bushfire outlook which covers all states and territories through to September.

**Minister for Emergency Management, David Littleproud**, said, "With memories of last summer's horror bushfire season still fresh in our minds, all Australians, especially in the high-risk areas outlined in the report, should be planning to protect their family and property."

According to the report, the first half of 2020 has seen more rainfall in some parts of the country, with large parts of New South Wales, Victoria and Tasmania experiencing above normal rainfall.

"While this rain is very welcome it will lead to strong grass growth that, once the grass dries, could pose a significant fire risk," said Mr Littleproud. "We're working with councils, states and territories to keep Australians safe this summer. **We cannot afford to be complacent,**"

Minister Littleproud said.

"Start to think about your fire plan now and know what you will do if you need to evacuate," said Mr Littleproud. "Talk to your neighbours, ask them about their evacuation plan and let them know about your plan."

**The BNHCRC Australian Seasonal Bushfire Outlook: July 2020 can be found at <https://www.bnhcrc.com.au/hazardnotes>**

## HORNSBY COUNCIL'S 2020/21 BUDGET UPDATE

Life goes on at Hornsby Council amid COVID-19 restrictions, with councillors participating in the monthly General Meeting via Zoom.

At the June meeting the **2020/21 budget** was approved with funding allocated to a number of significant council projects. These include:

\* \$18 million for the continued creation of **Hornsby Park** (aka Quarry rehabilitation) and

\* \$3 million for the **Westleigh Park** development (former Waterboard land being turned into recreation facilities).

Another important project to receive substantial funding over the next 12 months is the **public domain improvement strategy between Asquith and Mt Colah**. This will have a particular focus on enhancing that area for both **pedestrians and cyclists** of all abilities.

**Speaking of Asquith and Mt Colah**, it was interesting to see those two suburbs, and Berowra Heights, join the 200 odd other Sydney suburbs that



now have a median price in excess of \$1M, as revealed in data out in May. **Already amongst that list were Berowra, Hornsby Heights, Waitara and Hornsby.**

Despite current concerns in the economy our local area continues to experience strong growth as it continues to be in high demand, particularly for young families.

Story & photo 'Dusthole Bay': Cllr Nathan Tilbury



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## "BOOKWORMS ON MANOR"



Young Hornsby residents, Alyssa (13 years old), Caitlin (11) and Connor (7) Eden (pictured above), with the help of their mother, **Emily Eden** and their grandfather, built a STREET LIBRARY at the front of their house in Manor Road.

Registered as "Bookworms on Manor" in the *Street Library Register*, **Alyssa, Caitlin and Connor** each took responsibility to decorate a part of the structure, which makes the library look attractive and draws a lot of attention from the passers by.

**Caitlin says**, "People in Hornsby can now read books from our street library as the books are freely available every day."

**Connor says**, "We get to read new books and others in our locality get to read our books too. This makes me very happy!"

Since the set-up of the library, it has been well utilised by the locals, young and old, with a constant turnover of books, especially children's books.

**The idea of the street library came from the children themselves.**

Emily thought it was a good idea at the time when the community was on "lockdown" to prevent the spread of COVID-19. She bought a **street library** kit online which the children then built and painted. Enthusiastic grandparents helped the trio to assemble and erect the street library at the front of their home for all to enjoy. "A project like this helps to instil a sense of social responsibility in the young."

Story & photo: Eng-Joo Ong

## The Mystery of the Bicycle at Berowra Library

Early in July, **Mike from Berowra Library** contacted **The Bush Tele** seeking help to find the owner of a bicycle which had been left in the bike rack outside the Berowra Community Centre Library.

Mike said, "The bike had been abandoned outside the Berowra Community Centre for about a month. It's in quite good condition and is locked to the bike rack! I wonder if the powers of The Bush Tele could be used to reunite it with its owner?" asked Mike.

Bush Tele posted a photo of the bike on its facebook page asking if anyone owned the bike. Then 2 weeks later, *voila!*

"The mystery bike has now gone, not sure to whom," said Mike. "But still no answer to our mystery of who it belonged to!"

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## Banner Bandit on the Rampage Again



### STOLEN BANNER IMPACTS CANCER CHARITY

Greg Williams is the Events Coordinator for MyOrg.com which is raising funds for cancer research through its recreational activities. Greg says, "After only a short couple of weeks into our cancer fundraiser, our large banner was stolen from the intersection of Buckingham Avenue and Malsbury Road, Normanhurst."

"This has put a big dampener on the promotion of our club's fundraiser in aid of cancer research."

"This July/August, our group is raising awareness and funds for the Australian Cancer Research Foundation," said Greg.

**"We checked with Hornsby Council and a spokesperson advised that council had not removed our banner."**

*The person or persons responsible for this theft is not only responsible for a \$200 loss to our members and the charity (Australian Cancer Research Foundation) that we support, but is also responsible for a further charity dollar loss as we are not able to fully promote our fundraiser.*

**The current club fundraiser is offering new participants the chance to get fit and healthy by bushwalking on a Saturday morning for a \$10.00 donation in aid of cancer research. The club matches that donation dollar for dollar.**

*Let's all work together to save lives.*

*It's a fun and healthy pastime to be involved in.*

Further information about our fundraiser can be found on our site at: [www.myorg.club/fundraiser](http://www.myorg.club/fundraiser).



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### What help is available for first home buyers?

Purchasing your first property can be a daunting task with so many things to do before you get to move into your dream home. From researching the market, getting pre-approval, calculating repayments and upfront costs to attending numerous open for inspections and auctions.

**But there is financial help available and here are a few pointers:**

- **In NSW you don't have to pay stamp duty** on a new or established property up to \$650,000 and concessions are available for property between \$650,000 and \$800,000. This is applied for once contracts have been exchanged. More information can be found at [www.revenue.nsw.gov.au](http://www.revenue.nsw.gov.au).
- **You can also purchase a property with just a 5% deposit with the First Home Loan Deposit Scheme.** The scheme is a Federal Government initiative that offers 10,000 loan guarantees per financial year. This is means tested with income caps of \$125,000 for singles and \$200,000 for couples and there are price caps for NSW capital cities and regional centres of \$700,000 and \$450,000 for the rest of the state. Further information <https://www.nhfc.gov.au/media/1309/fhlds-fact-sheet-july-2020-final.pdf>.
- **There is also a \$25,000 HomeBuilder grant** available if you build a new home for \$750,000 or less or renovate a home purchased for less than \$1,500,000 with a minimum \$150,000 to be spent on the renovations. **Contract must be signed before the 31st of December 2020.** Further information [https://treasury.gov.au/sites/default/files/2020-06/Fact\\_sheet\\_HomeBuilder\\_0.pdf](https://treasury.gov.au/sites/default/files/2020-06/Fact_sheet_HomeBuilder_0.pdf)
- **A first home owner grant of \$10,000** is available in NSW if you buy land and build a new home for \$750,000 or less combined or for a brand new home or substantially renovated home for \$600,000 or less. Further information <https://www.revenue.nsw.gov.au/grants-schemes/first-home-buyer/new-homes>
- **Finally, there is the First Home Super Saver** where you can make voluntary contributions into your super fund of up to \$15,000 per year with a total of \$30,000. This provides you a tax saving on the contributions. You can then withdraw the funds when you are ready to purchase. Further information <https://www.ato.gov.au/individuals/super/withdrawing-and-using-your-super/first-home-super-saver-scheme/>

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## from the Mayor's Desk

Hornsby Shire Council is working on a new Community Strategic Plan and to assist with this we conducted an independent community survey in March. Its results are very revealing and well worth sharing. Much of it is pleasing, including that 92 per cent of people are satisfied with Council overall (an increase from 87 per cent in 2017) and that 80 per cent of residents rate their overall quality of life as very good or excellent (stable from 2017). Other good results are that 91 per cent have access to bushland areas, parks and green spaces; 78 per cent are able to access a range of community facilities to meet their needs; and 95 per cent feel safe walking around their local area during the day.

While the pat on the back is nice, the real purpose of the survey is to find the areas where residents feel we could be doing better. There were a number of issues identified as needing further improvement. Of those surveyed, 27 per cent felt the road network provides for efficient traffic flows; 37 per cent felt there are adequate parking facilities in public areas; and 31 per cent felt the community is encouraged to participate in Council's decision-making. The results will also inform an 'End of Term' report which will be produced at the end of the political term (September 2021) to show our progress towards the community outcomes and overall vision identified in the current Community Strategic Plan. For more information and to view all the results please visit: [hornsby.nsw.gov.au/csp2020](https://hornsby.nsw.gov.au/csp2020)

**Philip Ruddock AO**  
Mayor  
Hornsby Shire Council

## What's on



### ARE YOU RECYCLING RIGHT?

**Make sure you put the right things in your yellow bin.**

If you're not sure, check out the recycling guide on our website: [hornsby.nsw.gov.au/waste](https://hornsby.nsw.gov.au/waste)

Remember never put plastic bags in your yellow bin.

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For more information, visit: [hornsby.nsw.gov.au/bushwalks](https://hornsby.nsw.gov.au/bushwalks)

### Chipping for Mulch



**Sunday 23 August, 7.30am - 12.30pm**  
**Council Depot, 5 Beaumont Road, Mount Kuring-gai**

Bring your garden prunings and branches that don't fit in your green bin and have them chipped into mulch.

For more information, visit: [hornsby.nsw.gov.au/whatson](https://hornsby.nsw.gov.au/whatson)

## Community Research Results



What have we been doing well and what do we need to improve on – here's a snapshot of the results. For full details visit: [hornsby.nsw.gov.au/csp2020](https://hornsby.nsw.gov.au/csp2020)



**92%** Satisfaction with Council overall (increase from 2017 @ 87%)



**80%** Residents rate their overall quality of life as very good or excellent (stable from 2017 to 2020)



More than two-thirds of quality of life measures showed improvements on 2017



## Parents Raise Concern over Child Centre Closure

The closure of Hornsby **Uniting Sarah's Place Early Learning Centre** on the west side of Hornsby has raised concern amongst some parents about the overall impact this closure will have on local child care availability.



In a letter to parents and carers of children attending the Centre, *Uniting Child Care* has identified uncertain financial sustainability in a challenging local market, exacerbated by the impact of COVID-19, as necessitating the centre's closure on 25 September 2020.

*One parent has called on the government to step in to give short-term financial assistance to ensure the continuance of the service, particularly with some of the children attending school in 2021.*

"Closing Sarah's Place will remove 30 full time places from child care in Hornsby," said the parent.

"Because of its proximity to Hornsby Station, Sarah's Place is one of only four child care centres that are a viable option for working parents who commute by rail to work from Hornsby Station."

**Sarah's Place, which is a long established centre, is just 300 metres from the newly council approved tower development in west side Hornsby.** It is one of only two child care centres on the west side of the railway line.

"The education at Sarah's Place is excellent, as is the management. There is a lot of staff continuity which is important for small children."

"We are devastated about the impact on families at the centre but more concerned about the impact on the wider Hornsby community," said the parent.

**A petition at Change.org has already started amassing signatures:** <https://www.change.org/p/uniting-nsw-act-save-uniting-sarah-s-place-early-learning-from-closure>

*What plans are there for child care and other support agencies for the increased population coming to live in the Tower Buildings?*

*Does Hornsby Council and the State Government have a plan in place for additional infrastructure to accommodate this increase?*  
editor@thebushtele.com.au

## FROM OUR FRIENDS IN POZIERES ...



**Mayor Jennifer Anderson of Ku-ring-gai Council says:**

"Following last summer's tragic fires in Australia, **Mayor Bernard Delattre** and the people of **Pozieres**, Ku-ring-gai Council's French friendly city, generously fundraised and donated \$2,172.18 to the Bushfire Appeal as a gesture of sympathy and solidarity, suggesting it go to native animal welfare."

"Ku-ring-gai Council has donated this to **WIRES** which undertook over 26,000 rescues of sick, injured or orphaned native animals between September and May alone. Global community support following the severe drought and massive bushfires has enabled WIRES to provide national emergency support with licensed wildlife carers, groups and vets, critical koala research and national habitat regeneration projects in partnership with Landcare."



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**We all have different skills that can be applied to help our local communities thrive.** One way to make a real difference which many readers may not have previously considered is through participating on a **Community Bank Board**.

Our local Bendigo Bank Community Bank® branch in Berowra can only succeed through the continued efforts of community-minded people providing their unique skills and energies.

**We are always on the lookout for new additions to our Board – and the best news is you don't need to be a banker!** Anybody with an interest in marketing, community development, social media, building relationships or just *"doing good"* would be very welcome.

If you are keen to become involved, or know somebody who might be interested, please contact our Branch Manager, Josie Fonti on 9456 2265. E: [Josie.Fonti@bendigoadelaide.com.au](mailto:Josie.Fonti@bendigoadelaide.com.au)



**Photo above:** Branch Manager, Berowra & District Community Bank® Josie Fonti (centre) with members of the Rotary Club of Berowra.

Berowra & District

Community Bank® Branch



Bendigo Bank

## GET FIT AT WARRINA STREET OVAL



**New exercise equipment at Warrina Street Oval is now officially operational for community use.** Featured are two exercise pods, with a total of five exercise stations to benefit all ages.

Three local service clubs - **The Lions Club of Berowra, The Rotary Club of Berowra and the APEX Club of Berowra** – combined to contribute funds for the new equipment. Additionally, \$15,000 was provided through the Federal Government's **Stronger Communities Grants Programme**, enabling the community project to go ahead.

**The total cost of the project was \$30,000.**

President of Lions Club of Berowra, **Graham Estreich**, said that many community members cannot afford to, or do not want to, exercise in local gyms.

"There were a number of playgrounds for children throughout the area, however nothing to allow other members of the community to exercise," said Graham Estreich.

"This facility allows the community to incorporate additional exercises into their usual walks to and from the park."

**This is STAGE ONE of the Vision for Warrina Street Oval, with two more pods anticipated to complete the circuit around the oval.**

Federal Member for Berowra **Julian Leeser MP** said, "This is a fantastic project and is an investment in the health of the local community."

"I know the equipment will be well used and is a great addition to the free facilities available for fitness and recreation in the area."

For more information about the Stronger Communities Programme, visit <https://www.business.gov.au/Grants-and-Programs/Stronger-Communities-Programme>

**Photo above:** Front row (kneeling left to right) - Graham Estreich, President - Lions Club of Berowra, Trevor Bailey. President - Rotary Club of Berowra, David Cook, President of APEX Club of Berowra. Julian Leeser MP, surrounded by members of Berowra Apex, Lions and Rotary.

## PHOTOGRAPHY COMPETITION OPENS AT HORNSBY KU-RING-GAI HOSPITAL ATTENTION: Local Photographers!

You are invited to enter a PHOTO COMPETITION at **Hornsby Ku-ring-gai Hospital** to have your work included on the walls of the new **Clinical Services Building** – the centrepiece of the \$265 million Stage 2 Redevelopment.

General Manager **Lee Gregory** said, "The winning entrant will receive a \$250 gift voucher and finalists will have their work displayed as part of the permanent collection of artwork in our new building."

"To further celebrate the nature-inspired artwork within the STAR building, we would like to see photographs of what inspires you about living and/or working in the Hornsby Ku-ring-gai community. We would particularly like to see uplifting images of the amazing bushland, plant and bird life in the area."

*The photography competition is open to staff, patients and family, volunteers, consumers, students, residents and community members.*

**Details on how to enter can be found:**

<http://www.nslhd.health.nsw.gov.au/Hospitals/hornsby>

**Entries close 5pm, 25 September 2020.**

*The new Clinical Services Building is scheduled for completion in 2021.*

*Photo right: Photo entry is by Tim Yi, Deputy Director Pharmacy.*





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*During these uncertain times, I will continue to provide guidance and support to my local community and invite you to reach out to me to discuss how I can assist you"*

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A fully refundable \$5,000 deposit, with nothing more to pay until late 2021, will secure your place at Kokoda Residences, buying 'off the plan'. So now is your time to contact Maureen Malouf on 9299 3953.



9299 3953  
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Sales Suite Open by appointment  
37 Alexandria Parade, Waitara

\*Prices subject to change. Image is for illustrative purposes only. Correct as at July 2020. J005057E



## 2020 HORNSBY KU-RING-GAI LOCAL BUSINESS AWARDS

Following the overwhelming support for local businesses, the Hornsby Ku-ring-gai Business Awards has highlighted the close-knit ties between local customers and business people. Community members have thrown their support behind the best local businesses, with thousands of nominations received. With the judging process for the 2020 Hornsby Ku-ring-gai Local Business Awards well underway, signs have been good for the area's local businesses and the community as a whole. The judging process itself is undertaken anonymously. The quality of the teams behind the well-known businesses has shone through wonderfully. For the local community, the benefits are clear; **businesses willing to go the extra mile improve the standard of living for all customers.** Finalist businesses are also encouraged to take the opportunity to submit additional information detailing background information, including business history, philosophy, staff training and efforts toward sustainability. Thus far, judging is proving a challenging process, with many

finalists inseparable in their quality. **This is a testament to the outstanding quality of local businesses in the Hornsby Ku-ring-gai region.** The 2020 Hornsby Ku-ring-gai Local Business Awards will culminate at the presentation evening, to be held on **Tuesday 20<sup>th</sup> October** at **Hornsby RSL Club**. It will mark the announcement of the category winners for the 2020 Hornsby Ku-ring-gai Local Business Awards program.

*This year we have a spectacular event planned, with entertainment that is sure to have the audience's toes tapping when they take the stage.*

Master of Ceremonies, **Paul Hancock**, will also be returning for 2020. An ever-popular crowd favourite, Paul is hugely excited to bring the Awards to the local area for another year. A sell-out audience of local business people and their teams are expected to come together to celebrate the brilliance of local business of the Hornsby Ku-ring-gai. Tickets to the presentation evening are **extremely** limited. **To purchase tickets, contact Precedent Productions on 8577 5060.**



## 2020 HORNSBY KU-RING-GAI LOCAL BUSINESS AWARDS

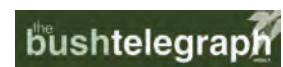
**Nominations are open for the  
2020 Hornsby Ku-ring-gai Local Business Awards**

**Head to [www.thebusinessawards.com.au](http://www.thebusinessawards.com.au)  
to nominate your favourite business today!**

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**[www.thebusinessawards.com.au](http://www.thebusinessawards.com.au)**



### Client focused

During these challenging times we continue to provide our clients with personalised guidance and support.

We encourage you to reach out to your local area specialist to discuss how we can best assist you with your real estate needs, in the current market.

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**Berowra**  
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## WONDERFUL WESTLEIGH!

### *Westleigh Village is a hidden gem!*

A favourite for the locals to eat and shop, Westleigh Village has a wonderful atmosphere boasting a large **Aldi store** & a **Mint Fresh IGA** (with the **BEST** gourmet deli in the area - freshly sliced to order every time).

*The Village has something for everyone!*

**SPECIALTY STORES** include a wonderful family owned *traditional bakery* serving up the best bread & sweet treats with artisan bread specials every Saturday (a must is the wonderful cheese & chives scones); a *family owned newsagency* with a fabulous in-store gift section that covers every from stunning designer babywear to stylish toys plus quality *Australian made gifts for all ages*.

**Westleigh Village also boasts 3 incredible winners from the The 2019 Hornsby Ku-ring-gai Local Business awards!**

Double winners **Cherrybrook Travel**, **Westleigh Quality Meats Butcher** providing *quality cuts but also quality service including a home delivery service*, have seen the addition of Award Winner **Lalka Boutique** to this auspicious group. Lalka Boutique will delight your senses with its fashion, exclusive European jewellery, gifts, homewares and incredible seasonal options - there is so much to discover in such a tiny shop!

**The Westleigh Village also boasts 6 amazing cafes/restaurants** - there is something for everyone and the array of coffee options will tempt even the fussiest of coffee drinkers! Meet with friends, enjoy breakfast, lunch or dinner or a cheeky glass of wine on the balcony after 10am at

**Westleigh Mezze Bar!**

**Come and discover why the locals never want to leave Westleigh!**

[www.westleighvillage.com.au](http://www.westleighvillage.com.au)

## Independent Retirees' 'Kangaroo Island' ZOOM Meeting

Sydney Hills District Association for Independent Retirees held its July Meeting via Zoom featuring Guest Speaker **Sharon Clifford** from "**Clifford's Honey Farm**" on **Kangaroo Island, SA**.



### **Kangaroo Island suffered massive devastation in the 2020 Summer Bushfires.**

Sharon spoke on how they rescued their bees from the **Flinders Chase** area then went back to rescue their neighbours' bees, which was a dangerous process as the fires were approaching.

The Bees are being well looked after, being feed sugar syrup and protein, due to the native plant species such as **Sugar Gum**, **Cup Gum** and **Coastal Mallee**, which had been so badly affected by the bushfires. *This feeding process will continue until the Canola Crops are flowering, the bees will be taken to the Farms.*

*Some Beekeepers on the Island had all their hives destroyed by the fires, which is a massive loss.*

Sharon spoke of the 80 homes lost in the fires along with the loss of life, farm animals, native animals, sheds and farming equipment.

Water Tanks are being donated to the affected families by the local **Lions Club**.

Volunteers are helping the community by rescuing native animals. The **RSPCA** and the Army who were caring for the injured animals were working at the **Koala Rescue Centre**.

**Blaze Aid Volunteers** were working with the farmers assisting by rebuilding fencing.

Sharon has visited parts of the Island that were ravaged by the fires. She said, "There is signs of re growth happening although it will take a very long time to reach the level of vegetation before the fires."

Find out more about Sydney Hills District Branch of the Association of Independent Retirees meetings:  
Mal Steel E: [airsydneyhills@gmail.com](mailto:airsydneyhills@gmail.com)

## CAPITAL GAINS TAX and the impact of COVID

**The COVID crisis has forced many of us to rearrange our lives in different ways.**

Some of these may have important (and unintended) capital gains tax consequences.

*For example*, operating your business from a home office now may affect the CGT exemption on your home. *Building a granny flat or putting a caravan in the backyard may do so also.* You may also have found yourself having to sell shares or other investments. And the Tax Office will still be looking at these things despite all the other COVID-related tax matters it is dealing with. So, if you need any advice on any capital gains tax matters, contact Kirk Wilson on 0425 288 849.

### **SPECIALIST CAPITAL GAINS TAX (CGT) CONSULTANT**

**Over 25 years in Capital Gains Tax experience** (ATO and private industry)

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Buying and selling a home | Property | Wills and Estates

| Small business sales | Granny flats

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**Contact: Kirk Wilson 9482 5350 | 0425 288 849**

[www.australiancapitalgainsadviser.com.au](http://www.australiancapitalgainsadviser.com.au)

## LOOKING FOR A BACK ISSUE?

**DID YOU KNOW?** ARCHIVAL EDITIONS OF THE BUSH TELE MAY BE VIEWED ONLINE AT [www.thebushtele.com.au/archives](http://www.thebushtele.com.au/archives)



Starting to think about retiring or already retired?  
Separating or divorcing?  
Not feeling in full control of your finances?



Mark Robinson\*  
Authorised Representative  
CFP, Adv.Dip. FS (FP), MBA, Bacc. Econ (Hons)

**Your first discussion comes at no cost, so if you feel now is the time to take some of the worry out of your life, please call RetireInvest Hornsby on 02 9477 3340 or Castle Hill on 02 9680 8153.**

\*Mark Robinson is an Authorised Representative of RI Advice Group Pty Limited ABN 23 001 774 125, AFSL 238429. The information in this document is of a general nature only and neither represents nor is intended to be personal advice. RetireInvest suggests that no person should act specifically on the basis of the information in this document, but should obtain appropriate professional advice based on their own personal circumstances including personal financial advice from a licensed financial adviser.

[www.rihornsby.com.au](http://www.rihornsby.com.au)



# Westleigh Village

[www.westleighvillage.com.au](http://www.westleighvillage.com.au)

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\*does not include tobacco products

**15% OFF**  
ALL KNITTING NEEDLES  
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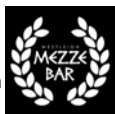
Westleigh Shopping Village  
Shop 26, Entrance Lower Car Park

**0405 528 480**

## SPOTLIGHT ON CAFES/RESTAURANTS

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[www.westleighmezzebar.com](http://www.westleighmezzebar.com)

Open 7 days a week  
Monday - Friday 7am - 4pm  
Saturday - Sunday 7am - 3pm  
Bar opens daily from 10am



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Open 7 days  
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**WESTLEIGH VILLAGE - SPONSORS OF 2020 LOCAL BUSINESS AWARDS**

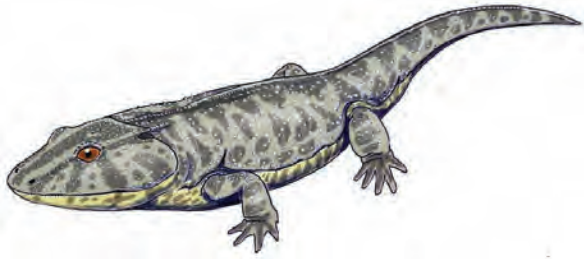
*Vote online for your favourite retailer!*

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Follow us on for specials updates events and the website.





## BEROWRA'S TRIASSIC FOOTPRINTS

In 1948 two local men were working for **Geoff Scarrott** in a quarry just off an unnamed track (later named **Currawong Road**) that ran off **Berowra Waters Road**. They were splitting sandstone when they noticed several footprints clearly visible on a slab they had just exposed.

When the men showed Scarrott, he understood the importance of the find. He immediately reported it to the *Australian Museum* but the museum's palaeontologist, **Harold Fletcher**, was, at first, very sceptical having proved previously reported finds in Australia as false.

After not hearing back from the museum for a week or so, Scarrott followed up with Fletcher with more enthusiasm as he had since discovered a **second set of footprints**, this time with a **tail drag mark**.

The footprints were numerous and very clear making them a very significant discovery.

The museum sent out a team to Berowra who stayed for some time to study the area and carefully extract **the 4.2 metre sandstone slab with 35 footprints**.

It was determined that the footprints were of a large four-legged amphibian that lived in Berowra in the middle of the Triassic period, 240 million years ago.

News of the discovery was reported in palaeontology circles worldwide and the footprints were on public display in the Australian Museum for several years in the 1950s, before being transferred to the museum's research collection. Recently researchers from the *University of New England*, in Armidale, studied Berowra's Triassic period footprints.

In May, 2020 they published a paper on their findings. It determined the trail was made by an *extinct salamander-type amphibian*, known as a "**temnospondyl**" which was between 800cm and 1.35 metres in length. Although temnospondyls are considered amphibians, they have scales, claws, and armour-like bony plates, unlike modern amphibians.

Initially there was confusion about why each footprint only showed two claws when the temnospondyl has a total of five claws on each foot. The research concluded that the animal was actually swimming at the time it made the marks and only brushed the river bottom.

This makes the Berowra footprints even more significant as they are the oldest record of a swimming tetrapod (animals with four legs) in Australia.



Just up the hill from the quarry, **Geoff Scarrott** went on to build his house using the quarried sandstone. He also established a flower nursery called "**Gladness Gardens, Berowra**", specializing in the production of *gladiolus*, which he ran in the Currawong Road area until around 1969.

The whole area was subdivided and built on in about 1981, leaving modern housing over the old quarry site.

There have been other reports of fossils found in the Berowra area. This includes in 1901 when **Berowra Creek Road** was being constructed, and stone was blasted away revealing fossilised fish in the loose sandstone debris.

**Photo left:** Geoff Scarrott **Photo above left:** An image of the extinct salamander-type amphibian, the temnospondyl.

**Photo right:** The Triassic footprints *in situ* at Berowra Heights. The site is now covered by a housing development.

Story: Cllr Nathan Tilbury



## Berowra RSL Sub Branch

### Commemoration Service Cancelled

## VICTORY IN THE PACIFIC and VIETNAM VETERANS DAYS

The Berowra RSL Members wish to inform the community of Berowra, Cowan, and Mt Kuring Gai that the Victory In the Pacific and Vietnam Veterans Day ceremonies on 15 August 2020 at Memorial Gardens, Berowra Waters Rd and Turner Rd have been **cancelled due to COVID-19 restrictions on numbers allowed to gather outside in public place.**



The Members of Berowra RSL wish to express their appreciation to the community for their continual support. We would like to also express our gratitude to community for the ANZAC Day Driveway Sunrise Service in April this year and those that laid flowers and wreath at Community Centre Memorial.

Berowra RSL Members and Veterans are forever grateful for your support.



**SOLD**



**8 Wanganella Close, Mount Colah**

65 couples inspected

**SOLD** - \$970,000

3 Bed | 1 Bath | 1 Car

Sold in 2 weeks

**SOLD**



**18A Rupert Street, Mount Colah**

85 couples inspected

**SOLD** - \$1,570,000

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**SOLD**



**23 Jersey Street, Mount Colah**

102 couples inspected

**SOLD** - \$1,215,000

3 Bed | 1 Bath | 1 Car

Sold in 4 weeks

Featured on Channel 9 'Your Domain' series

*Buyers that visited these properties are looking in Hornsby, Hornsby Heights, Mount Colah, Berowra & Berowra Heights.*

*Thinking of making a move or looking for a new place to call home?*

**Mark Seymour**

0412 535 364

mark.seymour@raywhite.com





# MOUNT KURING-GAI MEDICAL CENTRE

**NEW SKIN CANCER CLINIC**  
**Now Open !!!**

**Dr Masoud Moghaddam** from **Mount Kuring-Gai Medical Centre (MKMC)** talks about skin cancer including the importance of preventive diagnostic measures and services which are now available at their practice.

Every year, skin cancers account for around 80% of all newly diagnosed cancers in Australia: **that is why skin check is very crucial for early diagnosis and long-term survival.**

2 in 3 Australians will be diagnosed with skin cancer by the age of 70

It is estimated 1 Australian is diagnosed with Melanoma every hour

It is estimated 4 Australians lose their lives to melanoma every day

Melanoma is the sixth most common cause of deaths in Australian men and the tenth most common in Australian women

When detected early, the 5-year survival rate for melanoma is 99%



**Here are Dr Moghaddam's answers to FAQs on skin cancer/skin check:**

## 1. How serious and necessary is skin cancer and skin check in the North Shore area?

The facts and data listed above show the impact skin cancer has on our community. In the North Shore area, with our all year sun exposure and proximity to beaches and being a sun-loving society, the risk is much higher.



Dr Masoud Moghaddam from MKMC

## 2. Who is most at risk of skin cancer?

You can get skin cancer at ANY age, but it is rare in children. Everyone is prone to skin cancer irrespective of race or gender. Below is a list of people who are extremely high risk of skin cancers:

- Previous history or family history of skin cancer
- Fair skin, blue-eyed, and red hair individuals
- Immunosuppression due to other diseases or medicines
- Multiple moles >50 moles in the body
- Previous sunburn/sun damage
- Radiation treatment
- Smoking
- Parkinson's disease

## 3. What is the best way to identify an early skin cancer?

The best way is REGULAR SKIN CHECKS with your specialised skin cancer GP who can identify many early-stage cancers due to regularly carrying out skin checks on his patients. **A new skin lesion or change in shape/size or colour of an old skin lesion must be checked by your GP.** Abnormalities on your back will often go unnoticed if you do not do regular checks.

## 4. How often should you visit a GP to get a skin check?

**If you live in Australia, everyone needs a regular check every year, irrespective of gender or ethnicity.** If you are high risk (as identified above), you need 3 to 6 monthly checks with your GP.

## 5. What types of skin cancer services are offered by Mount Kuring-Gai Medical Centre?

I have brought my outstanding experience, advanced degrees and excellent skills in skin cancer medicine and surgery to the Mount Kuring-Gai Medical Centre. We offer very thorough whole-body skin checks, biopsies and necessary excisions which varies in complexity from simple to those which are very advanced, requiring repair by flap or grafts. My thorough and accurate whole-body skin check saves unnecessary biopsies or invasive surgeries with use of good diagnostic skills. If excision is necessary, even in sensitive areas like the ear, around eyes, lips and nose, I can often perform this procedure in our practice, which could save the patient unnecessary referrals to specialists, patient time and travel, and it is more cost-effective for our patients.

## 6. How can we get an appointment for a skin check?

*You can call us to make an appointment. Please let us know this is for a skin check to allow us to allocate proper time, and you get advice about the process from our helpful staff.*

## 7. What should I wear to the appointment?

*You should wear comfortable loose clothing. We would appreciate proper acceptable hygiene. You will need to strip down to your underwear for the skin checks. We will do this maintaining full privacy and dignity of the patient.*

## 8. What happens if the doctor notes an abnormal area in the skin?

If any suspicious lesion which needs further investigation, **Dr Moghaddam** will book you for biopsy appointment to perform the necessary procedure to either remove the lesion or send a biopsy sample.

## 9. What does it cost to get a skin check at MKMC?

Our skin cancer services are privately billed and it will be quoted at the time of booking of your appointment, meaning patients incur an out of pocket gap above the Medicare rebate.

We believe our SKIN CANCER CHECK AND SERVICES are not only essential for your health, they will save time and money by decreasing the cost of referral to the specialist or unnecessary biopsies.



**CALL US ON 9457 7588**  
**www.mkmc.com.au**

This information is a general education guide only and not a tailored treatment plan. Treatment and follow up options for patients vary markedly between individual patients. For your own health assessment and advice you need to consult your doctor.





# Healthy Living & Lifestyle

## My Green Gadgets LOCAL ECO STORE

My Green Gadgets' Showroom is open Monday to Friday, so come in and have a look at what we have on offer.



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We are passionate about sustainable living and stock a range of closed loop products, along with some great eco-friendly gifts, homewares and personal care products.

**We are Australian Owned and live locally, Unit 11, 12 Yatala Road, Mount Kuring Gai.**

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Alexandra Torrens,  
Pharmacist at  
Hornsby Heights  
Pharmacy

## August 3rd-9th 2020 is DENTAL HEALTH WEEK

It is a good time to think about the importance of maintaining good oral health by:

- Brushing twice a day with fluoride toothpaste
- Cleaning between your teeth daily using floss or interdental brushes
- Eating a healthy, balanced diet and limiting sugar intake
- Visiting the dentist regularly for check-ups and preventive care

**Your local pharmacy can help too.**

Many people are unaware that some medications can interfere with their oral health. **For example**, some medicines can cause dry mouth and others can cause taste disturbances. Some medicines (including certain herbal remedies) can increase bleeding risk or cause other issues with the mouth and jaw and it is important that your dentist is aware of what you are taking before dental treatment.

Our pharmacists can review your medications and provide you with an updated medicines list to assist your dentist.

**One of the key aspects to maintaining oral care is hygiene management.**

Our pharmacy has a great range of products which can assist with day to day management and also help those people living with more complex dental and oral hygiene issues.

Contact Hornsby Heights Pharmacy on (02) 9987 4777 for more information.

## BEROWRA PHYSIE

Our high energy, fun & inspiring dance classes are low-cost & keep girls entertained with an excellent variety of age appropriate routines on offer

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- [berowraphysie.com.au](http://berowraphysie.com.au)  
- Ashlie on 0412 341 515

Berowra & Mt Colah Venues



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Mon-Fri: 8.00am-5.00pm  
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SPECIALIST DENTAL CARE

**Dr Avanti Karve**

BDS MHSc DCLinDent (SND)  
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## Celebrating Oral Health this Dental Health Week!

Mind Body Teeth is a specialist dental practice dedicated to those with special health care needs.

We welcome those with:

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# Healthy Living & Lifestyle

## Community Stability is as Important as Ever!



The **Palmdale Memorial Park**, located in the heart of Palmdale with its numerous and award-winning gardens, opens at sunrise each and every day, and closes at sunset to give the most amount of time for families and members of the wider community to visit their loved ones or simply tour around the gardens.

"During these changing times, the team at Palmdale are dutifully committed to ensuring that families continue to have the same access to the park as they always have. As we experience disruptions and changes to our everyday lives, it is important for families and members of the community to continue to have stability in knowing that they are still able to visit their loved ones or even simply tour around the Memorial Gardens during the normal opening hours."

**Lyn Parkes**, *Palmdale Group Community Liaison Manager.*

Alongside the gardens that continue to remain safely open to the public, **Creightons Funeral Service**, owned by the *Palmdale Group*, are pleased to open their new chapel located in Erina. *Less than a thirty-minute drive from the Palmdale Memorial Park, the chapel offers the latest in audio-visual services and facilities in their conveniently located chapel for memorial and funeral services.*

Enquiries to 1300 130955 info@palmdalegroup.com.au



## The Compassionate Collective

**Elisabeth Anne Stofka**  
Counsellor, PACFA

I am a counsellor with experience offering support and guidance for people experiencing depression, anxiety, mood disorders and those looking to make a positive change in their lives.

Offering a holistic and integrated approach to mental health.

Client confidentiality is priority.

Contact: 0424 244 505 ~ [elisabethstofka@gmail.com](mailto:elisabethstofka@gmail.com)



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**Caring for a loved one, family member or friend?**

#### NEED SOME SUPPORT?

Join our Carer Support ZOOM and telephone for FREE support, guidance, information and assistance.

Talk with other Carers and share as we work our way through this challenging time.

ZOOM sessions will be available on a Tuesday and Thursday.

So drop in and say 'hello', stay a while and have a chat –  
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Calls can also be arranged on a daily basis, to suit your needs.

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Phone 9462 9488 and 0434 323 411. Email: [NSLHD-carers@health.nsw.gov.au](mailto:NSLHD-carers@health.nsw.gov.au)

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Contact NSLHD Carer Support Service

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- ✓ **Immediate** help & support **available**
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# In our community ...

## In-Memory

**K. J. Hazel Stevens**  
13<sup>th</sup> May 1927 to 21<sup>st</sup> July 2014



Resting in peace forever overlooking the beautiful Hawkesbury River. Living on in the hearts of all who enjoyed her humour and generosity.

## IN MEMORIAM



In loving memory of  
**Margaret Barlow**  
It has been one year without you with us.  
*In our hearts you will always be...*

## In Memory

In Loving Memory of my daughter and my friend  
**Melissa G. Dorrough**

(nee Purchase)

23/12/1982 ~ 8/8/2016

You came into my life on a hot Queensland summer afternoon and at 33 my beautiful butterfly flew too early on a cold dark Sydney night. Though I simply exist now without you here, you are still and always will be my World.

Thank you for everything you've given me.

I miss you and love you.

Forever yours, Dad in Berowra Heights. X



## Margaret Davey

Margaret Davey, who delivered The Bush Telegraph in her local area for many years, passed away on Saturday 20<sup>th</sup> June 2020.

Bill Davey writes of his mother: "Mum was born in Hornsby 92 years ago and lived her whole life in Hornsby, first in Jersey Street and then in Stephen Street."

She appeared in a number of articles in The Bush Telegraph over the years relating to her involvement in Masters Swimming, where she won Medals at numerous local, state, national and world championships."

*Margaret Davey was a highly regarded member of The Bush Tele team of Deliverers for many years.*

*A remarkable lady, she amazed us all with her energy and achievements in Masters Swimming competitions, many of which are recorded for posterity in the archives of The Bush Tele.*



## IN LOVING MEMORY

**Lynette Beattie**

26-2-1945 to 21-8-2014

Lynette's life radiated the love, goodness, kindness, compassion, and humility of our Lord and Saviour Jesus. I miss you always my beloved, even while I await the Day. Rev 21:3-5.

Lovingly remembered by husband Barry, family members and friends near and far.



As your Federal Member, I am here to:

- ➔ Assist with accessing Federal Government services
- ➔ Attend your local community event
- ➔ Arrange congratulatory messages

Please contact my office if I can be of assistance.



**JULIAN LEESER MP**  
LIBERAL FEDERAL MEMBER FOR BEROWRA

🏠 Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120 ☎ 02 9980 1822

✉ julian.leeser.mp@aph.gov.au 🌐 julianleeser.com.au 📱 julianleesermp

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120.



**Matt Kean MP**

Member for Hornsby  
Minister for Energy and Environment

## Keen to Help you by

- Representing you in the NSW Parliament
- Assisting you to access State services
- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising State achievements

For COVID-19 updates visit  
[www.nsw.gov.au/covid-19](http://www.nsw.gov.au/covid-19)



Contact  
Matt

☎ (02) 9476 3411 @ hornsby@parliament.nsw.gov.au

✉ PO Box 1687, Hornsby Westfield NSW 1635

Authorised by Matt Kean MP. Funded using parliamentary entitlements.



# THINKING OF SELLING, BUYING,



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The elegant sophistication of Belle Property, combined with our friendly and transparent approach, is what truly enables our Belle Property Hornsby team to impress.

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[belleproperty.com/hornsby](http://belleproperty.com/hornsby)



# RENTING OR INVESTING?



**“No matter the market, no matter the method, our team will deliver.”**  
Contact us today to find out about the Belle difference.





# 2020 EDUCATION WEEK

**Education Week** Education Week is a annual state-wide event held during the first week of August to celebrate NSW public education and the achievements of local schools and students. This year, Education Week will run from Monday 3 August to Friday 7 August 2020 and the theme is 'Learning together'.

## Education Week 2020

The theme for Education Week 2020 is  
**LEARNING TOGETHER**

It's a theme that reflects an incredible year for NSW public school students, staff and parents, and the partnerships that have been strengthened in response.

Join us for #EdWeek20 as we celebrate learning together with our students, parents, teachers, schools and the community.

Education Week will be launched with a live streamed video at 10am on Monday 3 August.

In this year of bushfires, floods and COVID-19, the key messages of Education Week 2020 are:

- Schools are the cornerstone of communities
- Parents and carers are our partners in learning. Schools and families benefit from strong, respectful relationships where responsibility for student learning is shared.
- Change and resilience
- Our teachers and students are lifelong learners, collaborating in a positive learning environment to achieve their best. Learning together makes us strong and creates resilient communities.
- Connect better and learn together
- School staff are dedicated professionals who know, value and care for all students. Technology enables learning together anywhere, any time.

<https://education.nsw.gov.au/public-schools/education-week>



**Ed. week**  
3-7 August  
**2020**

| NSW Department of Education

## Learning together

Celebrate our schools this EdWeek  
3-7 August 2020

[education.nsw.gov.au/edweek20](https://education.nsw.gov.au/edweek20)  
#EdWeek20





## Asquith Public School - Learning Together

- Excellence in evidence-based teaching and learning
- Innovative, future-focused learning
- Collaborative and supportive school culture
- Inclusive and personalised learning programs
- Opportunities include debating, dance, drama, sustainability, sport, band and choir

## ENROL NOW

### 9477 1258

[asquith-p.school@det.nsw.edu.au](mailto:asquith-p.school@det.nsw.edu.au)  
[asquith-p.schools.nsw.gov.au](https://asquith-p.schools.nsw.gov.au)



Join us in  
the adventure of  
learning together at  
Asquith Public School

*Opportunity, Excellence,  
Nurturing, Community*



## ASQUITH BOYS HIGH SCHOOL APPROACHES 60 YEARS IN THE COMMUNITY

*Asquith Boys High School is a comprehensive community school committed to providing exceptional learning opportunities for boys and continues to have an excellent reputation for engaging all boys through innovative educational and welfare programs.*

Student enrolment continues to grow every year.

**Electives are broad across all year groups, offering academic, creative and VET based options to all students.**

We also offer an extensive range of extra-curricular opportunities to all students including sporting participation in Zone Competition, Concert and Stage Bands, Duke of

Edinburgh, International Football tours, Environmental groups, as well as community fundraising involvement.

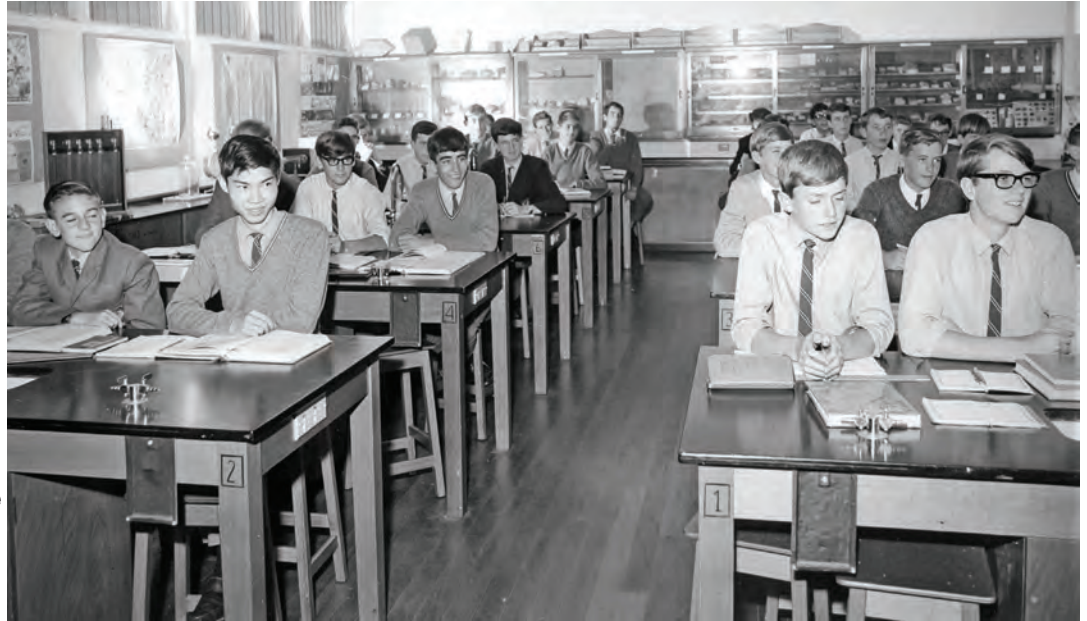
Asquith Boys has consistently ranked in the top 3 comprehensive boys schools in NSW for the HSC, with our Dux achieving ATARs over 98. In 2019, 28 of our 35 HSC courses completed were above state averages, and we achieved in the top 10 schools in NSW for Mathematics.

We consistently achieve above state averages in Reading, Writing and Numeracy areas of NAPLAN.

***These excellent results are credited to the quality boys' educational programs and relationships that the dedicated, highly professional and passionate staff create for all their students.***

This September the school celebrates 60 years of boys' education in the community. Planned anniversary celebrations have been postponed due to COVID-19 restrictions.

**Photo above:** ABHS Science class in the 1960s. Do you recognise any of the students in the photo? [editor@thebushtele.com.au](mailto:editor@thebushtele.com.au)



## St Bernard's is Proud to Welcome Prospective Families to Our School



*We are a faith based community in the heart of Berowra, offering a caring community with families at the centre.*

Our highly qualified teachers value relationships with parents and recognise it takes many hands to raise a child. We prepare our students for a life of learning and equip them with the skills necessary to be a valued, discerning, compassionate responsible member of a global, connected society.

### Facilities include:

- Large classrooms with flexible seating
- Information Communication Technology, Apple TV's Ipad's
- Leadership camp and program for years 5 & 6
- Public speaking competitions, (school, cluster and diocesan)
- Specialist teacher lessons - Japanese, Music and Sport
- Advanced sports - Cluster, Diocesan and State
- School band & Choir

A four week comprehensive transition to school program for Kindergarten with our early years specialist.

**Come and see what a St Bernard's education can offer.**

**ENROLLING for 2021 and beyond**

**Limited vacancies K-6 for 2021**

**Enrolling now  
for 2021**



**Private tours available  
on request.**

**Phone 9456 2104 to book.**




**DISCOVER WHAT A CATHOLIC EDUCATION CAN OFFER.**  
 A centre of excellence in teaching and learning which offers  
 a balanced, holistic curriculum in a safe and caring environment.  
 All families seeking a catholic education at St Bernard's  
 are welcome to apply

**ST BERNARD'S CATHOLIC PRIMARY SCHOOL**  
 Warrina St Berowra Heights NSW 2082  
**P: 9456 2104 E: [sbb@dbb.catholic.edu.au](mailto:sbb@dbb.catholic.edu.au) W: [sbbdbb.catholic.edu.au](http://sbbdbb.catholic.edu.au)**





# Ku-ring-gai High School

## Turramurra North Campus



### Academic Success in a Creative Environment

Outstanding educational resources supporting the Northern Academy of the Arts for talented dance, drama, music, art and design students.



Ku-ring-gai High School  
Bobbin Head Road  
North Turramurra

Enrolment Enquiries - Administration Office - 9144 3477





## MAJOR UPGRADE TO KU-RING-GAI HIGH SCHOOL

**Students and teachers at Ku-ring-gai High School are celebrating the opening of their new \$15M facilities with construction now complete.**

The Member for Ku-ring-gai, **Alister Henskens** SC MP said he was proud that the NSW Government had delivered substantial improvements to another local school.

"I'm delighted that the major upgrade at Ku-ring-gai High School is now complete and the students and teachers can benefit from the wonderful new facilities,"

Mr Henskens said.

"The project has delivered a new multipurpose hall and indoor sports centre, a new flexible visual arts and performance arts space, three new covered outdoor learning areas, and also upgraded 15 existing classrooms."

Education Minister **Sarah Mitchell** welcomed the opening of the major

upgrade at Kuring-gai High School, which include refurbished learning spaces and renovations to the hall exterior.

"I'm pleased that construction is now complete on this major upgrade at Ku-ring-gai High School. It provides the high-quality education facilities that will benefit the local community for years to come," Ms Mitchell said.

The NSW Government is investing \$6.7 billion over four years to deliver over 190 new and upgraded schools to support communities across NSW. In addition, a record \$1.3 billion is being spent on school maintenance over five years, along with a record \$500 million for the sustainable **Cooler Classrooms** program to provide air conditioning to schools.

This is the largest investment in public education infrastructure in the history of NSW.



**Photo above:** L-R Alister Henskens SC MP and Premier Gladys Berejiklian.

## Local Schools Receive \$140k Grant Funding

2020 HAS PROVED TO BE CHALLENGING FOR OUR SCHOOLS

Schools started the year like any other only to find themselves, for the first time in our history, teaching the vast majority of their students from home. Member for Hornsby **Matt Kean** thanks our Principals, teachers and support staff for all their hard work and is thrilled to announce two schools will share in over \$140,000 in grants to upgrade the facilities used by students.

**Cowan Public School P&C Association** was awarded \$55,908 and

**Asquith Boys High School P&C Association** will receive \$94,612.

**Cowan Public School** will redevelop the school oval by laying artificial turf, making it a safer play space for the children and will include a running track.

**Asquith Boys High School**, which this year celebrates 60 years, has built a modular classroom which is used as a study pod.

"These are two of our amazing schools in Hornsby and I am so pleased we are able to help them upgrade their grounds with these significant grants,"

Mr Kean said.

"Right now restrictions don't allow me to go on site at our schools but I look forward in the future to seeing the work done at Asquith Boys and Cowan Public School," Mr Kean said.

"I would like to take this opportunity to thank each and every Hornsby school for the amazing work they have done to support our students through this COVID-19 crisis." Mr Kean said. *CONTINUED PAGE P26*



## Learning Together



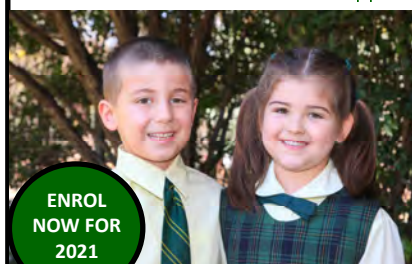
**Berowra**  
Public School

Hillcrest Road, Berowra

berowra-p.school@det.nsw.edu.au **9456 1319**

## Berowra Christian School

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NOW FOR  
2021**

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PRINCIPAL AVAILABLE**

Please ring for appointment

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- Meet our friendly staff
- Ask questions

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## KINDERGARTEN AT HILLS GRAMMAR

A fundamental beginning to a holistic learning journey

*Kindergarten children commence school with a sense of wonder; they ask questions and are curious about the world around them.*

At **Hills Grammar**, teachers guide and nurture these qualities in each child, instilling a deep love of learning from an early age.

At **Hills Grammar**, young learners explore the concepts of belonging and community; families, cultures and traditions, through History and Geography in their vibrant kindergarten classrooms. *They are introduced to the wonders of science and technology as they experiment, invent, hypothesise, test and record their results.*

**Specialist teachers are an integral part of students' learning journey at Hills Grammar. Kindergarten are enriched by a range of specialist lessons, spanning Art, Drama, Music, Physical Education and Languages.**

The Kindergarten classes at Hills Grammar are intentionally small in number, with an emphasis on social emotional wellbeing, kindness towards

others and the embracing of the *School's Values:*

**Respect, Integrity, Service and Excellence.**

**Photo right:** Michael Smith with Kindergarten kids.



## Local Schools Receive \$140k Grant Funding

CONTINUED FROM P 25

To know more about the **Community Building Partnership grant** visit [www.nsw.gov.au/cbp](http://www.nsw.gov.au/cbp) or contact Mr Kean's Hornsby office on 9476 3411.



**Photo above:** L-R Cowan Public School Principal Tracey Darby, School Captain Sarah and Vice-Captain Archie, P&C Vice President Anne Maksoud & Matt Kean MP.

**Photo right:** Matt Kean MP with Principal and students of Asquith Boys' High School.



Become a  
Hills Grammar  
Original



**Hills  
Grammar**

Pre-K to Year 12 | Independent | Small Classes for Personalised Learning

Join us for a tour | [hillsgrammar.nsw.edu.au/tours](http://hillsgrammar.nsw.edu.au/tours)



# 2020 EDUCATION WEEK

## QUALITY EARLY EDUCATION IS ABOUT RICH INTERACTIONS

*Young learners thrive in an environment where they consistently engage in rich and meaningful interactions with educators. In early learning environments all children need an educator who consistently believes in them, cares for them and wants to support their natural quest to learn.*

**At Mt Colah Preschool the educators understand the importance of consistent, rich interactions with the children in our care.**

Warm, caring relationships are so important in supporting your child's feelings, needs and interests and giving them the opportunity to be actively engaged in the world through our vibrant educational programme.

*Through these rich interactions your child becomes a confident learner, developing a life-long love of learning.*

The interaction between your child's developing brain, their learning environment and their relationships has significant impact on their development.

Our educators know that learning happens best when we can explore the world together in ways that are interesting and fun.

Mt Colah Preschool is now enrolling for 2021. Call us today phone: 9476 4101 [www.mtcolahpreschool.com.au](http://www.mtcolahpreschool.com.au) or visit our Facebook page.



**Mt Colah Preschool Kindergarten**  
*a caring place to learn and grow*

## Enrolling Now For 2021

**Quality early childhood education is about rich interactions**

*Our educators skilfully combine explicit teaching of skills and concepts with sensitive and warm, play-based interactions.*



[www.mtcolahpreschool.com.au](http://www.mtcolahpreschool.com.au)

Cnr Amaroo Avenue & Pacific Hwy, Mt Colah

**Ph: 9476 4101**

## New Academic Program Drives Results and Enrolments at St Leo's

*St Leo's Catholic College, Wahroonga continues to go from strength to strength each year – as do their academic results and enrolment applications!*

Since completion of their \$25 million campus and technology upgrade, demand for places is at an all-time high with extra streams added for Year 7 2021 and waiting lists for most other years. **But while the College is currently accepting applications for Year 7 2022, they have also opened a limited number of additional places for Years 10 and 11 next year.**

One reason places have become much sought after is the College's strong academic record while maintaining a wholistic approach to learning and wellbeing. Building on their consistent academic results, St Leo's recently introduced their **Passion into Excellence (PEP) Program** - a personalised academic excellence program for every senior student. *Mentored by the College leadership team*, it is individually tailored to each student, setting personalised strategies and tracking progress to improve results in every subject. This is supported by a free *MasterClass* program run both in person and online during school holidays, run by internal and external experts.

St Leo's is currently accepting enrolments for Year 7 2022 and Years 10 and 11 2021 with No Application Fee for new applicants for a limited time.



 **St Leo's** CATHOLIC COLLEGE

**NOW ENROLLING  
YEAR 7 2022**



*Enter with passion -  
graduate with greatness*

**LIMITED PLACES  
YEARS 10 & 11 2021**

Contact us today to find out more or book a tour:

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## Tailored Aged Care and Disability support across the Sydney Hills and Hornsby regions

### *Just for you*

Just Better Care Hills to Hornsby provides a range of in-home aged care and disability support services, as well as social and lifestyle support options. You can select the mix of services that best suits your individual needs, to enable you to remain living independently at home.

- ✓ We work with you, to plan your support, your way.
- ✓ We support you to continue doing the everyday activities you enjoy.
- ✓ Highly skilled, trained, credentialed and compassionate staff.
- ✓ All our staff have knowledge of the local community and are well connected to local allied health professionals.
- ✓ We provide the full range of services including clinical and post hospital support.

### Simple steps to care.

**1** Contact Just Better Care Hills to Hornsby  
(02) 9484 8788  
[justbettercare.com/hills-hornsby](http://justbettercare.com/hills-hornsby)

**2** Choose the aged care or disability support services that suit your needs

**3** Enjoy the support services, when and how you want them.







# SENIORS' Living, Health & Lifestyle

## DISCOUNT ON SENIOR PETS FOR SENIORS



*NSW Seniors looking for a canine companion or feline friend can take advantage of a 50 per cent discount on adoption fees for senior pets at RSPCA NSW shelters.*

### WANTED Experienced In-Home Live-in Aged Care Carers

Daughterly Care is Sydney's leading provider of Aged Care and has been providing care to older people living in their own Sydney homes for over 22 years.

#### Daily Rate for 24 hours

Mon-Fri: \$340 + super

Sat: \$360 + super

Sun: \$380 + super

♥ Our typical Live-in Carer has 4+ years experience living in a client's home, passionate about providing one-on-one care for older clients in their own Sydney based home - mostly around Mosman, the Northern Beaches, the North Shore Line, Hornsby and surrounds.

♥ You tell us how many days a week you want to work (from 3 to 5 days a week with the same client).

Your role is to support our clients so they can remain in their home and live to their timetable and lifestyle.



#### WHAT'S NEXT?

Please call Vera Hannan on (02) 9970-7333 for a confidential chat to discuss whether a Live-in Carer role is right for you.

Alternatively, email your resume to [recruitment@daughterlycare.com.au](mailto:recruitment@daughterlycare.com.au)

[www.daughterlycare.com.au](http://www.daughterlycare.com.au)

**Matt Kean** MP said, "We know there are so many Seniors in our community who would benefit from the company of a devoted dog or a cuddly cat."

"This new partnership with RSPCA NSW is a great deal for Seniors as well as providing a loving home for an older animal."

**Seniors who take up this offer will also receive a 10 per cent discount on veterinary treatment at RSPCA NSW hospitals.**

Free delivery of the new pet can be arranged for seniors living within 45 minutes of an RSPCA shelter.

*A senior pet is classified as eight years or older.*

**If a Senior person is no longer able to look after their pet, the animal can be returned to the RSPCA NSW or re-fostered under the free Home Ever After (HEA) program.**

The RSPCA 50% discount was one of many new offers released to **NSW Seniors Card** and **Senior Savers Card** holders in July.

Savings can also be made at **Pets Palace** with 12.5% off all items, 10% off short courses at **Sydney University**, a \$40 seniors **fresh vegetable and poultry box** from **Hillview farms** with free delivery and discounts of up to 35% off lenses at **Vision Direct**.

For a full list of new discounts go to: [www.seniorscard.nsw.gov.au](http://www.seniorscard.nsw.gov.au)

**The offer is open to NSW Seniors Card and Senior Savers Card holders.**

### Get *more* hours of care



Switch your Home Care Package to *YourSide* and receive up to **6.5hrs** of extra care per week!\*

*Switch today and we'll credit up to \$500\* of your provider's exit fee!*

1300 134 332 | [yourside.org.au](http://yourside.org.au)  
[hcp@yourside.org.au](mailto:hcp@yourside.org.au)

\*Terms & conditions apply.

**YourSide**  
Your Health and Wellness.





## National Pain Week 2020

**New resources to help Australians understand and manage pain** Chronic pain – *pain that doesn't go away after the injury or illness has resolved and lasts at least three months* – is arguably Australia and the world's fastest growing medical condition. The theme of National Pain Week this year is **'Faces of Pain'**. Chronic Pain Australia is launching two new resources to help Australians understand and manage pain - a video series called **Faces of Pain**, and a new booklet called **'Understanding chronic pain'**.

National President of Chronic Pain Australia **Jarrold McMaugh** said, "We hope by showing what it's like to live with pain through these resources, people will also learn what they can do to manage pain if they ever develop it in the future."

The booklet includes questions you can ask your health professionals. It also lists other ways people can help manage their pain which include:

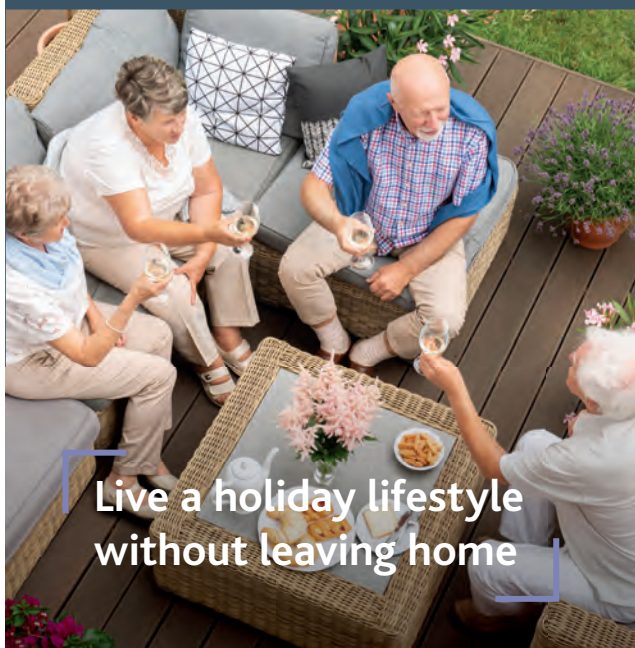
- **Distraction techniques:** Depending on the severity of the pain, distraction techniques can be helpful in taking the attention away from the pain

- **Medication tips:** Taking medications at the prescribed time and right dose is also crucial to ensuring they are as effective as they can be. There are aids available for those who may struggle with this.

- **Mindset:** Keeping a positive mindset and ensuring good sleep habits may reduce the burden of pain. You may need help with techniques to achieve this, so talking to your GP or mental health professional may be helpful.

- **Day to day techniques:** Planning your day in advance and pacing activities will allow you break up your day and activities in manageable ways, allowing you to rest and avoid worsening your pain Mr McMaugh said, "Chronic Pain Australia defines chronic pain as any pain lasting in the body for longer than three months. 'Chronic' actually refers to how long the pain lasts rather than how severe it is." "However, by working with various, suitable health professionals and taking a long-term approach, people living with chronic pain may combat some of the effects it has on their lives and manage their pain the best way possible for them to have a fulfilling life," said Mr McMaugh. The 'Faces of Pain' video series and 'Understanding your pain' booklet is available on the National Pain Week website, as will the results of the National Pain Survey 2020.

**For more information, visit [www.nationalpainweek.org.au](http://www.nationalpainweek.org.au)**



McQuoin Park offers stunning yet relaxed retirement living on the upper north shore. Move in and enjoy superb facilities, fun activities, a fabulous social life and all kinds of recreational pursuits. Unwind by the indoor pool, drop into the gym, play billiards, catch a movie in the 42 seat cinema or take up a new hobby. Meet friends at the residents' bar or share a meal in the dining room. And every time you walk into your beautiful new apartment with Miele appliances and gorgeous finishes, that holiday feeling is brought home.

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**Join us for morning tea any Wednesday at 10.30am, or call for an appointment.**

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**[mcquoinpark.com.au](http://mcquoinpark.com.au)**  
35 Pacific Highway,  
Wahroonga.

**McQuoin Park**  
Retirement Living





## YOGA in the PARK



If you wander down to the corner of *Water and Albert Streets Hornsby*, you will find **Beatrice Thomson Park**.

It is there on **Saturdays at 10am** you can join in the yoga class with **Joyce Dankmeyer Garforth** for some *medium level stretches* to strengthen your muscles and give you greater flexibility.

**Yoga in the Park** was initiated by **Scott Stacey** of Mt Colah who wanted to continue yoga when gyms were closed down during the COVID-19 pandemic. *With the easing of restrictions, it then became possible to have small classes in open areas.*

"It's such a wonderful experience for us in the outdoor air, especially with a warm sun," said yoga teacher **Joyce**.

'**Yoga in the Park**' will continue every Saturday at 10am – 11am. *New faces are very welcome to join in.*

For further information, contact Scott on 0429 790 464.

**Photo:** 'Yoga with Joyce' at Beatrice Thompson Park, Water St Hornsby. L-R: Front- Susan Tsui (Hornsby), Joyce Dankmeyer Garforth (Collaroy Beach) and Zawiah Stacey. *Story by Mick Gallagher of Mt Colah*

## CHRISTMAS IN JULY



The members of **BEROWRA WATERS VIEW CLUB** were delighted to be able to have their first meeting since February, at Asquith Golf Club on Wednesday 22nd July.

**The Golf Club has COVID-SAFE precautions in place, and we all obeyed the social distance rules.**

The meeting was followed by a special **Christmas in July Lunch**. Instead of the usual Speaker after our lunch, we had a Christmas themed *Trivia Quiz*, which produced strong competition and provided a lot of fun.

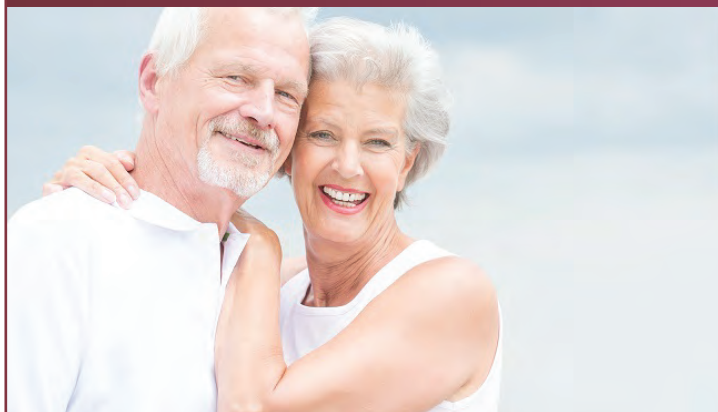
**VIEW** stands for the **Voice, Interests and Education of Women**, and the Clubs were established in **1960** by children's charity **The Smith Family**.

The women from the many **VIEW Clubs** around Australia were looking forward to celebrating their **60th Anniversary** at various functions throughout this year of **2020** but that has all had to be postponed/cancelled.

We usually meet on the **4th Wednesday each month** at Asquith Golf Club at 11am for a short formal meeting, which is followed by a 2-course Lunch and an interesting Guest Speaker.

We are hopeful that we can continue to meet each month, however, in these uncertain Pandemic times things change quickly, so if you would like to join us for Lunch, please phone Geraldine on 9456 2680 for the latest information.

If you would like to find out more about **VIEW** visit the website at [view.org.au](http://view.org.au) or call 1800 805 366. *Story: Geraldine Collins*



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[www.aacsyd.org.au](http://www.aacsyd.org.au)





## GENERAL KNOWLEDGE CROSSWORD

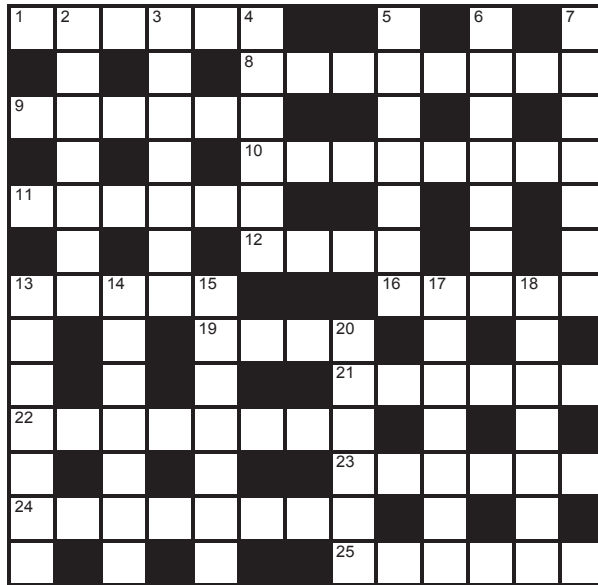
753

### ACROSS

- 1 Name a savoury custard tart (6)
- 8 On the left side is said to be what (8)
- 9 Roger Federer is a renowned player in which sport (6)
- 10 Name a member of Jason's band, in search of the Golden Fleece (8)
- 11 What is a more common term for pulchritude (6)
- 12 Which towerlike structure is used for storing grain (4)
- 13 Which variety of mineral includes the emerald (5)
- 16 In which direction does the Nile flow (5)
- 19 Name a type of horse of graceful, intelligent breed (4)
- 21 To come into possession of something, is to do what (6)
- 22 Name one of the numerous species of flatfishes (8)
- 23 To make careful utilisation of resources, is to do what (6)
- 24 To be able to read and write, one must be what (8)
- 25 To act in opposition, is to do what (6)

### DOWN

- 2 George Formby was accompanied by which instrument (7)
- 3 What is a period of one hundred years (7)



- 4 Name another term for compositions (6)
- 5 Which explosive force is equal to that of 1000 tons of TNT (7)
- 6 Name the lightweight full-length one-piece wetsuit used for spearfishing, waterskiing, etc (7)
- 7 Name the nationality of Dick Whittington (7)
- 14 What are accounts brought back, or presented (7)
- 15 Which room is set aside for the washing of clothes (7)
- 17 Which sea creature has eight suckerbearing arms (7)
- 18 What are three-legged stands (7)
- 20 Name a particular breed of collie (6)

## MINI WORD FIND

054

P U T A I M  
L E E H C K  
B E G B E E  
I D G A I N  
T U R N E D  
M E V N E W

Find the following words in the grid. They may be read in any direction, even diagonally. Some letters are used more than once.

Aim	Bid	Era	New
Ban	Bit	Gain	Peg
Bee	Due	Ice	Put
Beg	Egg	Leg	Then
Bet	End	Mug	Turned

## CURIO

054

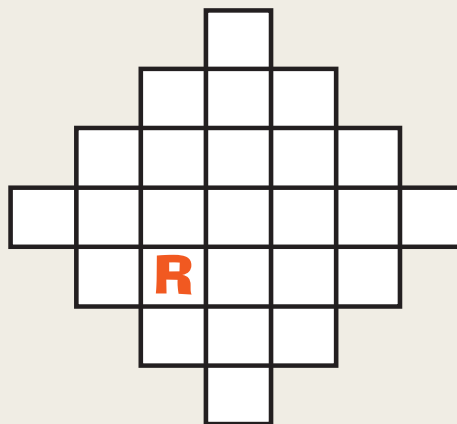
In 2009, two intrepid scientists found a small colony of Land Lobsters (Lord Howe Island Stick Insects) on Ball's Pyramid, a huge jagged rock in the ocean off Lord Howe Island. As big as your hand, they were believed extinct after rats decimated the entire population.

## E-EQUATIONS

064

Letters A to Z have a number value. Some are shown in the right-hand cells. Create remaining values using clues in centre cells.

D	K×J	
E	F-K	23
F	E+K	
J	D÷K	6
K	F-E	
U	V-U	12
V	J+D	



## BIYWORD

054

Build it yourself using the clues and each of the twenty-four letters once only to form ten words: five across and five down. A key word (bold clue) builds on the letter set in the grid.

### CLUES:

- Army unit (5)  
Cache (5)  
Cathode Ray Oscilloscope (3)  
Division of a tennis match (3)  
Followed behind (7)  
North American reindeer (7)  
Part (5)  
Possesses (3)  
**Satellite's path (5)**  
Spot (3)

A D O S  
A E O S  
B H O T  
C I P T  
C I R T  
D L R U

## SUDOKU

054

		7	3					
3		4	2	1				
					4			
			8			1		
								5
			1	9			7	
6		8						4
7		1		6		3	2	
	9	3		5				6

## QUICK THINK

054

Solve the crossword.

Each answer has four letters.

### ACROSS

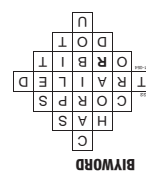
- 1 Place to pray
- 5 Opera solo
- 6 Swerve
- 7 Sailing vessel

### DOWN

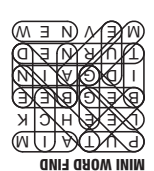
- 1 Colour
- 2 Field of study
- 3 Opinion
- 4 Nobleman

1	2	3	4
5			
6			
7			

## SOLUTIONS



**QUICK THINK**  
ACROSS: 1 Navy, 2 Area, 3 View, 4 Earl.  
DOWN: 1 Navy, 2 Area, 3 View, 4 Earl.  
EQUATIONS  
D:18, K:3, U:12, V:24  
F:18, E:23, F:26



**BIYWORD**

U	D	O	S
A	E	O	S
B	H	O	T
C	I	P	T
C	I	R	T
D	L	R	U

**SUDOKU**

4	9	3	7	5	2	8	1	6
7	5	1	4	6	8	3	2	9
6	2	8	6	9	3	1	7	5
8	3	6	1	9	5	4	7	2
1	7	2	6	4	3	9	8	5
9	4	5	8	2	7	1	6	3
2	1	9	5	7	4	6	3	8
3	8	4	2	1	6	5	9	7
5	6	7	3	8	9	2	4	1

**CROSSWORD**

O	U	I	C	H	E				
K	E	S	I	N	I	S	T		
T	E	N	N	I	S				
L	I	A	R	G	O	O	A	U	T
B	E	A	U	T					
L	E	S	I	S					
B	E	A	U	T					
U	E	A	R	A	B				
F	P	U	O	B	T	A	I	N	
A	R	D	D	E	F	L	O	V	
L	I	T	E	R	A	T	E		
O	S								



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Register at: [localvolts.com/goodstart](http://localvolts.com/goodstart)

## "I NEED A HERO"

The Australian Koala Foundation launches new campaign in preparation for **Save the Koala Month**

September is fast approaching and so is the annual fundraising and awareness campaign **Save the Koala Month** (STKM) from the **Australian Koala Foundation** (AKF).

Each September the AKF invites the public to join them to celebrate and help save our Koalas.

This year the AKF's theme of Save the Koala Month is "I Need a Hero." Chairman of the AKF, **Deborah Tabart** OAM says, "Everyone who stands up to protect Koalas and participates in STKM is a hero in our eyes and this year we want to celebrate them."

There are an incredible number of ways to be a hero and participate in Save the Koala Month and creativity is always welcomed.

**A couple of examples include:**

- \* ORDERING A DONATION BOX for your workplace or school, using the STKM certificate kit to fundraise in your local community
- \* ADOPT A KOALA through the AKF website

Money raised from **Save the Koala Month** enables the AKF to update the **Koala Habitat Atlas** and ensure that all Koala habitats are protected with enactment of the **Koala Protection Act**.

If you would like to be a hero this September please join with us in our efforts to strengthen Koala protection by visiting our website: <https://www.savethekoala.com/how-to-help/save-koala-month>



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# About the house ...

## COUNCIL PLANTS ITS 25,000<sup>th</sup> TREE!

As part of the Mayor's Greening Our Shire program to plant an amazing number of 25,000 trees, **Mayor Philip Ruddock** with assistance from **Michael Rosettenstein** and **Judy Vincent** of the Pennant Hills Civic Trust planted the 'landmark' tree in July 2020. This particular planting saw trees including **tuckeroos, turpentine** and **watergums** installed, carefully selected for the high pedestrian activity areas within the **Pennant Hills Centre**.

Hornsby Shire Mayor Philip Ruddock said, "I cannot describe how proud I am of this achievement and I would like to offer special thanks to all of the volunteers who have helped to make this Greening our Shire program possible."

**The tree planting program has been so successful that it has been extended.**

Choosing the right tree for the right location has been an important aspect of the Greening Our Shire program, with key factors such as potential bushfire risk taken into account.

Another key element has been the involvement of local residents, with more than 2,000 volunteers of all ages taking part in the various community plantings at 363 locations across Hornsby Shire.

"This has been a genuine team effort, one that Council could not possibly have achieved without the full support of our community,"

Mayor Ruddock said.

"This is the Bushland Shire and we will do everything necessary to maintain that title."

While the trees are the obvious focus of the program, Council has also taken the time to plant more than 40,000 other plants as well.

**Photo right:** Mayor Philip Ruddock planting the 25,000th tree with assistance from Michael Rosettenstein (left) and Judy Vincent (right) from the Pennant Hills District Civic Trust.



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## DOGGIE RESCUE PET of the WEEK

Adorable DANI



Dani is a sweet gentle natured  
seven month old Staffy cross pup  
who plays well with other dogs.  
*She is good with children and very  
affectionate.*

Dani originally came from 'Gumtree' as  
a puppy. She is now learning to walk  
on lead and learn basic commands. *It  
appears she might be deaf.*

## Monika Biernacki of Doggie

**Rescue says,** "Dani is doing so  
well and needs a family with the  
time to train her further and show  
her more of the world."

Dani has a short coat and weighs  
18.7kg. She comes desexed, C5  
vaccinated, heartworm free and  
microchipped. **Also included for  
the love and health of our dogs  
is a free Health and Wellness  
Voucher with our DR Vet.** Her  
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MANUAL Terrific first car; fuel efficient; goes well. 5-sp manual, Air-conditioning. Rego until March 2021, 147581 kms. Great value, only \$3,900.



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**BMW R1200R** 2009 \$7800 ONO naked, 61474km 60K service done by Berowra Automotive. Plenty of extras incl new tyres, 2 stage screen, engine protectors, topbox, Airhawk seat cushion etc, 0408 691 655



**TOYOTA ESTIMA AERAS 2001** MODEL 227,000 km. Many extras, 7-seater, good condition, complete log book. \$7500 ono. Ph. 0408 266 835



**1997 MAZDA 121 METRO** Good condition and runs well. 147,683km. New battery and brakes. Good tyres. Manual. Rego to September 2020. \$2,000



**RUBBER DINGHY** 2.4 QuickSilver Air deck 02. Always garaged. Very good condition. Seat, dolly wheels, bag, pump, oars. \$400



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